

# Perspective

Vol. 16 — No. 6

March — 2007

## Radio host Eunice Khoury will address senior issues at the March 12 ASP luncheon meeting

by Shirley Mears

Eunice Khoury specializes in dealing with Medicare, long-term care, annuities, and life insurance. She helps people deal with catastrophic illness, nursing home costs, and the management of money for seniors.



**Eunice Khoury** 

As a Certified Senior Advisor, Eunice has been an independent insurance agent since 1989. She is licensed in Oklahoma, Arkansas, and Texas. She represents some of the most reputable companies in the business world, including Standard Life, John Hancock, Unum, Bankers Fidelity, and American

National. She is also a member of Blue Cross and Blue Shield of Oklahoma.

In 1989, she moved from Conway, Arkansas, to Oklahoma City where she could pursue opportunities in the insurance business. She adjusted her business to focus on senior-oriented products.

Currently Eunice produces the *Well Preserved* with Eunice Khoury show on News Radio 1000 KTOK. Concerning the mission and purpose of this radio show, she writes, "I hope to help thousands every Saturday to find a better way to preserve their health, wealth, and freedom."

All members and guests are urged to make their plans to hear Eunice Khoury on Monday, March 12. The buffet luncheon in the Heritage Room of the Webster Commons on the SNU campus begins promptly at 11:15 a.m. The luncheon program begins at noon and ends at 1:00 p.m.

### **Important luncheon reservation information:**

- **Members:** If you have not been contacted by one of the telephone callers, then please call Mrs. Shirley Pelley, ASP Telephone Committee Chairperson, at 405.354.3853
- **Guests:** Please RSVP by calling Dr. Elbert Overholt, ASP Co-Director, at 405.789.2036
- All: The cost of the luncheon is \$5.00. Kindly make your reservation by Thursday, March 8. To cancel a reservation, please call Dr. Overholt at 405.789.2036

