

"Seek ye First The Kingdom of God"

The Crusader

Wednesday, February 7, 2001

Volume 55, Issue 13

The Crusader

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Students take action with CHAOS

By Tiffany Brush
Campus Writer

Last weekend was a of CHAOS on the NNU campus! Saturday provided NNU students an opportunity to explore several of the ways in which one can get involved on this campus, and in the community. Christian Hearts Accepting Others in Christ (aka CHAOS) is a bi-annual event to kick off the ministry clubs here at NNU.

NNU students gave up their Saturday morning and afternoon to serve the community through ministry. Each club met and did various activities around Nampa. Some of them met and did community service projects.

For example, students met, and went to the Boise Rescue Mission. Jessica Cunningham said that they moved three refrigerators (and only girls showed up for this event). Cunningham said that it was a ton of fun, in spite of the hard work. This ministry club goes to the Boise

rescue mission every fourth Sunday and the Nampa rescue Mission every first Tuesday of the month.

Hope House is a ministry for abused and abandoned children. The students enjoyed a game of bowling at first, then they came back to NNU, went door to door around Nampa, and collected cans for the ASNNU can drive. Laurissa Hurst stated that the most rewarding part was seeing the children get so excited about helping out the community.

PALS (People Always Loving Someone) is a club that meets regularly every other Saturday, it is a ministry to youth and young adults with developmental disabilities. They met and took the kids out for pizza and fellowship.

The NNU Students involved in Ministry to the Elderly went to a local nursing home and helped some of the residents in making a fun craft. Kristina Roth said that they made Valentine envelopes, for their doors,

out of sticker hearts and envelopes. This ministry club meets on Sunday afternoons at around 2pm—so, come join in on the fun and meet some people who would love to have you in their lives!

"Skaters in Christ" is a newer ministry, and they were unable to meet for CHAOS this past weekend. If you have the heart to minister to the youth in the community and the ability to skate, or at least attempt to, you can join them every Wednesday from 3 to 5 p.m. outside of College Church, or contact RJ Strickland for more information.

These are only some of the ministry clubs that exist and worked last Saturday. There are so many opportunities for students to get involved to meet people in the school and community. If anyone is interested in another form of ministering to people, and the club does not exist yet, talk to Kim Hadden or Nate Roskam.

If you were not able to attend



Amy Camer/Crusader

MINISTRY TO the Elderly members, Sonya Wold (far left) and Christina Roth (far right) share valentines with a Sharron (center) at Holly Care Center.

CHAOS and are still interested in one of the ministry groups here on campus, there will be plenty of other opportunities to get involved in these clubs. Being involved in a

ministry club is a great way to serve the community, and even more importantly to experience how the people of the community can benefit you.

Pan Am flight 103 finds suspect, justice served

Families questions are finally being answered while the Libyan Agent gets convicted

By Amy Oglevie
Off-Campus Editor

After 12 years of pain and waiting, the families of those killed in the 1988 bombing of Pan Am Flight 103 have seen justice served. The conviction of a Libyan intelligence agent, Abdel Basset Ali Megrahi, in the bombing over Lockerbie, Scotland, brings down the curtain on one of the most expensive and complex criminal investigations in history.

However, it remains difficult

for anyone to fully celebrate the outcome. On one level, the verdict is a vindication for the United States and Britain.

The countries used criminal trial and international trade sanctions to force the government of Moammar Gaddafi from terrorism, achieving a measure of justice for the victims.

By treating the bombing as a criminal case, rather than a political act, the United States and Britain all but guaranteed that

those ultimately responsible would get away with murder. There is no recourse for trying those who planned the mission itself.

"Clearly this man did not just on his own one day decide to go out and blow up a plane and kill 270 people," said Vincent M. Cannistraro, who was the CIA's counterterrorism chief at the time of the Lockerbie bombing. "He was responding to orders."

~Continued on to pg. 7

Weather Forecast

Wednesday	Thursday	Friday	Saturday	Sunday
Highs 33 Lows 12	Highs 30 Lows 16	Highs 35 Lows 22	Highs 38 Lows 22	Highs 41 Lows 24

Mr. NNU contestants introduced

By Laurissa Hurst
Campus News Staff Writer

Look out Miss America, competition coming through! On Feb. 17, students can rush from the women's basketball game to the Science Lecture Hall for the annual Mr. NNU pageant. This is not a cross dressing pageant, however. It displays some of the finer qualities of young men here on our campus.

Mr. NNU is sponsored by the freshman class and is traditionally hosted by the previous years winner. The Master of Ceremonies for this year's event is reigning Mr. NNU, Colin Donahoe.

Every year there is a theme that the nominees follow throughout their acts.

"This year is going to be a little different," says Carrie Hays, a member of the freshman class council. "We have chosen the theme 'Protectors of our Nation' and that will encompass Police Officers, Firefighters, Secret Agents, Life Guards, Military Services or anyone who is seen as a protector."

The decorations will be centered on this theme as well as the music and the acts. There will also be

prizes for audience members, so be sure to find your best costume to fit the theme.

Prior to Mr. NNU, each class has the opportunity of casting votes for nominees from their class. The votes are tallied to choose the top two competitors from every class. This year's pageant will continue on with the traditional pageant style, consisting of three competition areas: sports wear, evening wear, and talent.

"We are pretty much keeping [Mr. NNU] the way other classes have done it," said Mindy Kaiser, member of the freshman class council.

Each nominee will present humorous sketches or amazing feats to try to convince a panel of judges that the would be the best Mr. NNU.

The judges will consist of faculty and staff from various departments all over campus. After each area is presented, in keeping with pageant tradition, the representatives will all be asked a final question. The judges will tally the scores and the top scorer will be crowned Mr. NNU.

Now that the basics of the contest are explained for all who do not know about it, the nominees need to be introduced.

Representing the freshman class is Josh Snyder from Richland, WA and Michael Summers from Bend, OR.

The sophomore class will be happy to know that Luke Duerre from Loveland, CO and Jardon Jaramillo from Boise, ID will represent them.

The junior class has chosen their very own Jeremy Mueller from Billings, MT and Nick Shoemaker from Meridian, ID.

And last, but never least, the class of 2001 has chosen Ryan Danker from Oregon City, OR and Jeremy Lindley from Yakima, WA.

Shoemaker wants his competition to know that he has no shame and will go to great lengths to capture the title. "I have been here as long and will be here longer than all of the other candidates combined which makes me the most worthy to be Mr. NNU," said Shoemaker.

Danker claimed that he was not surprised to be nominated, because he happened to be selling tickets for the Rec Center at the same time as the nominations were being selected. He is excited about the chance to compete in this prestigious contest, though. "This will

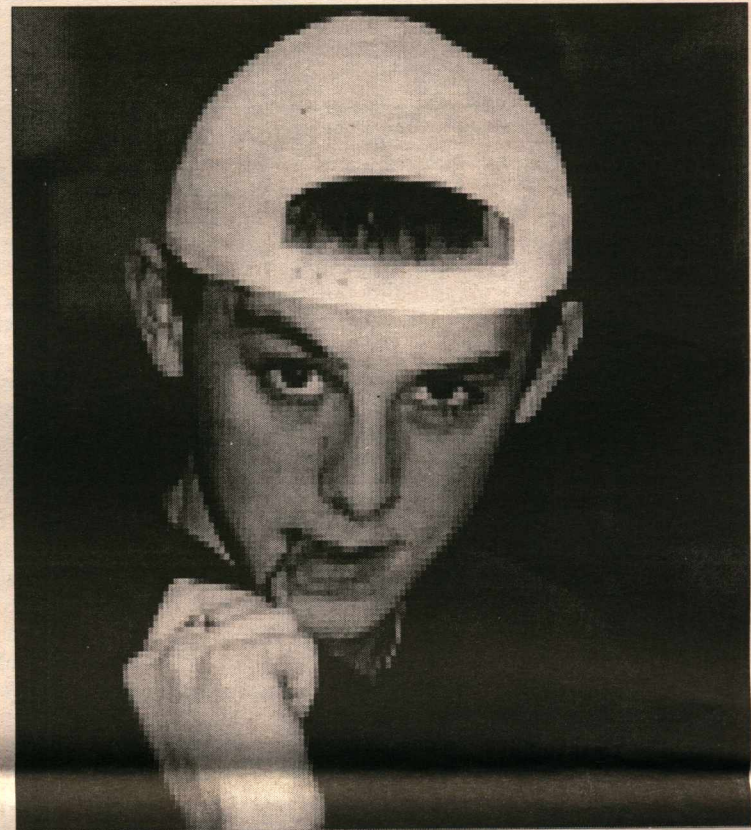
be fun, because it is out of character for me. People will see a new side of Danker."

Summers shared the same excitement for this opportunity. "I'm really surprised and honored [about being a contestant]. I think the theme is great. This will be an awesome chance to be ridiculous, which is always fun!"

Mueller claimed that he too was surprised but happy to be nominated. "I was glad to be nominated, I think it will be fun and it's all for a

good cause." He also had an opinion about the theme. "I think the theme is hard, but it will be interesting. It allows me to get creative, we'll see how it goes."

With this list of amazingly fun representatives for each class, Mr. NNU is sure to be a fantastic show. No one will not want to miss the excitement and the laughs in store for this year's pageant. So come dressed in your best "Protector of the Nation" costume and be ready for some great entertainment.



Amy Carner/Crusader

MICHAEL SUMMERS practices the Mr. NNU "look" for competition.



Amy Carner/Crusader

WINNING GRINS from competitors Junior Jeremy Mueller and Senior Ryan Danker. Other contestants include Freshmen Josh Snyder, Sophomores Luke Duerre and Jardon Jaramillo, Junior Nick Shoemaker and Senior Jeremy Lindley. The competitors are looking forward to a great time at the contest. Good luck to all!

Crusader Choir Italian Opera Dinner delights listeners

By Lynette Brown
Campus News Editor

For students who were looking for a cheap, yet delicious, non-Marriott meal on Saturday night, Crusader Choir offered a wonderful solution. For five dollars, students could have a great spaghetti meal at Franklin Hall in College Church with amazing live performances by some voice students from the choir.

The atmosphere of Franklin Hall set the tone for the whole evening. The room was lit by candles at each of the tables as well as white Christmas lights. Panels added a look of elegance and lined the entire room. Flowers, bushes and small trees were placed throughout the hall for some added decoration. The red-checked tableclothes and red

napkins gave the room an Italian feel.

The people who were in attendance would not regret this meal decision. There was wonderful French bread on the tables which could be refilled by a mere request. The salad was quite good and there was an abundant amount of salad dressing. The main course was delicious spaghetti, and the customers were in agreement: Marilyn Thompson's secret recipe was great. For dessert, the diners were offered vanilla ice cream with their choice of chocolate or butterscotch topping.

The singers for the evening included many voice students. Stephanie Wirick, Carrie Franks, Will Robinson and Shawna Heim were some of the student entertainers for the evening. Both Dr. Marlett and Dr. Armstrong displayed their vocal talents during

the evening as well. The two instructors sang a very entertaining duet which included a lot of meowing!

Jayne Harding also displayed her musical talent by playing the piano for each of the vocalists.

For an added bit of fun, Andrea Vanderpool and Eric Aeschliman had a singing competition at the end of the evening. These two students would walk around the room singing everything from the opera *Carmen* to "Kiss the Girl" from *The Little Mermaid* while accepting tips and placing them on their costumes for the evening.

All of the profit made from the evening went toward the account for the Crusader Choir as they prepare for their European tour.

Things to do in Idaho

By Mike Garmire and
Lynette Brown
Campus News Guest Writer

Students at NNU are often claiming that they are bored and that Idaho has absolutely nothing to offer. While Idaho may not seem as exciting as places such as Seattle or New York City, it can hold its own in a list of things to do.

