

LUNCHEON NEWS

Dr. Mark Reighard will be the first luncheon presenter of the 2011-12 ASP academic year on October 10

Jack David Arnold, Ph.D.

When the Academy of Senior Professionals (ASP) President Emmalyn German asked me to serve as the Program Chairperson for the 2011-12 academic year, I was highly honored as she chose me to serve in this important leadership position. After some prayer and meditation, I accepted her invitation and began to think about possible talented leaders, speakers, and musicians whom I might invite. I asked several ASP members and friends in the Oklahoma City extended community for their suggestions.

Rising to the top of all the suggested names was the following person: **Dr. Mark Reighard**. I had the pleasure of meeting him at the SNU Class of 1950 Reunion in 1995 where he entertained and inspired all of my fellow classmates and friends. "He made my day" when he accepted my invitation to be the main presenter for our first ASP luncheon meeting: **Monday, October 10, 11:15 a.m.-1:00 p.m., in the Heritage Room of the Webster Commons on the Southern Nazarene University (SNU) campus in Bethany, Oklahoma.**



For many of my readers, they will need no introduction to this outstanding musician, presenter, colleague, and friend; however, all readers will want to be present at the luncheon meeting to hear the answer to following question, which Dr. Reighard will use as the title of his presentation: **"What have you done with your life?"** Dr. Reighard is currently professor of piano, music theo-

ry, and fine arts at SNU in Bethany, Oklahoma. He holds a Bachelor of Music Education degree from Southern Nazarene University and has earned both his Master and Doctorate degrees from the University of Oklahoma.

Beginning in this 2011-12 academic year, Dr. Reighard is beginning his forty-third (43rd) year as a professor at SNU. He has received the Outstanding Alumni Award at SNU twice, and he was awarded the Excellence in Teaching Award from the SNU students three times since its inception in 1991.

Dr. Reighard is married to wife, Audrey, who is a retired elementary school teacher. They have one son, Chris, who is employed at SNU in the IT Department. Chris's wife, Ashley, is a speech pathologist for the Kindred Corporation.

All persons interested in hearing Dr. Reighard should make their ASP luncheon reservations by Thursday, October 6. All ASP members should be contacted for their luncheon reservations by telephone or e-mail; guests may make their reservations by contacting ASP Director Eunice Trent: 405.491.6311 or etrent@snu.edu.



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Our thanks to

CHARLES AND BILLIE HARRISON



Your President's Point of View

by Emmalyn German

Life Long Learning

One of the goals of the Academy of Senior Professionals is lifelong learning. Are you learning anything these days? I was thinking about that and took a look at what I have been learning this summer.

My summer began with the Academy sponsored Senior Adult Conference where we had Kim Holland speak to us about health care insurance. I also attended a seminar about grief with Bob Willis. In July I attended a two day seminar called "Communicating with Diplomacy." I also joined the Toastmasters Club here in Bethany. I have given several speeches and have practiced leadership skills, helping to run the meetings. These are obvious learning times through which we intentionally make an effort to learn new information and skills.

However, in our day to day lives I think we are also learning all the time. When we watch the news we are keeping current with developing world history. When we read the newspaper, we are learning about local history. Whenever I get serious about cooking, I often try a new recipe. We had company from India this summer and I enjoyed watching her make the chipatis with the narrow rolling pin on the small wooden platform, frying them on my new tawa pan. We fried some wonderful karunji in the small deep frying pan. I learned that all this is usually too labor intensive for me – so I just go to the Indian restaurant whenever I can.

I ran across some old knitting yarn and a pattern book, and decided to learn some new patterns for making dish rags.

I attend Sunday School and Church whenever I can now (I am taking care of my mother at home, so my husband and I take turns attending), and there is always something new to be inspired by at church.

Even going to the grocery store can be a learning experience. There are new items on the market all the time. Just try walking around Sams Club, and you will be invited to try some new samples of good things to eat.

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"Sharing a Continuous Flight"