### **Inside News:**

• Page 2 - Armold Editorial on kindness

~~~~~~~~~~~~~~~~~~~

- Page 3 Pictures by Edith Payne
- Page 4 Library Resources by Bea Flinner
- Page 4 News to Use by Shirley Mears
- Page 4 "With Malice Toward None" by Lecil Brown
- Page 5 Invitation to attend "PLN Presents"
- Page 5 Report of Interest Survey
- Page 6 Calendar/s
- Page 6 Dates of future 2006-2007 meetings

### 2006-2007 Contributors to the Luncheon-cost subsidies

- March: Tealridge Christian Retirement Center
- April: Compton Orthopedic Service



Your president's point of view: by Jack David Armold

### Kindness comes back like a boomerang to those who are kind

Kindness begets kindness
--Sophocles

The continent of Australia has given us many strange things. Cut off from the rest of the world by vast ocean waters for millions of years, even animal life there has developed into strange forms, e.g., the platypus, the furbearing animal with the bill of a goose, which lays eggs and feeds on earthworms.

Its primitive people have their own peculiar customs and inventions. Of the latter, the boomerang is the most famous. It is a "stick which comes back." When thrown by a skilled handler, a boomerang, which comes in different shapes, may sail far away and return to the thrower's hands. Some Australian natives are so skilled in its use that they kill game for food with the boomerang. It always returns to the thrower.

Our conduct, the way we act, especially in kindness, is similar to the boomerang. Kindness has a way of returning to those who are kind. The old fable of the lion and the mouse illustrates this truth. A hungry lion caught a tiny mouse one day who pleaded for its life, saying, "I am such a tiny mouthful for you, O, great lion, and besides, some day I might be able to do you a favor." The lion laughed at the mouse and let it go.

Sometime later the lion was caught in a rope net trap. And who gnawed the ropes in two and saved the lion? The tiny mouse, of course.

Often we are reluctant, even afraid to appear kind-hearted. For many of us, television and movie heroes are our role models. Because many are in tough, even cruel, roles, we think we must be like these "stars." We don't want to seem softhearted. Yet this notion is really childish and silly.

The truly brave, the truly great, and the truly unafraid are the ones who are the kindest. They are often rewarded in turn with good things happening to them. They are rewarded with kindness from others. When a special honor is to be made, when an opportunity for leadership presents itself, or a chance to accompany a friend on a trip to special event, it is usually the one who acted kindly toward others who gets the chance first.

Two of my dear, talented, and faithful friends, Mark Carroll and Bill Cobb, invited me last month to observe their compact disc (CD) recording in a Dallas studio. It 2007



"Sharing a Continuous Flight"

### The Academy Perspective

### ---Publication Board---

Chair & Production Editor Don Beaver
Copy Editor Darlene Overholt
Managing Editor Elbert Overholt

#### ---Columnists---

President's Column
Obituaries
Billie Harrison
Feature Writer
Book Reviews
Library Resources
Jack David Armold
Billie Harrison
Lecil Brown
"Open"
Bea Flinner

### ---Staff Reporters---

Photography Edith Sonnevik Payne
Programs Shirley Mears
Research Elbert Overholt

### --- Communications Policy---

We value messages from our readers.

By mail: *The Academy Perspective (TAP)*, Southern Nazarene University, 6729 N.W. 39th Expressway, Bethany, OK 73008 By fax: (405) 491-6381

By computer: www.snu.edu/sr professionals

### --- Newsletter Subscription Information---

Annual subscription cost for *The Academy Perspective:*Non-members—\$10.00 per year
Members—Included in membership

### ---Contributions---

To make contributions to the Academy of Senior Professionals: Mail to: Roy Dorris, Treasurer 4607 N. College, Bethany, OK, 73008

was there that I heard their performance of a beautiful, touching song about kindness that I had never heard before. Mark played the piano, and Bill sang the lyrics that touched my heart and elevated my spirits from the song, *We Can Be Kind*:

So many things I can't control So many hurts that happen every day So many heartaches that pierce my soul So much pain that won't ever go away

Does nobody want to see it?
Does nobody understand?
The power to heal
Is right here in our hand

We can be kind
We can take care of each other
Continued on page 6 — Armold



### ASP PICS

PICTURES BY EDITH SONNEVIK PAYNE





↑ Stacy Scott Alleve Hospice & Home Care



↑ Dr. Wayne McEvilly Speaker for February Luncheon



↑ Gene and Treva Hill New ASP members



† Virginia Merritt, guest of Tim and Ruby Griffith



↑ Lynn Poole New member



↑ Jan Buckner (l) Guest/daughter of Billie Harrison



† Serving table reflects valentine decorations

Below are pictures from the February ASP luncheon that were not identified or not identified correctly in the February issue of The Perspective. Apologies!



Carol Gordon, Heart Menders KTOK



Nelda Thompson & Sharon Schilreff: Home Creations



Cindy Newman, Metro First Reality



Patty McDonald



Della Morgan



### With Malice Toward None

by Lecil Brown, ASP Historian