A senior, Mike Garmire has been brought up in the area and has a great appreciation for what it has to offer. "I have had the pleasure of living in this wonderful town of Nampa, and yes I do mean a pleasure . . . having a large variety of activities makes living here all worthwhile."

Garmire really does love Idaho, and offers a solution to students stating that there is nothing to do. "Last Saturday [February 3] a group of us went to Garden Valley to go snow tubing. Besides the near fatal blows to the head, it was a lot of fun. McCall just had their Ice Festival and ice-skating is readily available at some of the local ponds . . . it is a whole lot more fun when tied and pulled by your car. Go to the Kuna caves if you're not claustrophobic.

"How about a hike to Jump Creek and have a look at one of Idaho's largest waterfalls. Go take a dip at one of the many hot springs. Grab your sleeping bag and go camping, it's never too cold to do that, just ask Nikolai Yunge. Last year she

took on frostbite in order to sleep under the stars, now that's dedication! Why not go to the foothills and just roast marshmallows over a bonfire?"

"Do you have the guts to explore Silver City, an old ghost town in the Owyhee's? How about fishing, hunting, rock climbing, skiing, swimming or one of our all time favorites, good old ice blocking?"

The fact that this school is so close to Boise really is a treat that may not be taken advantage of too often. State Capitals often offer more than the average cities in order to show off their state. The capital building may have been a place for great pictures or some good games of Capture the Flag or Mission Impossible. However, there are wonderful things to be offered on the inside as well. Visiting the inside may give people a new impression and appreciation for this state.

Culturally, Boise also has a lot to present. There are operas, ballets and great theatrical productions that are shown there. Museums that would hold an interest for many students are open on a regular basis.

As long as we are students of NNU, what could it hurt to try and expand our horizons? Try something new or an activity that has not been tried a lot rather than renting another movie. As Garmire put it "Allow your imagination to suck the marrow out of life."

"Allow your imagination to suck the marrow out of life."

~Mike Garmire

Swap meet succeeds in building sisterhood

By Gabby Walker
Campus News Guest Writer

The girls on Fourth South and Third North of Ford got together for what they called a Swap last Tuesday, Jan. 30.

This was quite the event for some and it has formed a new appreciation for the possibility of sisterhood in Ford dorm.

The Swap ran like a mini housewarming party. The idea is that two wings get together and one room from each wing is paired with a room from the other floor in hopes to meet some new faces. One wing trots to the other to meet their pair and find out a little about them.

On last Tuesday's occasion, the girls talked about movies, clothes, hobbies, work, classes and much more interesting—girl talk, which will not be disclosed. Gifts were exchanged for the fun of it, and some of the girls even got quite imaginative with their newfound friends.

Some brought popcorn and hot

chocolate for those much needed veg-out nights and movie extravaganzas. Others brought chocolate bars and huge bags of candy.

Room 410 was a favorite for activity. First they set up a small interview to find out all of the essentials: most embarrassing moments, longest tongue, funniest faces and the like. They ended with singing their life history to the tune of "Mary Had a Little Lamb" and a mighty entertaining crab walk relay.

The halls were filled with laughter. The girls' faces covered in smiles to find out someone had the same closet space problem or a new movie collection they could borrow from. Some discovered brand new faces, while others found a name to put on a familiar face they had seen in class. Many girls found that they had much more in common with the people around them, and the effect seemed to tie a part of Ford together that had never been close before.

There seems to be a great need

for sisterhood inside of the relatively castle like walls of Ford. There may be lots of space in those suites and separate sinks for every room. The bathrooms are spacious, spotless and so convenient, but there is almost too much space.

It has become easy to hide in your room all week and never see the faces of the girls even across the bathroom from you until there comes another wing meeting. The stairwell is not much of a place to start a conversation.

The third floor lobby would be a great place to interact, with a huge TV with cable, two kitchenettes and a pair of very comfy couches. Unfortunately, most rooms are already equipped with personal microwaves and amazing little entertainment systems, couches and all.

By no means is this a complaint about the wonderful conveniences over one hundred and fifty freshmen get to take advantage of.

The sinks, mirrors, moveable furniture and carpet are all great, not

to mention the million other vanities inside those castle walls. Yet, it seems that all of those have gotten in the way of any real social interaction. This is unfortunate because the girls living on the wing that were recently met were some of the sweetest people.

The girls on the Fourth South wing (that are never see enough) are a few of the most phenomenal Christians to build a relationship with.

Needless to say, the interest in more social interaction is swelling at Ford. Melody Eaton suggests, "We should use most of our wing meeting time each week to do more fun stuff like this!"

Those who have participated in the Swap are now planning slumber parties, so in more ways than one the Swap was a hit. If this social trend sticks, the future of Ford will benefit. Many of the other floors are interested in the Swap, and dates are currently being set by each wing to get together with one another.

What are your views about Napster? Do you feel that the actions taken were justified? Do the reason's given for its ban feel adequate to you? If you have any comments or questions you would like to have addressed in our next issue, please feel free to call Lynette at 8656 or email your responses.



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Hailey, ID--The Idaho Association of Public Accountants would like to announce that there is a scholarship available for accounting students. The scholarship is for \$1,000 for the 2001-2002 school year. Students who this applies to so far may care to read farther.

There are a few prerequisites that those interested in this scholarship would need to meet. The scholarship is given to students who would need the money as well as fit all of the following descriptions.

- 1) An Idaho Resident
- 2) Attending an Idaho college/University
- 3) Junior or Senior accounting student.

Applications for this scholarship can be obtained from the financial aid office, accounting department or by writing, calling or checking online at the address below. The deadline for the applications are on April 15, 2001. Good luck to all of those who apply!

Idaho Association of
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Barbara Neiwert
Executive Secretary
P.O. Box 1106
Hailey, ID 83333-1106
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ASNNU focuses on hunger



Amy Carner/Crusader

SARA KELLER poses next to the bin in Marriot that is collecting cans for the ASNNU food drive. Keller encourages all students to participate in the drive.

By Sara Keller
Campus News Guest Writer

Did you know that every 3.6 seconds someone dies of hunger? About twenty-four thousand people die every day from hunger or hunger-related causes.

In 1999, thirty-one million Americans were either hungry or unsure of where

their next meal would come from. Twelve million of these Americans were children. The most at-risk populations for hunger are children and seniors.

According to research conducted by the Urban Institute, 1.9 million seniors must

choose between buying food and buying needed medicine. Forty-six percent of food recipient households with children include at least one child under age five (Statistics taken from The Hunger Site).

This week, ASNNU Awareness Week focused on hunger. The purpose of Awareness Week was to bring an issue to the attention of the student body. This year we are doing something different by having a canned food drive to benefit the Nazarene Care House, a service

put on by Nampa First Church.

Even though Awareness Week was last week only, the canned food drive is going to continue until Feb. 16. Sodhexo Marriott was interested in having a canned food drive the week of the Finkbeiner Fast, so we decided to pool together and have a long canned

food drive! So, just when you thought the time was up for the canned food drive... there is some good news! It will be going on for two more weeks! Bins will still be in the Student Center and Wiley as well as by the register in the Dex.

"The kids that participated in this are kids who fall on the receiving end of charity so often, so collecting cans for others was a huge deal for them."

~Sara Keller

was www.thehungersite.com offers the opportunity to donate food every day with just the click of a mouse. Every day people can log on to the site, and click on the "donate free food" button, and by doing so, 0.8 cups of food is donated to a hungry person. The food is paid for by sponsors of the website.

This is a great program, and each person can do their part to stop hunger by visiting their site every day.

If this article has not inspired some to get involved yet, listen to this: on Saturday, the Hope House Ministry club went out and collected cans. Laurissa Hurst said it was a great experience.

The kids that participated in this are kids who fall on the receiving end of charity so often, so collecting cans for others was a huge deal for them.

What a great story! Let us follow the example of these kids and start donating those cans! If there are any questions, or people who want to be more involved with the drive, call Sara Keller at 8778.

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Are you ready for a romantic date? Head to the Valentine's Banquet "Catching Cupid" on Friday! Tickets are \$6
.....

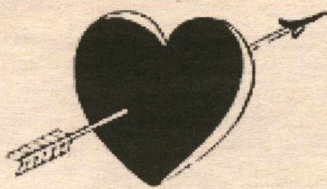
Catching cupid fever

By Sonya Wold
Copy Editor

This year's Valentine's Banquet is just around the corner. It is Feb. 9 at the Nampa Civic Center, and the theme is "Catching Cupid." The cost for the banquet is six dollars a person, and tickets can be purchased outside of The Dex at lunch and dinner through the Feb. 8.

The evening's menu includes pasta con pollo with the choice of either marinara or alfredo sauce, caesar salad, dinner rolls and cheesecake with assorted toppings for dessert.

things to do in Boise include The Galaxy, Egyptian Theatre, Pojo's, Overland Theatre, Starbucks, Koffee Klash, Edward's Theatres or checking out the sites downtown (Capitol Building).



Directions to the Nampa Civic Center from NNU:
1) Take Twelfth Street and head toward the old Albertson's
2) Take a left on Seventh Street and follow it toward Fred Meyer (it will eventually turn into Yale)
3) Turn right on Third Street The Civic Center will be on the right hand side of the street.

Students are encouraged to attend this event. It will be a fun evening of wonderful memories with great friends.

Graphics courtesy of www.clipart.com



Seating for the banquet will begin at 6:45pm and dinner will begin at 7pm. The night's entertainment will start at 7:45pm. Event Entertainment, a comedy improv group, will be providing the evening's entertainment.

Some ideas for things to do after the banquet in Nampa include Game World, Edwards Theaters, Moxie Java, One More Cup and Shari's. Ideas for

Fondue provides fun

By Lynette Brown
Campus News Editor

Friday, Feb. 2 was a great evening. The Brickhouse girls had decided to celebrate Groundhog's Day in a special way. Well, perhaps Groundhog's Day was not the reason the evening was planned, but it did land on the same day. The girls decided to have a Fondue Party.

For those who may be unclear as to what fondue is, this can easily be explained. Fondue is a melted sauce in which a person dips a solid food into. Cheese fondue is popular with breads. Chocolate fondue will have fruits or angelfood cakes and such for its counterpart. This is a fun treat and delicious as well.

The evening began at 8 p.m. and ended at 1 a.m. Students came all throughout the evening and enjoyed movies and fellowship while partaking in the fondue.

There were two different types of fondue offered. One was the ever popular chocolate and the

other was a smooth caramel fondue. Both were quite tasty and enjoyed by many students.

The party was still going strong at midnight, though students began to be more casual about eating the fondue. This, of course is referring to Charlie Eckert and Nick Shoemaker, who decided the grand finale needed to include them taking the spoons to mix the fondue and eating the fondue from the spoons. That was probably the end of people eating the fondue for the evening.

All in all, the students who showed up had a great time. It was a very creative idea for a party and seems to have been a great success! Thank you to the Brick House girls for an evening of fun.

Do you enjoy putting the pen to paper for pleasure? Is your dream to be published someday? Take the first step and call Lynette at 8510!

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Bush brings religious views to Oval Office

Ryan Hanson
Off-Campus News Writer
WASHINGTON, D.C. — Acting like a pastor as well as president, George W. Bush speaks about God, love, heart and faith even when the subject isn't religion. The trait is fine for many and pretty harmless to others. However, it rouses concern among some that he'll push a religious agenda.

One of Bush's first acts in office was to declare the day after his inauguration a national day of prayer. He also ate dinner with the local Roman Catholic archbishop and followed up this week

with his proposal to help religious groups provide charitable services.

Some say Bush's religious preferences are just part of his desire to set a new tone in Wash-

ington, D.C. and distinguish himself from the personal follies of former President Clinton.

"Being president of all the people, you can't push it too far," Martin E. Marty said, a professor of American Religious History at the University of Chicago.