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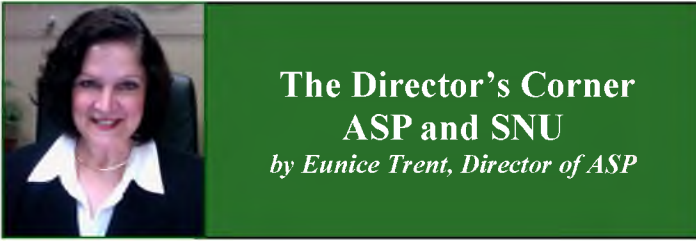
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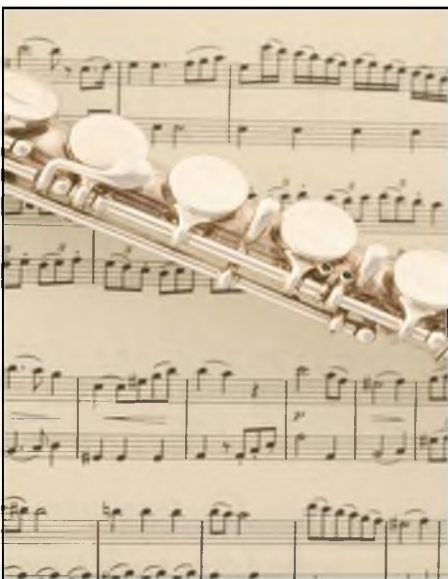
October 10 - Charles and Billie Harrison
November 14 - Legend at Council Road
December 12 - Southern Plaza
January 16 - TBD
February 13 - Dale and Emmalyn German
March 12 - Spanish Cove
April 12 - SNU
May 14 - TBD



The mission of the Academy of Senior Professionals (ASP) at Southern Nazarene University is to create a setting in which the members of the Academy may have their lifelong learning, cultural, and social needs met. What a great mission, and ASP is doing a wonderful job in achieving this mission.

Southern Nazarene University and The Academy of Sr. Professionals share a vision for the Academy: We are a group of people whom fellowship, enjoy life and serve alongside each other. We want our ASP members and regular attendees to connect with each other and the University through other activities such as:

- * interest groups built around education and common interest
- * opportunities to take advantage of the SNU benefits afforded ASP members
- * travel to area attractions



Many of us enjoy the concerts and Musicals here on the SNU campus. Listed below you will find the scheduled concerts for this fall. ASP members often receive special rates for these scheduled events. Please contact the SNU School of Music at 405-491-6345 for further details.

□ [SNU Jazz Band Concert](#)

Thu, November 3, 2011

□ [Fall Musical: You're a Good Man, Charlie Brown](#)

Wed, November 9, 2011

□ [Fall Musical: You're a Good Man, Charlie Brown](#)

Thu, November 10, 2011

□ [Fall Musical: You're a Good Man, Charlie Brown](#)

Fri, November 11, 2011

□ [****Homecoming** Fall Musical: You're A Good Man, Charlie Brown**](#)

Sat, November 12, 2011

□ [SNU Symphonic Band Concert](#)

Tue, November 15, 2011

□ [SNU Choral Ensembles](#)

Thu, November 17, 2011

□ [SNU Guitar Ensemble Concert](#)

Mon, November 21, 2011

□ [SNU Chamber Ensembles Concert](#)

Tue, November 29, 2011

□ [Christmas opera: Amahl and the Night Visitors](#)

Fri, December 2, 2011

□ [Christmas opera: Amahl and the Night Visitors](#)

Sat, December 3, 2011

□ [The Sounds of Christmas](#)

Mon, December 5, 2011

□ [The Sounds of Christmas](#)

Tue, December 6, 2011

Looking forward to the opportunities and friendships we will make together in the year ahead.



(Continued from page 2)

Now one of the most enlightening places is the internet. If I ever have a question about anything that is just about the first place I will go. It can help you find someone you've known many years ago, like my former roommate I found again this summer. She had moved about the same time I had when we moved to Bethany, and I had lost her. I had done searches several times to no avail. But finally I decided to invest in a people search program, and was able to get connected again. How happy we both are now to have found each other! I even learned a few days ago that I have a great aunt living near Tulsa. She found me on Facebook with the help of a distant cousin.

There was a lot to learn when I turned 65 this summer and had to decide how I wanted to get on Medicare. Whew! I'm glad that's over now, at least for the time being.

My husband bought a new Sony reader and found he was



ASP Calendar

Monday: October 10, 2011

9:00-11:00 a.m. Shuttle Service from the Sawyer Center lot
(41st and Donald) to the Webster Commons

9:30—10:30 a.m. Morning Seminar in the Student Conference Rm.
(Webster Commons 1st Floor)

11:00-a.m. to 1:00 p.m. Luncheon Meeting in the Heritage Room

1:00—1:30 p.m. Shuttle Service to the Sawyer Center parking lot

1:15—2:15 p.m. Administrative Council Meeting

not using it, so he gave it to me. I downloaded a couple of books on it and have been learning how to use it. The books are very cheap to buy this way, and I can make the print big enough to read even without my glasses. I have been reading an interesting book about changes in the Indian culture. Of course reading holds a world of learning opportunities.

ASP "Trek" Time

By Pat Perry



Welcome back all ASP member's to another exciting year under the capable hands of our new President, Emmalyn German. I hope to have some interesting trips planned for you. The first will be to see "Passages", "a walk through the Bible's history as you explore and experience this book that has altered history, shaped cultures, inspired minds and changed live". This is presented at the Oklahoma City Museum of Art in downtown OKC. We are planning to go on Thursday, October 13, 2011 and will have lunch in the restaurant next door. Details should have been sent in a flier.