Criticism of the president, however antagonistic and vicious, however unjust and undeserved, continually spills from the news services. This is not new to our time. However, the depth of bitterness we now see along party lines, over the war in Iraq, seems to be as intense as any issue since the Civil War.

After President Abraham Lincoln had presided over a nation for four years trying to break itself apart, and saw the staggering loss of over 600,000 soldiers, he was inaugurated for a second time on March 4, 1865. Lincoln biographer Allen C. Guelzo makes a great contribution toward understanding the life and times of our sixteenth president in his book Abraham Lincoln Redeemer President. He describes the scene as a large crowd gathered on the east side of the Capitol: "A literal sea of heads. tossing and surging, as far as the eye could reach milled below. With a single large sheet of paper in his hand Lincoln stepped to the front of the platform. Just at that moment, the sun, obscured all day, burst forth in its unclouded meridian splendor, and flooded the spectacle with glory and with light. Every heart beat guicker at the unexpected omen."

In the last paragraph of his speech Lincoln seemed to sense, as only one who had borne the nation's conflicts and sorrows in his heart could, the needed course for the future; "With Malice Toward None; with charity for all...let us bind up the nation's wounds..."

Hopefully, another day in our nation's life will "burst forth" and unity in the pursuit of America's promise will get us back on traditional values.



News to Use by Shirley Mears

Last month in the Perspective newsletter I shared the upcoming Metro Prayer Breakfast information but didn't mention that in addition to the opportunities to sponsor the 24<sup>th</sup> Annual CBMC Metro Prayer Breakfast at the \$15,000, \$5,000, \$2,500, \$1,000, \$500, \$300 levels that general seating is just \$15 per person. Payment/reservation can be made by Visa/Master card or check payable to CBMC, 311 NW 122<sup>nd</sup> Street, Oklahoma City, OK 73114. April 11, 2007 is a Wednesday and there is plenty of hassle free parking at 6:00 am in parking garages and street side parking. For more information call Nancy at 749-9418 or email at okc@cbmc.com

Donald E. Mitchell is our speaker this year. Mitchell has worked in the automotive industry for approximately



**Library Resources** by Bea Flinner

Behind the Lines
by
Andrew Carroll

We are living in a time when the reports of war, both at home and abroad, catch our attention via the media and the newspapers. A very special book given as a gift to my husband, quickly caught my interest so forcefully, that I ordered a copy for the SNU library from the Academy. The author traveled extensively to gather some of the most powerful and unforgettable letters ever written during the wars in which the United States was involved.

It is difficult to imagine anyone who is not excited to read or hear about the lives of loved ones and others who gave so much as they served both at home and abroad to protect our country. Since this is a very large book, perhaps one would not wish to attempt reading it through at first. The reader may wish to "flip" through the many letters or emails. Included is warfare dating back to the "American Revolution, fierce exchanges between brothers who fought on opposite sides of the Civil War, accounts by foreign and American troops during World I, letters between World War II pen pals, secret messages written by POW's while in captivity, and final words from those who knew they were dying." We are proud of our veterans and what they did for us and our wonderful country! This book will take the reader further down the road where he will learn about some of the hurdles that our men and women had to overcome in another part of the world.

#### News to Use-Continued from column 1

40 years. He received his Bachelor of Science Degree in Industrial Engineering from General Motors Institute in 1965.

Following graduation, he worked at multiple plant sites in North America in various manufacturing and engineering responsibilities. Before transferring to General Motors Headquarters in 1988 he was Plant Manager of the Wilmington, Delaware Assembly Plant which produced 1000 vehicles per day and employed approximately 4000 people. At General Motors Headquarters, he was appointed Director of Quality for the North American Car Group, and then subsequently, Executive Director of Quality for General Motors North American Operations with global responsibility for the warranty processes. He retired from General Motors and formed a consulting business, Donald E. Mitchell, Inc. Don and his wife Nina have five married children and twelve grandchildren. Don's hobbies include woodworking, swimming, golfing and traveling.



### Significant ASP Activities by Brenda Styers, ASP Co-Director

### SNU Invites Academy to Attend "PLN Presents" Wednesday, March 28

SNU Invites the Academy to Attend PLN Presents



Nicholas Negroponte

tween ASP and Southern Nazarene University offer ASP members a number of benefits including an invitation to attend the premier Peer Learning Network presentation each spring. This year's event will be held Wednesday, March 28, at the Cox Center from 11 am -1 pm., and includes a delicious lunch and presentation by

Nicholas Negroponte.