Marty said Bush speaks of religion and faith in soothing, comforting tones, more like a pastor and less like a preacher lecturing the masses. Even so, some critics view the references as a sop to the Republican Party's Christian conservative base.

"There has never been a president in modern history who uses so quickly the power of his office to promote his religious agenda and one is hard pressed to find an answer for why, except his deep and abiding sense that he owes this election to the religious right," Rev. Barry Lynn, executive director of Americans United for Separation of

Church and State, said.

Bush, a Methodist, said Thursday, Feb. 1, that his faith has "sustained me in moments of success and in moments of disappointment and without it, I doubt I'd be here today."

He addressed critics of his proposal to funnel taxpayers' money to religious organizations, pledging to respect the division between church and state.

"I'm interested in what is constitutional and I'm interested in what works," the President told the National Prayer Breakfast.

The breakfast included the gathering of lawmakers, foreign heads of state and spiritual leaders and is a tradition for presidents dating back to Dwight Eisenhower.

Bush's speeches are dotted with references to faith and love. He also talks about rallying the "armies of compassion," appealing to "our better angels."

His inaugural address reached out to all faiths. Still, some were offended by the distinctly Christian nature of the prayers before and after his remarks.

"The moment that anything George W. Bush does suggests that he's moving in that direction there'll be more controversy," said Alan Wolfe, director of the Boston Center for Religion and American Public Life at Boston College. "Right now, it's all put forward as pretty harmless."

The Republicans are not the only party guilty of religious persuasion. Democrats talk religion, too. Clinton, a Baptist, quotes Scripture from memory. Sen. Joseph Lieberman of Connecticut, the

"There has never been a president in modern history who uses so quickly the power of his office to promote his religious agenda..."

~ Rev. Barry Lynn



PRESIDENT GEORGE W. Bush and First Lady Laura Bush receive applause during the annual National Prayer Breakfast at the Washington Hilton and Towers in Washington, D.C., Feb. 1, 2001. Bush vowed not to impose his religious views on Americans.

Democratic Vice Presidential Nominee and an observant Jew, was criticized by some for speeches about God and religion.

Bush talks freely about his faith. He said, during a debate, that Jesus is the philosopher who most influenced him. He discussed his personal conversion, aided by the Rev. Billy Graham, that he said helped him quit drinking after his 40th birthday.

"Nothing wrong with that," said John P. Crossley Jr., director of the School of Religion at the University of Southern California. "It's just a question of whether people

like or don't like the style. I have some doubts about his sincerity, so it spoils it a little bit for me."

Americans have doubts about blending politics and religion at all. Half of those questioned in a Pew Research Center poll last fall agreed that it makes them uncomfortable when politicians talk about how religious they are. Even so, 70 percent said it was important that the president have strong religious beliefs.

Robert Zwier, Political Science professor at Colorado Christian University, noted Bush's use of religion shows he's learned a lesson

from his father, former President Bush, who had frosty relations with the religious right. The elder Bush also was uncomfortable talking about religion.

"He recognizes that he needs to make overtures to them much more quickly than his father ever did," Zwier said of the new president.

Zwier noted that Bush minimized issues important to that wing of the party, especially abortion, during the campaign. But Bush reassured them days after becoming president by denying federal money to international family planning groups that advocate or pay for abortions.

Deadly earthquake kills 2,300 people in India

Mackay Dufour
Off-Campus News Writer

AHMEDABAD, India — In the wake of a terrible tragedy, rescue teams continually work under floodlights through the night. Some rescuers are work with their bare hands to clear the rubble the many buildings demolished by the devastating earthquake that struck India's western state of Gujarat on Friday morning. It has been a constant struggle to save the few victims of the quake that shook the subcontinent from top to bottom.

The Associated Press reported on Saturday that officials said 2,500 bodies had been recovered and the death toll would be about 13,000. More than 2,300 people are confirmed dead, and officials say the toll could rise by thousands.

The Indian authorities said the earthquake had registered a 6.9 on the Richter Scale, the commonly used scale of magnitude, the strongest there since 1950. But French, Chinese and American seismologists put the measurement between 7.6 and 7.9. The earthquake was the most intense quake to hit India in almost half a century.

If the French and Chinese calculations are accurate, that would make this quake about the same magni-

tude as the severe quake that struck El Salvador on Jan. 13, which measured 7.6.

The shockwaves rumbled across Gujarat shortly before 9 a.m. Friday, collapsing thousands of simple homes in Bhuj, a city with a population of about 150,000 and near the quake's epicenter and toppled dozens of high-rise buildings and multistory apartments to the east in Ahmedabad, the state's commercial heart.

Prime Minister Atal Behari Vajpayee replied in New Delhi, India's capital, "We have decided to meet the emergency on a war footing. The states which are affected will be given every assistance by the center. This is the time for the people to rally around and fight this calamity."

In Ahmedabad, the earthquake knocked down apartment buildings with a serendipitous abandon. On a quiet residential street in the middle-class neighborhood of Saibag, everything was left standing except for one four-story apartment building that collapsed in a cloud of dust when the earthquake struck. Rajesh Sapra, his wife and two young daughters were among those who poured into the street in their pajamas, fearing they would be buried

beneath their own roofs.

In Saibag, Maj. Nishat Chida was watching television, waiting for a cricket match to start, when his army barracks started shaking on Friday. Within 15 minutes, he and a team of about 30 soldiers had rushed to the collapsed building and immediately began removing rubble. A crane

"She was just crying about her little one who died in her lap. She was not willing to come out. She did not want to leave her child."

~ Major Nishat Chida

lifted a huge slab of concrete from the top of the heap and uncovered two sisters who had been lying in bed. The mattress had cushioned the blow, and one had managed to survive.

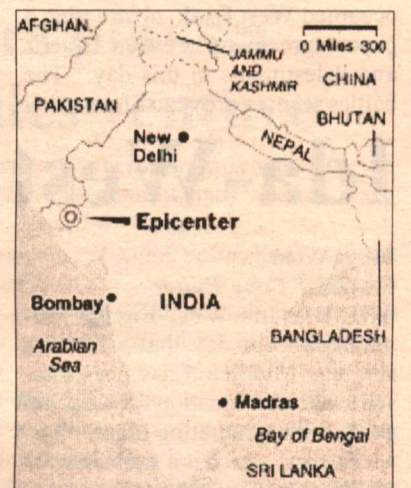
Then the soldiers and neighbors heard the cries of a mother and her children, and the sound of them pounding on a metal cabinet. The soldiers managed to break through a wall and pull two brothers to safety. The mother, however, was still trapped, with another of her sons who had died from a blow to his head.

"She was just crying about her little one who died there on her lap," Major Chida said this morning as he gestured to the cave in the rubble where the soldiers had crawled in to get her. "She was hysterical. She was not willing to come out. She did not want to leave her child."

The Indian Air Force flew in blankets, tents, medical supplies and doctors to Bhuj and Ahmedabad, as well as bulldozers, cranes and other heavy equipment that can be used to rescue people from collapsed buildings. The army was also moving about 3,750 troops into the worst-hit areas to set up shelters and aid the rescue.

As night fell, the soldiers continued passing huge chunks of debris and metal pots filled with rubble along an assembly line into the street. Neighbors brought them steaming cups of tea, coffee and savory vegetable pakoras to keep them going. Finally, after midnight had come and gone, the soldiers widened the opening and persuaded the mother to come out with her dead son.

More people than usual were at home that night because it was Republic Day, a national holiday that celebrates the adoption of the Indian Constitution. Many of them



www.nytimes.com

INDIAN EARTHQUAKE measured 7.6 to 7.9 on the Richter Scale at the epicenter, on the coast of India. It was the most violent earthquake that country has seen in over half a century.

were preparing to watch the televised parade in New Delhi, the nation's annual show of military might.

Most of Ahmedabad, a bustling city of between four and five million people, was still standing and slowly got back to business Saturday morning. Over 350 people had died there, but Bhuj bore the full brunt of the quake.

Barak, Sharon battle for top position in Israel

Lesli Nees

Off-Campus New Writer

KIBBIYA, West Bank – Ariel Sharon, along with his Israeli commandos, tore into this Palestinian village 50 years ago, killing 69 civilians, mostly women and children, by blowing up their homes. Kibbiya appeared Friday to be an archeological site with its crushed stone structures overgrown with foliage.

"My grandfather is buried right over there," said Mohammed Abdul Wahab, age 26, who grew up in Kibbiya. "He was killed in cold blood by Unit 101, which was commanded by Sharon."

The Oct. night in 1953 in which Sharon and his men shot through town over the revenge of the death of a Jewish mother and her two children is a night that elders remember and retell.

Sharon's mark has been left on hearts, minds and hilltops of this holy land. For over 50 years, he has been battling time and again, asserting Jewish claim to the land. His encyclopedic, first-hand knowledge of the terrain and topography are matchless to any cartographer. No one else is able to contribute so much to the enmity between Arabs and Jews, either.

Now Sharon, at almost 73, is battling from a different perspective, in a position that seems almost impossible to the Middle East, as prime minister of Israel. Public opinion polls give Sharon a commanding lead over the current prime minister, Ehud Barak. The elections are set for Tuesday, Feb. 12, and Sharon has unexpectedly pulled up his polls over the past four months after a visit he made to a Jerusalem site sacred to both Muslims and Jews.

Because of the excessive violence that Israel has been under, the people want someone who is strong that will make things right and Sharon seems to be the man for the job. Sharon, who is brilliant on the battlefield, is also confident and charming. He has placed fortified Jewish settlements along the Israeli-occupied West Bank, obstructing a peace agreement between Israelis and Palestinians to this day. The battles seem to prove to Sharon that

this land struggle is a zero-sum game with winners, losers and suffering. However, he says Jews must subsume everything to the fight for land.

Sharon, running for prime minister as a candidate for peace, is astonishing many Israelis with his proposed policies. The peace plan launched in Oslo in 1993 was called a "terrible and dangerous" mistake by Sharon. He has, for 20 years, called Yasser Arafat, the Palestinian leader, a murderer and refused to shake his hand when they met.

In the 1970s, Sharon bulldozed Palestinian houses in order to end terrorist attacks in the Gaza Strip. He also drove Bedouins from their land and stopped youth demonstrations by deporting the demonstrators' parents. As defense minister in 1982, he led Israel's invasion of Lebanon, which was considered a mistake to Israelis, similar to the American war in Vietnam. While leading a tank brigade across the Suez Canal, Sharon overcame the Egyptian army and gave himself glory, despite the huge number of casualties.

The question in most minds is if this Sharon is a different Sharon from the past, ready to represent Israel and peace.

"People know me," said Sharon. "They know I stopped terror in Gaza in the 1970s. They know what I did in the 1973 Yom Kippur war. So I'm not coming here to sell myself. The important thing is to act quietly and will full self-control."

Despite Sharon's new language of peace, many episodes of his past seem to have developed out of a lack of self-control. In the 1940s, when he was a boy, he would carry a club to whack Arab intruders that had trespassed on his family's farm near Tel Aviv. In the 1950s as a young soldier, Sharon caught the attention of the Israeli leadership after leading reprisal raids.

"Now people could feel that the terrorist gangs would think twice before striking, now that they knew for sure they would be hit back," Sharon wrote in *Warrior*, his 1989 biography.

"For him the whole Zionist project



LIKUD LEADER Ariel Sharon waves during a campaign speech in Ashdod, Israel, Jan. 28, 2001. Sharon is competing with Ehud Barak for the position of Israeli Prime Minister.

is about real estate: Real estate is real and the rest is talk," said Avishai Margalit, an Israeli philosopher. "When it comes to something, no matter what it is, it's always escalated and accelerated. Nothing stays at the pace it was. But he can surprise."

A large majority of Israelis plan to vote for Sharon, while half think he could start a new Middle East war. Arab citizens of Israel, who strongly dislike Sharon, hold to the belief that he will cause violence.