I'll be gone for most of September, so if you are interested in joining us, please leave me a message on my cell phone if I can't be reached. Looking forward to working with you this year.

Our next trip will be to the Myriad Botanical Gardens when it is decorated for Christmas.

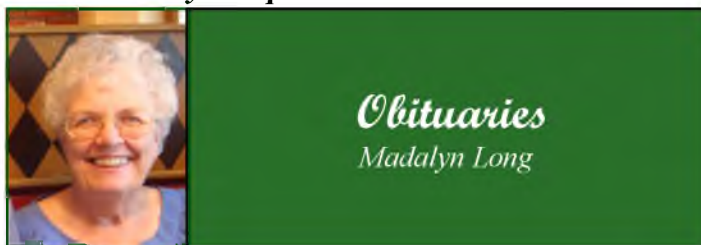
**Pat Perry
627-3996**

We all have a favorite place to learn new things. It is the Academy of Senior Professionals, (ASP) where we go once a month during the university year and hear a speaker share with us after our luncheon together. What a fun day this always is! I have asked one of our former presidents to be our speaker chairman this year, and Jack David Arnold will be leading the way. I have learned so much from Jack David Arnold! So you know you will not want to miss even a single event this year! See the front page for our speaker information for the luncheons each month. You can also come early at 9:30 to the Flinner room downstairs in the Commons to the Morning Seminar led by Paul Scheie. I am always amazed at the interesting speakers he finds. See page 4. Also one of the most common preferences checked on ASP membership applications is travel. Pat has some exciting travel plans for us at ASP this year.

What have you been learning this summer? Are there more things you are interested in investigating further? Would you like to join with others in pursuing these learning challenges? We are looking for some new exciting ways to add some more interest groups, so get your thinking caps on, and come prepared with some new ideas. While you are at it, invite a friend to come with you to our first meeting in October. Then if they want to join, we will be ready to receive them in our November meeting.

I wish you many enlightening days of lifelong learning.

Emmalyn German



KATHLEEN STEARNS



Kathleen Stearns graduated from Lawton High school; later attended BNC and Cameron University and received her B.S. in Elementary Education. She later received 3 Master's degrees in Reading, Early Childhood Education, and Gifted Education.

She worked 18 years as a switch-board operator for SW Bell Telephone Company and 11 years in Area Traffic Department in Oklahoma.

Then she taught 2 years at Chattanooga, OK and 18 years at Bethany Public Schools. She was Bethany's district coordinator for the gifted and talented program in the 3 schools.

As a teacher of the gifted, she accomplished many things. She received several scholarships to University of Tulsa to study the cutting edge progress in elementary science, language arts, and gifted education.

One of her programs involved utilizing Ham Radio and her students were able to talk to the Space Shuttle as it orbited the earth. She was selected to teach an adult seminar on Ham Radio in the Classroom at the International Young Astronaut Convention in D.C. and Orlando. Later she won 2nd place in a national contest in teaching space by the Young Astronauts Program.

Kathleen loved staying updated on all facets of educational programs. She passed away in June, 2011, and is buried in Lawton, OK.

DR. HOYLE CALDWELL THOMAS

Dr. Thomas died August 10, 2011, in Yukon, OK. He was born Dec. 24, 1919, in Charlotte, NC, to Claude and Annie Thomas.



Hoyle graduated from BNC in 1941 with a BTh and was a member of Phi Delta Lambda Honor Society. In 1980, he received a Doctorate of Divinity from Northwest Nazarene College.

On July 7, 1942, he married the "college queen" of BNC, Juanita Helen Meyers, in Blackwell, OK. They moved to Kansas City to pastor Maple

Park Church of the Nazarene. For 50 full-time years he served in the pastorate including K.C., Joplin, Greensboro, NC, Mobile, AL, Tulsa, Newton, KS, Ontario, CA, and San Diego.

He was then selected to be the D.S. of the Nebraska District in 1970 and then the Mountain District in Idaho from 1977-1988, when he then retired from full-time ministry. He did continue holding revivals and camp meetings for many more years. Hoyle also served as a Trustee for Mid-America Nazarene, Northwest Nazarene, and Nazarene Bible College.

Juanita passed away in November, 2002, after 60 years of marriage. They touched thousands of lives together. Dr. Thomas was known as one of the best preachers in the denomination, preaching his last sermon at the age of 90 in Bethany First Church of the Nazarene.