Nicholas Negroponte is the founding Chairman of MIT's Media Lab, one of the world's leading interdisciplinary research centers. Negroponte was the first to predict and describe how digitalization would affect every industry in every part of the world. He is the author of the New York Times bestseller Being Digital and the soon-to-be released Geo-Digital.

Negroponte is the driving force behind the \$100 Laptop, a conceptual and technological breakthrough that is destined to revolutionize computing and transform education and culture worldwide. His non-profit, One Laptop per Child, plans to have laptops in the hands of children in developing countries, with over five million placed in 2007.

Mr. Negroponte serves as founder and chairman of One Laptop per Child, a not-for-profit set up to oversee The Children's Machine project and the construction of the 2B1 "\$100 laptop", serves on the board of Motorola and has taught at Yale, Michigan, UC Berkeley and MIT. He will address the implications of digital globalization alongside global digitalization. Each individual, business, school, teacher and student will be affected by the innovation and technology addressed by Professor Negroponte.

Southern Nazarene University established Peer Learning Network in 1995 to bring together CEOs and leadership teams of Oklahoma-based companies who have committed to be Major Partners in the Peer Learning Network. Partners utilize PLN for the purpose of professional development. They pool their resources to bring in world-class presenters; share management, leadership and planning ideas; and network with a wide array of successful Oklahoma company representatives.

### Important Information about the PLN conference:

Once a year the PLN travels to Downtown OKC and hosts PLN Presents, a noontime event attended by PLN Partners as well as additional attendees from the OKC business community. SNU supplements the \$40 registration fee so that ASP members may attend for the \$5 price of our regular monthly meetings. Guests of ASP members pay \$40 to attend this event.

To register by credit card, contact Shirley Phelps at 405.491.6311. Registration may also be made at the March ASP meeting. SNU will provide transportation for ASP attendees. Buses will be loaded on the north side of the Sawyer Center at 9:45 am.

### **ASP Conducts Survey**

A role of the Strategic Planning Committee (SPC) of ASP is to look at where the Academy has been and make recommendations to the Administrative Council for future activities of the Academy. To accomplish this task, SPC seeks the feedback of its membership and regular attendees, and is conducting a survey this year. The survey was distributed to those attending the February meeting. Members who did not attend this meeting, will receive the survey in the mail. Once the results have been tallied, members of the Strategic Planning Committee and the Research Interest Group will review the information and submit recommendations to the Academy's Administrative Council. Members and regular attendees, your feedback is vital. We want to hear from you so that we can shape future ASP activities to meet your needs. If you have not had an opportunity to complete a survey by the March meeting, please ask for a survey at the meeting, or call the SNU Office of Alumni Relations at 405,491,6312.

Continued from page 2 — Armold

And maybe we'll find If we are there for each other True peace of mind If we always remember We can be kind.

When we look at the great leaders of the world, both those in past times and in the present, those who acted with the intent for the good of all and kindness towards others are the ones we immediately think of and want to identify with, to be like in some way.

Kindness comes back, like a boomerang, to those who are kind. Perhaps its return takes years. Perhaps the kindness returns from a different direction than that which we sent our kindness, but it will return. It is never lost.

> A little more kindness and a little less creed, A little more giving and a little less greed; A little more smile and a little less frown, A little less kicking a man when he's down; A little more "we" and a little less "I," A little more laugh and a little less cry; A few more flowers on the pathway of life, And fewer on graves at the end of the strife. --Anonymous

### Remaining ASP Meeting Dates for 2006-2007

\*\*(Please note changes in some dates due to a change in the Peer Learning event schedule)

March 12, 2007

\*\*March 28, 2007 - Peer Learning event (Revised date) \*\*April 9, 2007 - Annual Business Mtg. (Added date) May 14, 2007—Last meeting of the year.



**Spring** Ts Just Around The Corner

Wait & See!

2007

### ASP Calendar

Monday: March 12 (ASP luncheon — Commons)

10:30 a.m. Shuttle: Sawyer parking lot to Webster begins

11:15 a.m. Luncheon begins: Heritage Room—Commons

1:00 p.m. Luncheon meeting ends

1:15 p.m. Ad. Council: Faculty Lounge-Webster Commons

Wednesday: March 28 (Ford Center-OKC)

9:45 a.m. Buses load—North side of Sawyer Center

10:15 a.m. Depart for Cox Convention Center

11:00 a.m.— 1:00 p.m. Luncheon: Cox Convention Center

1:15 p.m. Board buses for return to SNU



### REMINDERS/NEWS BRIEFS

Dues: Mrs. Margaret Dawson, ASP Dues Chairperson, is receiving the dues for the calendar year of 2007. Annual dues are \$15.00. Persons who wish to send in their checks should send them to Dr. Roy Dorris, 4607 N. College, Bethany, OK 73008. Checks should be made payable to SNU with a notation on the check for ASP Dues.

### **ASP Parking Map**