Sharon's peace plan is realistic and similar to Israeli public opinion, more than Barak's has been in the past. Barak offers Palestinians 95 percent

of the land in the West Bank and sovereignty over Palestinian neighborhoods of Jerusalem, which Sharon will not go through with. He would also shrug off Barak's goal of a comprehensive deal to settle Israeli and Palestinian conflict for good. Finally Sharon will not comply with Barak's plan to evacuate remote Jewish settlements in the West Bank or Gaza Strip, which were developed under his management.

"He knows that settlements will determine the future boundaries of the state of Israel," said Benny Katzover, leader of Jewish settlers. "And he made sure that the settlements would guarantee that Jews

will live throughout the land of Israel forever."

Sharon's territorial compromise will offer Israeli recognition in a predominantly Palestinian state in return for a non-belligerency arrangement. The Palestinians are not likely to accept his offer. Saeb Erekat, a Palestinian negotiator, calls the plan a "recipe for war."

Nahum Barnea, chief political columnist for the Israeli newspaper in Yedioth Aharonoth, said, "There is no more danger from Sharon. He's old, he's nice ... he has to convince the world that he is not [Slobodan] Milosevic."

Ida-West provides new power source to Nampa

Sonya Wold

Crusader Copy Editor

BOISE – Ida-West Energy announced Thursday that a 30-acre site near Middleton has been chosen as the new location for a natural gas turbine generating plant. Garnet Energy, which is a subsidiary of Ida-West, will run the new plant that will provide extra electricity for Idaho Power.

The site is located between Middleton and Highway 20 and is in an area zoned for industrial use. The privately owned power company has an option to buy the site from C&G Incorporate, which is controlled by a Canyon County Commissioner, Pat Galvin.

The company still needs to get the county's approval. Galvin said she will recuse herself from any decisions that deal with the plant.

In 1996, C&G Inc. asked to have the property rezoned from an agricultural zone to a light industrial zone, so that it would be more tempt-

ing to prospective buyers or businesses.

Idaho Power selected Ida-West to supply the utility with additional power from the proposed natural gas plant starting in 2004. It is expected that the utility will face a power shortage starting in the summer of 2004. Idaho Power will purchase power from the plant during the busy months of June, July, August and Sept. During the other months of the year, Garnet Energy will be free to sell power on the open market.

Canyon County Commissioners need to approve an amendment to the county ordinances that would allow a private company to build a plant in the county before the plant can be built.

Canyon County Planning and Zoning Commission recommended that change be made and the commissioners must now vote on that recommendation, a vote that should come within the month, said Todd

Lahey, chairman of the Canyon County Commission.

If the ordinance change is approved, Lahey said the company will still have to go through standard permitting and procedures the county

"I'm thrilled it's located in Canyon County. It will help us avoid the energy crisis that other parts of the Northwest are facing."

~ Todd Lahey

requires before construction can begin.

Lahey commented that the power plant is just the type of environmentally clean industry the county is hoping to attract. Not only will it help the county's tax base and add jobs, it will also help with the power crunch, Lahey added.

"I'm thrilled it's located in Canyon County," Lahey said. "It will help us

avoid the energy crisis that other parts of the Northwest are facing."

The President and CEO of Ida-West Energy, Randy Hill, said the company looked at a number of sites both in Canyon County and Southwest Idaho.

Hill mentioned that the site near Middleton was chosen because of its location near the Idaho Power "load center" and also because of its proximity to an existing interstate natural gas pipeline and transmission routes that would provide the plant with its necessary natural gas supply.

Hill said geography of the site was also ideal. The site is zoned for industrial uses, so prime agricultural land will not be affected. The elevation of the site is also the lowest of all the sites considered. Natural gas

plants operate the best at the lowest possible elevation.

The new plant will take up about 10 acres of the site and will provide 250 megawatts of power. The plant is also being designed so an additional generating unit could be added to increase the plant's output to 500 megawatts.

Construction should begin in the spring of 2002 and take about two years to complete, Hill said. The plant has to be finished and on-line no later than June 1, 2004, to meet the terms of the Idaho Power contract.

The company is still finalizing the construction contract for the plant. The construction project will employ somewhere between 250 to 300 people. Once the plant is completed, it will employ about 20 people.

All articles written for the Off-Campus News section are the works of the writers. The use of the following information does not take from the creativity or quality of the articles. However, the information obtained for the articles comes from the following sites: www.nytimes.com, www.usatoday.com, www.cnn.com, and www.presstribune.com.

Suspect convicted in the bombing of Pan Am 103



VICTORIA CUMMOCK, who lost her husband in the Pan Am 103 bombing in 1988, looks out her window in Coral Gables, Florida. Cummock has fought for the past 12 years to convict the people responsible for the explosion over Lockerbie, Scotland, which killed 270 people.

Continued from Page 1

Amy Oglevie
Off-Campus News Editor

In that regard, the conviction of Ali Megrahi confronts the fledgling Bush administration with one of its first foreign policy tests. Following the example of his predecessor, Bush indicated Friday that he will seek middle ground: Insist that Libya admit responsibility for the bombing and pay compensation to survivors but stop short of additional sanctions.

"The United States government will continue to pressure Libya to accept responsibility for this act and to compensate the families," Bush said at a White House meeting with members of Congress.

In an interview Friday, Brent Scowcroft, who dealt with the Lockerbie case while serving as National Security adviser to Bush's father, said the guilty verdict proved that the United States is good at tracking down terrorists and also established that Gaddafi was behind the bombing.

Even so, he also acknowledged that the trial outcome is hardly a satisfying end to the mass murder of 270 people.

"It's an immensely frustrating process trying to deal with terrorists," Scowcroft said. "We have to ask ourselves, 'Is this the best we can do? Is it a deterrent?' Maybe not."

In public, United States officials tend to paint the issue of terrorism in black and white, right and wrong. "There are no gray areas," Richard Holbrooke, the former US

ambassador to the United Nations, said in 1999.

Many would argue, that there are in fact many shades of gray. US intelligence officials have long suspected, for example, that Iran was behind the 1996 Khobar Towers bombing in Saudi Arabia, which killed 19 American service personnel. Yet Clinton responded not with bombs but with a personal letter to Iranian President Mohammad Khatami asking for his help in catching those responsible.

"Clearly this man did not just on his own decide to go out and blow up a plane and kill 270 people. He was responding to orders."

~ Vincent Cannistraro

State Department officials contend that the Lockerbie case is a success story, showing how concerted international efforts and sanctions can change the behavior of terrorist states. Such pressure, they say, forced Gaddafi not only to turn over suspects, but also to expel the infamous Abu Nidal group and distance himself from Palestinian extremists opposed to the Middle East peace process.

"This is not an outcome of the trial alone but an outcome of the whole process," a senior State Department Official said. "Overall, it sends a very forceful message that you can't act against us with impunity and we will pursue guilty

people as long as it takes."

In many ways, the limited choices that Bush finds himself confronted with now are a consequence of decisions his father made a decade ago. Barely a week after the Dec. 21, 1988, bombing, which killed all 259 people on the plane and 11 in the village of Lockerbie, President-elect George Bush vowed to punish those responsible.

Investigators fanned out around the globe in search of the criminals and almost 20,000 people were interviewed. Forensic experts reassembled the Boeing 747 from fragments they collected in an area two-thirds the size of Rhode Island.

Suspicion initially fell on Syria and Iran. By 1991, however, investigators had concluded that two Libyan intelligence operatives Megrahi and Khalifa had placed the suitcase containing the bomb on a flight from Malta to Frankfurt. From there it was transferred to New York-bound Pan Am 103.

It seemed a clear case of state terrorism and administration officials seriously debated whether to respond with airstrikes. In the end, however, Bush made a decision to end the cycle of violence.

United States officials suspected that Gaddafi may have downed the jetliner in retaliation for American airstrikes against Libya in 1986. President Ronald Reagan ordered those strikes to punish Gaddafi for Libya's alleged role in the bombing of a disco in West Germany.

News briefs

Citizens meet to vote on expanding historical Boise

BOISE – The Historic Preservation Commission votes Wednesday on whether to expand the North End Historic District. Neighbors hope that this move will give them leverage in the battle over Foothills traffic and help keep North End history and neighborhood character intact.

Boise has seven historic districts, including three in the North End area that would be combined into one new district, proposed to stretch from fourth Street to Harrison Boulevard. Of the 1,100 homes in the proposed area, about 600 are close to their original, historic condition.

Proponents hope to use historic designation to protect their neighborhood and to prevent the fragmentation that would come from having their streets widened to accommodate future development in the Boise Foothills.

By creating an expanded district, supporters hope to have more say in decisions about traffic in their neighborhood. The district would do that by making it more difficult for the Ada County Highway District to demolish homes in order to widen neighborhood streets for projected traffic growth.

"It would give us a defense mechanism," said Mark Baltes, an active member of the North End Neighborhood Association, which is pushing the historic district proposal. "It wouldn't be as easy to run us over."

Once the City Council approves a historic district, all exterior changes to property must be reviewed and approved by the Historic Preservation Commission, including demolishing or moving homes. The commission considers historic designation for areas that are threatened, by development or neglect, with loss of their historic value.

Political turmoil simmers among Ukrainian people

KIEV, Ukraine – Hundreds of protesters demonstrated against Ukraine's leadership on Sunday, painting slogans on fences and calling for President Leonid Kuchma to step down, as political tension grew.

Supporters of both left-wing and right-wing political factions took part in the rally. Additional demonstrations are planned for this week.

The protests are part of a growing distress over allegations that Kuchma had a role in the disappearance of a journalist last Sep. The journalist, Heorhiy Gongadze who criticized the government and crusaded against corruption was mysteriously murdered.

Journalists and some legislators claim Gongadze was most likely the victim of a politically motivated attack and authorities say a headless body found in Nov. was probably his.

Audio tapes recorded by a former presidential bodyguard and distributed by an opposition legislator purportedly captured Kuchma and security aides discussing taking action against Gongadze.

Kuchma, who was elected to a second five-year term as president of the former Soviet republic in 1999, has denied he issued orders to silence the journalist.

Sunday's rally was held next to a tent camp opposition supporters set up in Dec. Authorities later encircled the camp with a high fence and protesters painted anti-Kuchma slogans on it.

General Motors plans a new online sales venture

LAS VEGAS – General Motors Corporation (GMC) plans to provide details of a new online auto sales venture called AutoCentric JV LLC to its 7,800 dealers attending a national convention Sunday.

GMC has declined to make details about AutoCentric known to the public. If pursued, however, the company did say it would complement its BuyPower.com Website. The website currently allows customers to check available vehicle inventories in their area and get a guaranteed e-price based on sales in their market.

Speaking to dealers on Sunday, GMC Chairman and Chief Executive Richard Wagoner said the company's main objective is to offer more Internet-based services to customers sooner than later.

"We'll do much better if we spend our time developing the innovation we need to deliver this kind of service, rather than wasting our time arguing among ourselves about which Internet model will win out," Wagoner said. "The fact is, we don't have to predict which model will prevail. We just have to be ready when individual customers make their own calls."

GMC, the world's largest automaker, spelled out the plan in a filing Friday with the Securities and Exchange Commission. The company is offering to sell \$25 million in AutoCentric shares to GMC dealers who wish to participate and said it would keep an identical amount for itself.

"If the idea has broad dealer support, we'll proceed. If it doesn't, we won't," Michael Grimaldi, GMC's Vice President and General Manager of field sales, service and parts, said in an AutoCentric-touting videotape recently sent to GMC dealers.