Hoyle was preceded in death by his parents, sister, and 3 brothers. He is survived by his son, Rudy and wife, Robin, of Omaha, NE, and daughter, Sue Ann Dean and husband, Donnie, of Yukon, OK. He is survived by 4 grandchildren and 5 great grandchildren, as well as 2 sisters, Alice Henderson and Elsie Griggs, plus sister-in-law, Ruth Thomas, with many nieces and nephews.

CLARA JEAN (C.J.) PETERSON

Clara Jean Peterson was born to Averill and Clara Smith on July 13, 1927, in San Antonio, TX, and died September 3, 2011, in Yukon, OK. Soon after she was born her family moved to OKC and she attended Oklahoma City schools.

C.J. graduated from South Nazarene University where she met her husband, Marvin Peterson. They were married in 1947 and lived in Bethany for 55 years. They have one son, David, who resides in Dallas.

For 20 years she was periodicals librarian at SNU where she enjoyed being with the students and faculty. Upon retirement, they traveled, including 7 trips to Europe.

She was an active member of Oklahoma City First Church of the Nazarene for 40 years and later Bethany First Church of the Nazarene.

C.J. wrote a humorous column in the weekly newsletter called "ON THE WAY WITH C.J." and a column in the SNU alumni publication called "OUT OF IT".

She and Marvin moved to Spanish Cove, a retirement center in Yukon, OK, in 2004. She is survived by her husband of 64 years, Marvin, her son, David, and one brother, Edward Smith, of Springdale, AR. Memorials may be made to the Peterson Scholarship Fund at SNU.

Services were held Sept. 6th at Bethany First Church of the Nazarene with interment in Resurrection Cemetery. Memorials



WHEN PILLS INTERMINGLE IN YOU

By Paul Scheie

How many pills do you take each day?

Each pill is expected to produce reactions in your body that lead to desired results that will make you feel better. However, each pill also has the possibility of producing reactions that lead to undesired effects, not only directly with your body's normal molecules, but also with molecules from any other material you may put in your mouth, be it prescribed by a physician, purchased over the counter, or as part of normal meals. That is why your doctor wants to know every kind of pill you take, and sometimes various aspects of your normal diet. He wants to make sure that what he prescribes will end up doing more good than harm.

The field of study that focuses on these interactions that occur between a living organism and chemicals that affect normal or abnormal biochemical function is called pharmacology.

We have in the ASP a member who has a Ph.D. in pharmacology. He is Dr. Roy Dorris, a former treasurer for the Academy. More to the point, Dr. Dorris is a former professor of pharmacology, and he has taught future medical doctors and dentists about drug interactions in general. In addition, he has done research on some of these interactions.



At 9:30 a.m. on Oct 10, Dr. Dorris will be the presenter at the ASP Morning Seminar held in the Conference Room on the lower level of the Webster Commons on the SNU campus. His topic will be Drug-Adverse Effects and Interactions. You are cordially invited to participate in the seminar, both to listen and to ask questions. The seminar will end at 10:30.



LIBRARY NEWS BOOK DISCUSSION GROUPS

By Arlita Harris

I love being in a book discussion group. There is such a difference in dynamics between a book review (where the one person who has read the book shares it with others and tries to get you interested in reading it) and a book discussion (where everyone has read the same book and talks about it).

I'm part of the Southern Plaza Book Discussion Group, which meets at 6:30 on 4th Thursdays in the private dining room. We have discussed a variety of authors and titles, from John Grisham's *The Appeal* to Andrew McCall Smith's #1 *Ladies Detective Agency* to Ann Hood's *The Red Thread* to *Eat, Pray, Love*. We don't all like every book (that wouldn't make a very good book discussion), but we do have some lively discussions about it.

The Metropolitan Library System's wonderful Anita Roesler chooses our books (with our guidance) and looks for titles that are available in large and regular print. She usually brings eight copies, which we share throughout the month. There is no charge for the service. Anita comes to our book discussions, bringing a new supply of a title for the next month. During the Christmas holidays, she brings a bunch of Christmas titles, which we share until we have read ourselves into a holiday stupor by the time the books are returned in January. That's one of my favorite book discussion months.

While we would love to have you join the Southern Plaza book discussion group, groups also meet at the Warr Acres Library (talk to Karen), Southern Oaks Library (Darrie), Village Library (Julianna), Edmond Library (Ann), and Midwest City Library (Suzette). The Fountains at Canterbury has a group (Kacie), as does Concordia (Leah). Full Circle Book Store also has a book discussion group. I'm sure that your book-loving friends may know of more.

If you can't find a book discussion group, start one - in your neighborhood, church, or senior center. Ruby Snowbarger and I started the one at Southern Plaza (and then she moved the next month!) I'll be glad to help with suggestions and reading club resources. There are even online questions for you to use to get the discussions going.