JESUS IS PRAYING FOR US

- 1. Romans 8:34, 1 Corinthians 15:3-4. Jesus died and rose alive from the grave.
- 2. Luke 24:50-51, Acts 1: 3,9. Jesus stayed with his disciples for forty days and then he was taken up to heaven.
- 3. **Romans 8:34** says that Jesus "is at the right hand side of God, pleading with him for us." Hebrews 2:18 says,

 " And now he can help those who are tempted, because he himself was tempted and suffered." Hebrews 4: 16 says, "Let us have confidence, then, and approach God's throne where there is grace. There we will receive mercy and find grace to help us just when we need it." Brothers and sisters, rejoice. We have a friend to help us, his name is Jesus. He knows about the burdens and needs in our lives and he knows how to help us, because he himself has suffered many things.
- 4. **Matthew 4: 1-11**: Satan tempted Jesus three times. Each time Jesus answered Satan with Scripture and did not give in to the temptation. Jesus knows what it is like to be tempted, but he won the victory over Satan, and so he can help us also to win the victory.
- 5. **John 4:6-7:** Jesus had been walking a long way. and became very tired, hungry, and thirsty. Sometimes we feel tired, our body aches, and we are hungry. At times like this we can pray and ask Jesus to refresh and strengthen us. Jesus knows all about the burdens and troubles of this life and he wants to help us with our every need.
- 6. John 11:32-36: Lazarus and Jesus were good friends. When Lazarus became very sick, his two sisters, Mary and Martha called for Jesus to come. Jesus finally arrived, but when he got there Lazarus had already died and was buried. Everyone was crying, and Jesus also cried with them. When someone we love dies and we are feeling very sad we can pray. Jesus knows what it's like to stand beside the grave of a loved one and feel deep sorrow. He knows how we feel and he wants to help us. Jesus raised Lazarus from the grave, and we can rejoice for we know that Jesus has won the victory over death. All those who die believing in Jesus will receive eternal life.
- 7. **Luke 9:57-58:** Jesus said, "Foxes have holes, and birds have nests, but the Son of Man has no place to lie down and rest." Sometimes you may not have enough food or you may need clothes or a place to sleep. Jesus knew what it was like to need those things too, but he didn't let this discourage him. When we have needs like this Jesus win help us if we pray to him and trust him.
- 8. Mark 14:50: Jesus was with his disciples in Gethsemane. Later Judas came with soldiers and betrayed him with a kiss. All the disciples ran away and left Jesus all alone. Sometimes our friends and relatives may turn their back on us and we may feel very lonely. Remember Jesus knows how this feels, and he is ready to help us if we pray to him and ask for his help. Many other troubles and hard times came to Jesus. Many ridiculed him and made fun of him. They beat him and spit on him, then they crucified him. Whenever trouble comes into our lives, we need to remember that Jesus knows all about hard times and heart aches, and that he wants to help us. It gives us encouragement and strength to know that Jesus understands and cares for us.
- 9. When troubles and worries come into our lives, we can commit them to Jesus. We can talk to Jesus about anything. When he was a man on this earth, he experienced an kinds of problems. So he understands and wantsto help us no matter what happens in our lives. **Hebrews 4:14-16** says, "Let us, then, hold finnly to the faith we profess. For we have a great High Priest who has gone into the very presence of God -Jesus, the Son of God. Our High Priest is not one who cannot feel sympathy for our weaknesses. On the contrary, we have a High Priest who was tempted in every way that we are, but did not sin. Let us have confidence, then, and approach God 's throne, where there is grace. There we will receive mercy and find grace to help us just when we need it."

Jesus hears our prayers. He knows how we feel and he is also praying for us.