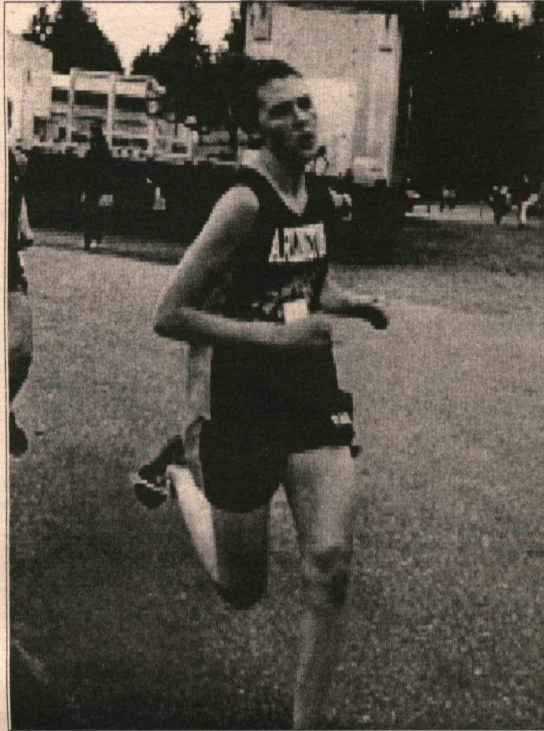
While AutoCentric would offer up vehicles by GM's rivals, corporate charity is not driving GM and its dealers into the business of referring Internet car shoppers to dealers. Rather, they are seeking to continue grabbing the attention, and perhaps some income, from Web shoppers.

All News Briefs are written by Amy Oglevie, Off-Campus News Editor

Starving to be the best: One student's fight with Anorexia

By Lori Fenton
Features Editor

Sprinting through the finish line Jana Harris slowed down to catch her breath. Her coach complimented her on her speed, but all Harris could think about was how dizzy she was. Her hands shaking, she grabbed onto anything stable. Her stomach cried out in hunger, but it was in vain because Harris wasn't about to eat anything. If she was



Jana Harris

going to be the best runner she could be, she would have to be thinner and food would just jeopardize that. That fall of her freshman year she began her struggle with anorexia.

"Coach always said if you are thin then you run faster. He stressed how important it was because it would mean less weight to carry," Harris explained.

Harris happened to walk in on her coach telling a 115 lb girl that if she would just lose a few pounds she would be a better runner.

Harris recalls the incident, "I was so afraid that he would say something to me. I was going to do something about it before he did."

Harris was already around 100 lbs when she started skipping meals.

"I didn't like eating in front of people so I skipped lunch and school started so early that I didn't have time for breakfast," Harris

explained, "I would eat after practice. I would have a bagel and juice. By dinnertime, I would just tell my parents that I wasn't hungry because I just ate. So they assumed that I was eating."

Anorexia came on so gradually for Harris that her parents "really didn't realize what she was doing."

When they started to figure it out, they didn't say anything to her.

"I think they didn't want to push me farther into it. They would try to make me eat as much as they could," Harris said, "I think my mom suspected something because she took all the scales out of the house. So I really didn't weigh myself. I could usually tell just by looking in the mirror."

It wasn't that Harris looked at herself in the mirror and thought she was fat.

She would just see how her stomach could be a little thinner or her butt a little smaller. Harris admitted that she probably did have a low self-esteem. She was really concerned with what people thought about her.

"I'd always been a skinny girl and that is what people always associated me with. I thought that if I gained weight then I would lose what people based my identity on," Harris said.

However, very few of her friends even knew about it.

Harris shook her head plainly, "It was really easy to hide. I just wouldn't wear tight stuff and I wouldn't change in front of people. It gets really easy to lie about what you really want. Even when I would want certain food, I would just lie and say that I wasn't hungry."

Her coach didn't even realize, or perhaps didn't care. He pushed for the ideal runner, which Harris believed is not realistic because "not everyone is built that way or can fit that category." At a high price, their track team was exceptional. Harris went to state three times, but in the midst of her running career, she suffered a stress fracture.

Her bone density dropped drastically, making it more susceptible to injury. Anorexia also

made her tired all of the time. Track practice was strenuous and she would get sick a lot from not eating. Pretty soon she would get sick from eating more than she would if she didn't eat.

"After a while the hunger pains didn't hurt anymore and it became so natural. I didn't even realize that I was doing it," Harris said.

Harris didn't realize how much her disorder had an effect on her sister.

Harris said, "When my sister saw what I was doing, she stopped eat-

ing too. I felt really bad about that because I played a part in her anorexia."

Harris' sister still is going through anorexia. At the present time she weighs around 86 lbs. It had always been an unspoken issue between the two girls. Finally Harris decided to talk to her sister about it. They formed a support system to keep each other accountable and make sure they were eating.

"I think I finally started to get back to normal eating the summer before I came here," Harris added, "However, I still struggle... all the time. I think that anyone who has had anorexia feels like they could easily fall back into it. Once you've done it, nothing stops you from doing it again."

Harris is still not entirely happy with her appearance, but decided that starving herself is not the way to go.

"It isn't worth doing damage to your body. We need to treat our bodies appropriately because it is the only one we are ever going to get," Harris explained.

Recovery is never a cut-and-dry process. Harris believes that it is an in-and-out cycle in which you give into your cravings, and then go back to starving yourself.

Harris looks back on her struggle with anorexia and thanks God because she was in a dangerous place.

"After a while the hunger pains didn't hurt anymore and it became so natural, I didn't even realize I was doing it."

Jana Harris

Frightening Freshman Fifteen

"The fact that you aren't at home anymore is a key element. When you were home you probably ate what Mom fixed and it was what you liked with fairly good nutritional value. Now eating in the cafeteria is a social event. You may go there when you are not even hungry, just to be with your friends. You also have to take into account that there is a lot of starch and fat in the foods in the cafeteria and there is an unlimited supply of food.

The older you get the more difficult it is to keep the pounds off. By age 25, you start gaining a pound a year. Girls especially are still going through physical changes. Their hips are widening to prepare for childbirth. There are numerous factors."

Scott Armstrong
Professor of Kinesiology

There is a tendency to be sedentary. Fifty percent of the students who go here were athletes in high school. However, only 20% of the NNU student body is involved in athletics. When you are not active but continue the same eating habits, the calories start to accumulate. Girls have a bit more difficulty. Even if people eat less they won't lose weight unless it is accompanied by exercise.

Paul Taylor
Professor of Kinesiology



Diet Data

The average American woman is 5'4" tall and weighs 140 pounds. The average American model is 5'11" tall and weighs 117 pounds. Most fashion models are thinner than 98% of women.

4 out of 5 American women are dissatisfied with their appearance.

Almost half of American women are on a diet on any given day. 1 in 4 men are on a diet on any given day.

Americans spend over \$40 billion on dieting and diet related products each year.

Statistics.com



Fast Food Count Up



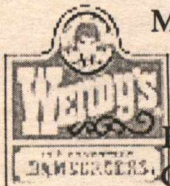
Jack in the Box

Cheddar Potato Wedges	750 Calories	50g fat
Bacon Ult. Cheeseburger	1020 Calories	71g fat
Chicken Supreme	830 Calories	49g fat

Subway



Peanut butter cookies	220 Calories	12g fat
Meatball Sub	501 Calories	25g fat
Southwest Steak	412 Calories	18g fat
Mayo	111 Calories	12g fat



Wendy's

Big Bacon Classic	580 Calories	30g fat
Classic Greek Pita	440 Calories	20g fat
Large Frosty	540 Calories	14g fat



McDonald's

Big Xtra w/cheese	810 Calories	55g fat
Super Size Fries	610 Calories	29g fat
M&M McFlurry	630 Calories	23g fat
Ranch (1 pack)	170 Calories	18g fat

Is there something that you would change about your physical appearance?

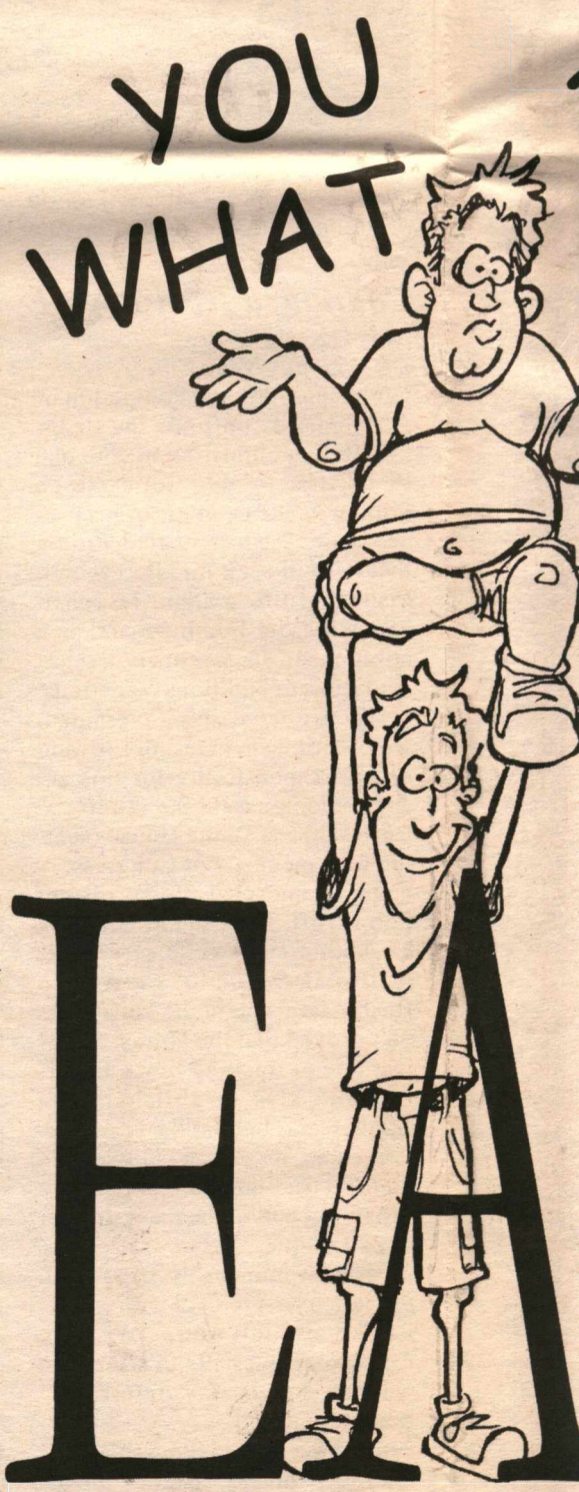
A poll of 100 NNU students showed...



Female	
Yes	83.8%
No	16.2%
Male	
Yes	55.2%
No	44.8%

Of those that said yes, what they would change? Top 5 responses...

Females:	Males:
1. weigh less	1. Muscle Tone
2. smaller butt	2. lower body fat
3. taller	3. strength
4. smaller thighs	4. taller
5. muscle tone	5. lose love handles



artwork: Scot Mortimer
graphics: clipart.com

Eating Disorders

Anorexia Nervosa:

A condition characterized by intense fear or gaining weight or becoming obese, as well as a distorted body image, leading to an excessive weight loss from restricting food intake and excessive exercise.

Bulimia

ingesting large quantities of food then voiding it through self-induced vomiting in order to remain thin.

An estimated 1,000 women die each year of Anorexia Nervosa

Up to 5% of college women are bulimic.

20% of college women may have eating disorders

Danger signs:

loss of significant amount of weight continuing to diet although thin feeling fat, even after losing weight loss of monthly menstrual periods preoccupation with food, calories, fat contents & nutrition preferring to diet in isolation cooking for others hair loss binging, or eating uncontrollably purging by strict dieting, fasting, vigorous exercise vomiting or abusing laxatives depression/anxiety mood swings feeling out of control swollen glands in neck and face weakness and exhaustion lying about food heart tremors dry, brittle skin shortness of breath sore throat dental problems vomiting blood

Between 5 and 18 percent of known anorexia nervosa victims die of starvation, and the condition may also lead to abnormalities in the menstrual cycle.

If you have reason to believe that a friend or family member is suffering with an eating disorder, it is important that you confront her/him and express your concern. Your goal should be to get that person to seek professional help. Be knowledgeable about signs, symptoms, causes, and other issues related to eating disorders to give you a better sense of what to look for and what to expect.

Be a support and let them know that you want to help in whatever way that you can. Recognize your limitations, because the decision to get help is theirs alone. For more information:

Body Image Class:

Topics: Dieting, nutrition, exercise, self-image, health related issues.

When: Tuesdays @ chapel time

People to contact:

Joanne 8674

Cheri 8673



Food For Thought: Tips on Healthy Eating

1. Don't eat past 7pm.



The farther into the evening that you eat, the harder it is for you to burn it off. The body functions continue to metabolize the food you have eaten throughout the evening and into the night.

2. By lunch, you should have eaten 70% of your total intake for the day.



Dinner is not the best option in terms of your metabolism in the evening.



3. You shouldn't lose more than one pound, or one and a half pounds a week.

If you start losing more than that, it is probably a loss in muscle mass.

4. Eat more smaller meals in a day.

If you eat large meals your stomach expands. In theory, if you eat smaller portions, your stomach will shrink and you will get full faster and eat less.



5. Remember: Weight loss proportional.

The idea that you can spot reduce is just a myth. People who believe that they can just firm their stomach or legs don't realize that your body loses weight proportionally.

6. Before you head to a meal, down several glasses of water.

The feeling of being full doesn't fit with the speed of eating. If your stomach is full of water, you will start getting full half way through your meal. Say you are eating pizza and you take another slice. Usually you realize half way through the slice that you shouldn't have had that last piece. It is better to fill up on water because it doesn't have calories.

It is all about sweating the small stuff

By Lori Fenton
Features Editor

Casey sucked in the last bit of breath he could get when the blackness consumed his head and he collapsed to the track in a sweaty heap. When he finally came to, his plastic suit was covered with dirt and his heart was beating so loud that it vibrated through his head. He could tell he did it. He lost the 8 pounds to get the weight he wanted for his wrestling match and he didn't need a scale to tell him that. For Casey Lovell, when you play the mental game of cutting weight for so long, you understand the mind can be stronger than the body.

For Lovell, cutting weight wasn't just losing a few pounds, it was an act of discipline and will. Being a wrestler since he was six years old, he knew the taste of victory and it pushed him to win.

"When you are so competitive, you really get frustrated when you lose. I didn't lose until my last match of high school. I almost went undefeated," Lovell said.

Years of dedication lead Lovell to 8th place his sophomore year, 5th place his junior year and 2nd place his senior year. On the road to team dominance, Lovell and several other wrestlers on the team pushed themselves to lose weight to be qualified into lower weight classes, called "cutting weight."

His freshman year he lost 10 pounds, his sophomore year it was more competitive and he lost around 15 pounds, and by his senior year he lost around 28 pounds.

Lovell explained, "The philosophy of wrestling is the lower you go the better you will compete, mentally and physically."

Lovell confessed that what he did in order to lose that weight was dangerous. He did extra workouts

and running outside of wrestling practice. He would wear plastic exercise suits that made him sweat twice as much. The suits are intended for short workouts, and are illegal now after a group of wrestlers in college died after excessive exercising combined with creatine.

Lovell stayed away from supplements. Some of the wrestlers on his team took X-lax, but Lovell refused to because it was pretty embarrassing when the wrestlers would have to stop the match so they could go to the bathroom.

His coach didn't know about the plastic suits or what Lovell and his teammates were doing to cut weight. The wrestlers were getting weight loss tips from a coach from another school. His methods included picturing the set amount of weight you wanted to lose, putting on the plastics and running until you couldn't run anymore.

Lovell explained, "We would mentally picture how much we were over and kept running until our bodies completely shut down. We would pass out, and somehow, once we came to, we would be right on weight."

Besides the excess exercise Lovell was doing he was also cutting down his food intake drastically.

Lovell said, "I wouldn't eat breakfast, I'd have a salad for lunch, and pasta for dinner because pasta doesn't weigh much on your body. On days right before a match, I wouldn't eat anything."

The closer it was to a match, Lovell would start pushing himself more.

"You want to be within four pounds the day before your match," explained Lovell. "In some extreme cases, you could lose up to 16 pounds in half a week."

The day of the match, these wrestlers would weigh in four or five

"You want to be within four pounds the day before a match. In extreme cases, you could lose up to 16 pounds in half a week..."
Casey Lovell



Casey Lovell

times throughout the day. Teachers would give them keys to rooms with scales in them and they would strip down to their underwear to weigh themselves to see if they could eat or drink something before the final weighing time.

"If you wanted an apple, you would have to weigh yourself with it and see if you could eat it without gaining too much. If you wanted a glass of water, you would have to put it in your mouth and if it weighed too much, then you had to spit it out," Lovell said.

When he was close to the day of his match, he would plan to lose a pound during the night while he slept.

Lovell explained, "If you are in good shape, you should lose a pound a night because the body continues to metabolize."

There were times when Lovell slept without clothes or blankets because it would make his body work harder to keep him warm.

After Lovell weighed in two hours before the match, he would drink 3-4 Gatorades to return the energy that cutting weight drains.

Besides a loss of energy, Lovell's loss in weight was very noticeable to those close to him.

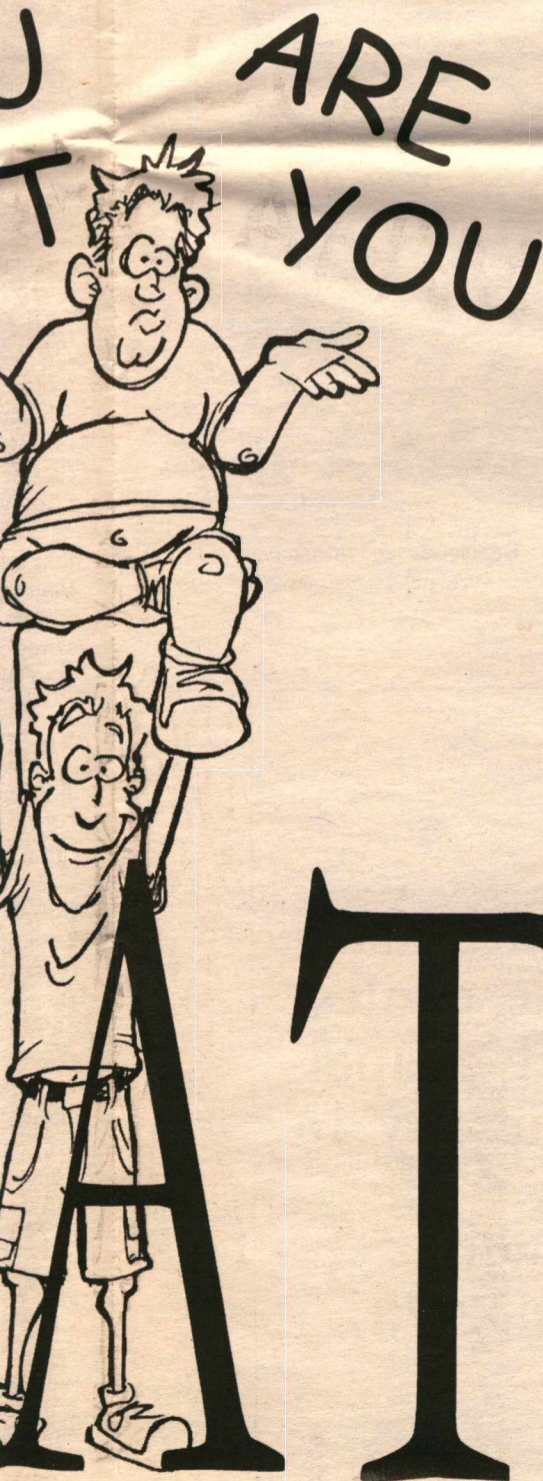
"My cheeks were really thin," Lovell recalled, "and I would have to wear lotion on my face because they would get so dry."

The doctors would question Lovell to see if he was hydrated and he would lie and he would explain away his dry skin by saying he was recently sick. Lovell's teachers would constantly confront him with worries about his health. However, Lovell's dad, who was a wrestling coach for 22 years, knew the sacrifices that one would have to make in order to cut weight.

"He did push me a lot. He encouraged me to make weight in the beginning, then I did it for myself," Lovell said.

For Lovell, it is all mental. He is 175 pounds right now and if asked to be at 149 pounds by Saturday, he knows he can do it.

"I always told myself to do my very best. I was not going to let myself lose. This really is the best mindset to have."



2001 NNU Baseball begins next week

Season kicks off February 14th versus California Baptist

By Matt Mort
Sports Editor

Riverside, California marks the home of Northwest Nazarene University baseball's millenium debut.

Head Coach Tim Onoferi believes the offense and defense will make the Crusaders baseball team competitive this season. "This is the strongest offensively and defensively baseball team I've seen at NNU," said the first year coach. "Offensively we are seven or eight deep. The top three batters in the lineup are candidates for top of the leagues numbers." The first three batters will be senior Ruben Burcaiga, sophomore

starter for NNU. First baseman Benedict led the team in batting last season.

Barring injury, Burcaiga will reach the top of his career list in games, hits, runs, and doubles. He enters the season as the career leader in at bats (480). Last year he set two single-season standards with games (46) and at bats (165).

"That trio has good speed, can handle the bat well, and play the small part of baseball," said Onoferi. "Then our traditional lineup continues with three power hitters in the 4-5-6 slots. And I believe

John Rosti (Linn Benton Comm. Coll.), and senior Dan Benedict. Shortstop Burcaiga is a four-year

Barry will blossom in the No.9 slot, where he played well last season." Those power hitters are

Matt Lowe, Brendan Smith, and Josh Aipperspach. Lowe and Aipperspach are sophomores and Smith a junior.

Barry Warren is a senior and one of three brothers from Leavenworth, WA. on the team. The other two Warrens are Benji, a junior, and Brad, a freshmen.

Onoferi also believes that the

infield defense is among the best in the Cascade Conference, anchored by Burcaiga. The outfield will consist of Rosti and Matt Davis alternating between leftfield and the designated hitter position. Smith

and Jason Brunett will fill centerfield and Lowe will play rightfield. The pitching is said by coach Onoferi to be average, but with the help of the catching can improve. The catchers are Benji and Todd Fisher, Benji's No.1, but he also is a starting pitcher. The pitchers are ace Scott Frasnely, Benji, James Porter and/or Johnathan McCoy. The closer is Neil Elder who also plays as a spot starter.

The 'Saders are a young team, including nine freshmen and only three seniors. With a new NNU high, 52-game schedule, expect to see a lot more Crusader baseball action! Make sure you out and support your Crusader Baseball team at every home game.

"Hopes are high...we have a new beginning...and things are looking up."~Matt Davis



photo courtesy of nnu.edu

NNU baseball 2001-NNU three seniors, (left to right) Dan Benedict, Ruben Burcaiga, and Barry Warren hope to lead the young Crusaders to plenty of victories this season.

NNU Women continue winning ways

By Matt Mort
Sports Editor

Northwest Nazarene University's women basketball team brought their win streak to five straight games on Feb. 1, 2001.

Let's recap, their first two wins came in January against Alaska teams, Universities of Anchorage and Fairbanks.

On Jan. 25, 2001, the NNU Lady 'Saders crushed Saint Martins College, 80-53, every player for NNU scored and Anna Allen-McGarrah led the way with 20 points.

On the 27th, NNU beat Central Washington University by the final of, 89-71. Chelsy Hall paced NNU with 25 points to become NNU's new leading scorer. The four straight wins propelled NNU to the ninth spot in the NAIA II poll as well as the twentieth spot in the NCAA II poll.

NNU defeated twenty-third ranked Western Washington University, 76-73. Hall led with 19 points giving NNU its fifth straight win.

On February 3rd, NNU's luck however, ran out as they lost to Seattle Pacific University for the second time, 82-76, ending their win

streak at five. NNU's Erin Hellberg led all scorers with 24 points.

The NNU men's basketball team didn't have as good a week as the women did.

January 25th, NNU got a win versus Saint Martins College, 78-70. Josh Cooprider led the way with 31 points, also tying the school record of three pointers made in a game with nine. Michael Gely added 21 points and 9 rebounds.

After winning five of their last eight, NNU fell to Central Washington University in a heartbreaker, 64-62. James Thomas, Jr. led NNU with 17 points and 11 boards.

NNU started out the month of February with an embarrassing game against the University of Alaska-Fairbanks, losing 78-62. Tim Johnson led NNU with 14 points.

NNU fell to 0-2 against Alaskan teams in the month of February '01 with a loss to the University of Alaska-Anchorage, 93-66. NNU's Jeff Nielson led all scorers with 23 points and added 7 rebounds. Sophomore Ryan Marquez added 11 points and 7 rebounds on 11 minutes played, all in the second half.



Hanniel Massoud/Crusader

Lady 'Saders NNU women are hoping to go from Midnight Madness to March Madness with a Pacific West title in the works.

Come out and cheer on

your

NNU Crusader Basketball teams

They appreciate your support!

Last home game is this coming weekend!
Hope to see everyone there!

Come to TIME OUT

this week and worship with us. Join in and be a part of the coolest thing this week or just get chapel credit. 9:00 pm this Wednesday in the Brandt Center.

*Wanna speak or help with worship? Contact Nate @ 8778.

Xtreme Football League

The XFL proves to be force after a strong debut week

By Matt Mort
Sports Editor

The Xtreme Football League, popularly known as the XFL, was very successful in its first week of action. Being broadcast on channels, NBC and UPN, the XFL put up strong numbers in the ratings war, even better than NBC had boasted that it would make. On Sunday while being put head-to-head against the NHL (National Hockey League) All-Star game, the newest part of the professional sports world, won the ratings battle while being played on lowly, UPN.

This has suprised many who had

already written off the league as a bogus, joke that would only disgrace the game of football. George Will, writer for the Washington Post, wrote that "...the XFL's product is not really football, any more than the WWF's product is real wrestling." I strongly disagree with this, I believe that a statement like this comes from someone who obviously didn't do any research before making a fool out himself in print. I will admit that I am somewhat a fan of professional wrestling, at least I used to be. I followed all of the storylines and knew everything that was going on, in

and outside of the ring. The XFL is nothing of the sort, it is real football. The WWF is not real, despite the fact that many of the wrestlers have been former professional athletes, say it is harder than anything that they have ever done, because the matches and storylines are made up prior to it happening consisting of matches that are co-operatively executed and a lot of adlibbing. The XFL isn't planned out or scripted, just "real" football with a twist of Vince McMahon's entertainment.

Don't think that I'm some hardcore XFL fan. I thought it was okay and has a long way before it can even touch the NFL. One of the reasons why is the lack of talent.

"Any of the teams in the league could beat any of the top college teams. I don't think everything has to be at the quality of the NFL," said Dick Ebersol, NBC Sports chairman. It is hard not to compare it with the NFL because it is the only type of football

"It [The XFL] will eventually embarass [the game of] football."
~Derick Staffenson

most of us have seen unless you saw the USFL. But the NFL has changed a lot over the years, some saying that it has gotten soft, that's where the the XFL comes in. "With the rule changes, we are bringing the game back to where it used to be," Dick Butkus, XFL Director of Competition and NFL Hall of Famer. XFL President

Basil V. DeVito, Jr. said, "We've removed boring plays...which is usually a signal to get a beer from the refrigerator."

If anything is true, its that these players have a real heart for the game. They do not get paid to practice so if they get hurt in practice, too bad.

Quarterbacks are paid \$5,000 for each game played, kickers get \$3,500 and all other players get \$4,500. For every win, the team divides \$100,000 which comes to about \$2,500 per player.

Whichever team wins the championship game tentatively titled, 'The Big Game at the End,' will divide \$1 million between the players.

.....
• Decide for yourself, by •
• watching the XFL this •
• weekend on either •
• NBC(ch.7) or UPN (ch.9). •
.....

Webber in the "Big Apple"?

By Matt Mort
Sports Editor

Sacramento Kings' star, Chris Webber, told *ESPN the Magazine* that after the season he will weigh his options, regarding his upcoming free agency.

We have seen the Kings come a long way since Webber joined them three years ago. They have gone from being the one of the laughing stocks of the league to the the top of the Western Conference.

Webber has come quite a ways himself. Three years ago, CWebb was a talented, fallen star who had been outcast by many of the league after being labeled a "druggie" after being caught with marijuana. But now, he has earned praise from many and has become arguably the best power forward in the league, a position that is considered by

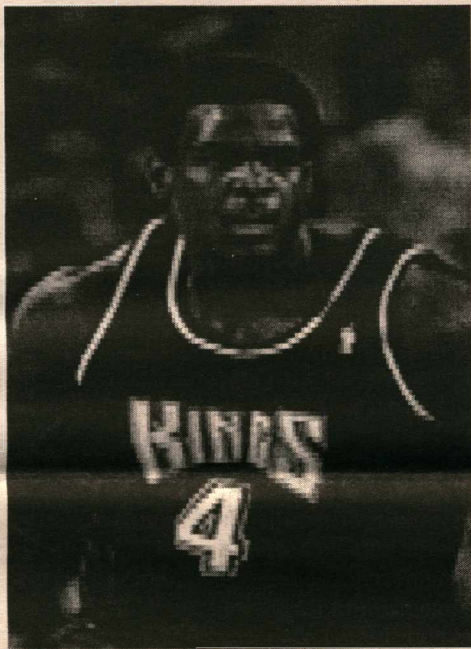


photo courtesy of espn.com

CWebb, CWebb run! Will Chris Webber leave Sacramento to find a new home to comfort his restless heart?

many to be the most talented, including players: Tim Duncan, Karl Malone, Kevin Garnett, Rasheed Wallace, etc. and that's just in the west alone.

Webber said his only desires are now to win a title and gain more respect from the rest of the league. He believes that Sac-town has the talent to become the next champs, but he questions his teams desire to win it all. He admits that they are young, but he wonders if he would be better off in a place like New York, where he could win and play in the

spotlight and hopefully gain the respect of the league.

Yes, Sacramento has a winning atmosphere with bright young stars, Jason Williams and Pedrag Stojakovic, but how long will it take for them to come together become the best. He has been with

"...I want to be with a group that can help me win a championship. I just don't know how to go about finding that." ~Chris Webber

young and talented teams before. He played along side all-stars Latrell Sprewell in Golden State and college-buddy, Juwan Howard in Washington.

Webber has a number of options following the season. He could join New York and rejoin friend, Sprewell, thus making an instant title contender. In Houston, he

would join young up-and-comers Steve Francis and Cuttino Mobley along with Hakeem Olajuwon and fellow Michigan alum, Maurice Taylor. Also, he thinks that if he could work a sign-and-trade to Orlando, magic would happen. He also feels that he would also fit in well with

Phoenix and Jason Kidd. Don't count out his hometown boyz, Detroit, but that's doubtful. This is all after Sacramento has told him that they

will pay him more than any other playoff team will. All he wants to do is find the right team for him and he wonders wheter or not it is Sacramento. "I'm bored to death here everyday."

Plan on Chris' decision to be what his heart has told him to do and be happy with whatever place he chooses to make his home.

NBA Power Rankings-Top Ten

1. Philadelphia 76ers (35-13)-Banged up Iverson is a true All-Star.
2. San Antonio Spurs (29-15)-Becoming a title contender despite health problems.
3. New York Knicks (28-17)-Rice heats up with 29 points against rival, Miami.
4. Minnesota Timberwolves (31-18)-With 10 straight wins, the T-Wolves are the hottest team in league.
5. Los Angeles Lakers (30-16)-Win vs. Kings w/o Shaq brings pride back to the city of angels.
5. Sacramento Kings (31-13)-Chris Webber, don't go!!!
7. Portland Trailblazers (34-15)-What is going inside 'Sheed's head?
8. Miami Heat (29-20)-Latest Miami ejection, Jimmy Buffet??
9. Milwaukee Bucks (28-17)-The only team with any life in Central Division.
10. Utah Jazz (31-15)-Malone and Stockton, they only grow sweeter with age.

The AP NCAA Division I Basketball Rankings' Top Ten

Men's

1. UNC (19-2)
2. Stanford (20-1)
3. Duke(20-2)
4. Mich. St. (18-2)
5. Kansas (18-2)
6. Virginia (16-4)
7. Illinois (17-5)
8. Florida(15-4)
9. Syracuse(18-3)
10. Tenn.(18-4)

Women's

1. No.Dame (21-0)
2. Tenn. (23-1)
3. UConn (18-20)
4. Duke (18-2)
5. Purdue (21-3)
6. Florida (19-2)
7. Georgia (19-4)
8. La. Tech. (18-4)
9. Iowa St. (18-2)
10. Oklahoma (16-4)

Fall in love with the One who loves you

The love-month is now upon us. Once again, ye ol' February has reared its ugly head, ready to make hearts sing or dash them on the rocks this Valentine's Day. Now, as a member of the male species and a proud possessor of an amazing date to Friday's banquet, I am well able to give an accurate view of what this whole season is all about.

First of all, I have to tell you ladies that Valentine's Day isn't as important to us male folk as it is to you. In fact, the only reason we even remember this unique holiday is because you remind us. Now, this is not to say that we don't enjoy showering our significant other with cards, flowers, candy and kisses (chocolate of course) at this time of year, but little smokeys, nachos and a boring Super Bowl Sunday sounds like a pretty romantic date to us men. I have very strong feelings when it comes to relationships. I have found that most of us seek satisfaction in relationship with others. From the first relationships of our lives (our parents) to our Sunday School teacher, to our spouse, each of us seeks to find fulfillment in others.

I have also found that I am not completely satisfied. People let me down, they break my heart, they hurt me, drag me through the mud, stab me in the back, trash my reputation, steal my purity. People cannot provide the perfect, intimate

relationship that my soul craves.

I have found that only in my relationship with my Heavenly Father can I be truly satisfied. My God has said that I should love Him with all my heart, and this is for a good reason. He knows better than anyone that I was created to love Him, to give my heart to Him. Since I was created for this purpose, it only makes sense that I can only find ultimate fulfillment in intimate fellowship with my Maker.

This is definitely not the message portrayed by the world we live in. I'm supposed to do what feels right, to act on my emotions, to do what's best for me. If I like a girl, I'm supposed to pursue a relationship, go out with her for a while, until I get bored, tired and/or dumped, upon which time I begin my hunt all over again. Many would like to tell me that dating is good practice for marriage, for you get to know a person and how to deal with them before you're locked into those vows. I would say that our system of dating is better practice for divorce, for you have wonderful practice on how to break up with the least amount of hurt and remorse.

For me to give my heart away to a girl right now would not only be a direct violation of the command of God for my life, but would most



**BRENT
EARWICKER**

definitely hinder my walk with Him. When I am in a deep relationship, I tend to be a double-minded man, unstable in all my ways (See James 1:8). This is not to say that every relationship with the opposite sex is wrong or evil in nature, for some day God will bring my other half into my

"If I like a girl, I'm supposed to pursue a relationship, go out with her for a while, until I get bored, tired, and/or dumped, upon which time I begin my hunt all over again."

life and the perfect romance will begin. Until that day, however, I will not settle for second best. I cannot let my heart and my emotions take me away from God's best for my life. I was given an article recently that speaks volumes on this subject: "Everyone longs to give

themselves completely to someone, to have a deep relationship with another, to be loved thoroughly and exclusively. But God to a Christian says, 'No, not until you are satisfied and content with living, loved by me and me alone, with giving yourself totally and unreservedly to Me; to have an intense, personal and unique relationship with me alone. I love you my child, and until you discover that only in me is your satisfaction to be found, you will not be capable of the perfect human relationship that I have planned for you. You will never be united with another until you are united with me—exclusively void of anyone or anything else.

"Exclusive of any other desires or longings, I want you to stop planning, stop wishing, and allow me to give you the most thrilling plan existing—one you cannot imagine. I want you

to have the best. Please allow me to bring it to you. You just keep watching me, expecting the greatest things. Keep that satisfaction knowing that I AM. Keep learning and listening to the things that I tell you—and you will have to wait. Do not be anxious and don't worry. Do not look around at the things others have gotten or that I have given to them. Do not look at the things that you want. Just keep looking up to me or you'll miss what I have to show you. And then, when

you are ready, I'll surprise you with a love more wonderful than you would ever dream of.

"You see, until you are ready and the one that I have planned for you is ready, you will have to wait. I am working this very minute to have you both ready at the same time. And when you are both satisfied exclusively with the life I have prepared for you through me, you will be able to experience the love that exemplifies your relationship with me, and this is the perfect love. And dear one, I want you to have the most wonderful love. I want you to see in the flesh a picture of your relationship with me and enjoy materially and concretely the everlasting beauty, and perfection, and love that I allow you with myself. I love you utterly. I AM Almighty. Believe and be satisfied" (Author unknown).

My challenge to you is this: Learn to trust God with your future relationship. Search the Word and find out that He really does have your best interests at heart. If you are already in a relationship you know you should not be in, seriously consider getting out (do that real gently please). God has something incredible in store for you if you will only be willing to wait for it. Fall in love with Jesus, and when you least expect it, He will begin the most perfect romance you could imagine.

MAPS seen as guide to Biblical truth

Submitted by Derek Bartlow.
Columnist

The following is an excerpt from *The Face That Demonstrates The Farce of Evolution* by Hank Hanegraaff:

To defend the faith we must be equipped to demonstrate that the Bible is divine rather than human in origin. If we can successfully accomplish this, we can answer a host of other objections simply by appealing to Scripture. To chart our course I will use the acronym M-A-P-S.

M = Manuscripts. Since we don't have the original biblical manuscripts, we must ask, "How good are the copies?" The answer is that the Bible has stronger manuscript support than any Biblical other work of classical literature, including those of Homer, Plato, Aristotle, Caesar and Tacitus. The reliability of Scripture is also confirmed through the eyewitness credentials of the authors.

The New Testament has the same kind of eyewitness authenticity. Luke says that he gathered the eyewitness testimony and "carefully investigated everything" (Luke 1:1-3). Peter reminded his readers that the disciples "did not follow cleverly invented stories" but "were eyewitnesses of [Jesus'] majesty" (II Peter 1:16)

Secular Historians—including Josephus (before A.D. 100) and the Roman governor Pliny the Younger (A.D. 110)—confirm the many events, people, places and customs chronicled in the New Testament. Early church leaders such as Irenaeus, Tertullian, Julius Africanus

and Clement of Rome—all writing before A.D. 250—also shed light on New Testament historical accuracy. Even skeptical historians agree that the New Testament is a remarkable historical document.

A = Archaeology. Over and over again, comprehensive fieldwork (archaeology) and careful biblical interpretation affirm the reliability of the Bible. It is telling when a secular scholar must revise biblical criticism in light of solid archaeological evidence.

One of the best-known New Testament examples concerns the books of Luke and Acts. A biblical skeptic, Sir William Ramsay, was trained as an archaeologist and then set out to disprove the historical reliability of this portion of the New Testament. But through his painstaking Mediterranean archaeological trips, he became converted as, one after another, the historical allusions of Luke were proved accurate. Truly, with every turn of the archaeologist's spade, we continue to see evidence for the trustworthiness of Scripture.

P = Prophecy. The Bible records predictions of events that could not have been known or predicted by chance or common sense. Surprisingly, the predictive nature of many Bible passages was once a popular argument against the reliability of the Bible. Critics argued that various passages were written later than the biblical texts indicated because they recounted events that happened sometimes hundreds of years later than when they supposedly were written. They

concluded that, subsequent to the events, literary editors went back and "doctored" the original, nonpredictive texts.

But this is simply wrong. Careful research affirms the predictive accuracy of the Bible. For example, the book of Daniel (written before 530 B.C.) accurately predicts the

"Predictive prophesy is a principle of Bible reliability that often reaches even the hard-boiled skeptic!"

~Hank Hanegraaff

progression of kingdoms from Babylon through the Medo-Persian Empire, the Greek Empire, and then the Roman Empire, culminating in the persecution and suffering of the Jews under Antiochus IV Epiphanes, his desecration of the temple, his untimely death, and freedom for the Jews under Judas Maccabeus (165 B.C.).

Old Testament prophecies concerning the Phoenician city of Tyre were fulfilled in ancient times, including prophecies that the city would be opposed by many nations (Ezek. 26:3); its walls would be destroyed and towers broken down (26:4); and its stones, timbers and debris would be thrown into the water (26:12). Similar prophecies were fulfilled concerning Sidon (Ezek. 28:23; Isa. 23; Jer. 27:3-6; 47:4) and Babylon (Jer. 50:13, 39; 51:26, 42, 43, 58; Isa. 13:20, 21).

Since Christ is the culminating theme of the Old Testament and the Living Word of the New Testament, it should not surprise us that

prophecies regarding Him outnumber all others. Many of these prophecies would have been impossible for Jesus to deliberately conspire to fulfill—such as His descent from Abraham, Isaac and Jacob (Gen. 12:3; 17:19), his birth in Bethlehem (Mic. 5:2), his crucifixion with criminals (Isa. 53:12), and the piercing of His hands and feet on the cross (Ps. 22:16). Predictive prophecy is a principle of Bible reliability that often reaches even the hard-boiled skeptic!

S = Statistics. It is statistically preposterous that any or all of the Bible's specific, detailed prophecies could have been fulfilled through chance, good guessing, or deliberate deceit. When you look at some of the improbable prophecies of the Old and New Testaments, it seems incredible that skeptics—knowing the authenticity and historicity of the texts—could reject the statistical verdict: The Bible is the Word of God, and Jesus

Christ is the Son of God, just as Scripture predicted many times and in many ways.

The Bible was written over a span of 1,600 years by forty authors using three languages (Hebrew, Aramaic and Greek) on hundreds of subjects. And yet there is one consistent, noncontradictory theme that runs through it all: God's redemption of humankind. Clearly, statistical probability concerning biblical prophecy is a powerful indicator of the trustworthiness of Scripture.

The next time someone denies the reliability of Scripture, just remember the acronym MAPS, and you will be equipped to give an answer and a reason for the hope that lies within you. Manuscripts, archaeology, prophecy and statistics not only chart a secure course through the turnpikes of skepticism but also demonstrate conclusively that the Bible is indeed divine rather than human in origin.

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Snatch a peek at Pitt



Brad Pitt plays the part of Mickey, just one of several comedic characters in the new film by Guy Ritchie.

"Turkish," to use his own words, "is a strange name for an Englishman." Turkish and his not-so-bright friend, Tommy, are promoted in Guy Ritchie's new film *Snatch*. The two get forced into the world of fight fixing when their winning fighter, Gorgeous George, gets taken out by "One Punch" Mickey O'Neil, played by Brad Pitt.

Mickey is supposed to throw a fight the way that Bricktop, a local crime kingpin, wants. But O'Neil has an agenda of his own. Bricktop is a dangerous man to cross; he has a reputation for grinding up his adversaries and feeding them to pigs.

Meanwhile there is a diamond heist and an 84-karat diamond "the size of a fist," turns up missing. A couple of bumbling pawnbrokers are hired to steal it back. The brokers hire a well-known getaway driver,

a man so massive he can barely get out of the car.

The movie has many faces that you will recognize. Vinnie Jones (Sphinx, the guy who didn't talk in *Gone in Sixty Seconds*) plays Bullet Tooth Tony. A tough guy with a metal mouth. Benicio Del Toro (Fred Fenster, the guy that you couldn't understand in *The Usual Suspects*) plays Franky Four Fingers, a four fingered thief with a gambling problem.

Snatch was very funny. Brad Pitt's part is small but it really adds a lot to the film. Mickey is a "pikey," an Irish gypsy. An unfavorable group of people who travel around England in trailer houses and speak, as Turkish puts it, "not quite English and not quite Irish. It's, well, it's Pikey". Mickey is a bare-knuckle boxing champ and, as well as all the other Pikeys, a gambler.

The movie was written and directed by Guy Ritchie, who also wrote and directed *Lock, Stock and Two Smoking Barrels*, and if you liked that movie then you will love *Snatch*. This movie is very similar in plot, style, and characters to his previous work. However, *Snatch* stands on its own as stylish, plot-twisting, fun entertainment.

Richie does an excellent job of making several plot lines intermix to form an interesting story. And he keeps you guessing all the time. He also created several dynamic characters and if you can keep their names straight you can follow the story easily.

After Guy Ritchie's first film *Lock, Stock and Two Smoking Barrels*, Brad Pitt phoned the director and begged to be in his next movie. Pitt, who normally gets paid \$20 million for a film, agreed to a much smaller fee and the same trailer as the other actors. Ritchie originally had titled the film *Diamonds*, but changed the name to *Snatch*. I like the name *Snatch*.

I was very entertained by the film but it did have quite a bit of violence in it and the characters seemed to down play it like it was no big deal. So if that kind of thing bothers you then I wouldn't advise seeing *Snatch*.

Otherwise do see it and if you don't have the cash to go see a movie at the theater then go to Blockbuster and rent *Lock Stock and Two Smoking Barrels* you won't be disappointed.

Snatch
Starring
JASON STATHAM

Reviewed by
GRANT MANGUM



LETTERS to the EDITOR

School Spirit

Recently I attended a basketball game when NNU took on the team from Central Washington University (CWU). I was upset by the way NNU students conducted themselves during the men's game. If we claim to be a Christian school, why do we not act like it? What kind of message are we sending to people from other schools, especially non-Christian schools?

I was upset by the fact that a majority of the students insisted on calling a member of the opposing team Rogaine. So what is the big deal if the guy was loosing his hair? It is genetics, not something he decided to do one morning when he woke up. The reason they were making fun of happens to be from my home church in Spokane and was in my youth group. He had the option to come to school here, but chose

to go elsewhere. How is he suppose to explain to his non-Christian teammates that people at a Christian school do not act any different than people at any other school? Seriously, what kind of message are we sending to people?

Part of being Christ-like is displaying to others the same attitude that Christ had during his life on earth. Calling people obnoxious names and screaming rude comments at the referees does not fit the description of being Christ-like. I know that people like to be competitive and that's ok. Referees that make bad calls, but I just think that as Christians we should think about what we are screaming at the top of our lungs before we actually let it come flying out of our mouths.

The Bible tells us to not let any unwholesome talk come out of our mouths, but only what is useful for building others up. The verse I'm referring to does not say to not let any unwholesome talk come out of

our mouths, except during sporting events. We should be even more aware of the things we are saying when non-Christians are on our campus. If they do not see a significant difference in us and the way we live, why are they even going to want to consider becoming a Christian? People need to see that Christians are different in a positive way. The light of Jesus needs to shine through our lives.

I know that I was not by any means the only one that was disgusted by the behavior of my fellow students. I would like to thank the people that are mature enough to refrain from screaming rude comments at the opposing players. I would hope that the other students would follow your Christ-like example.

People should have fun while watching sporting events, but that fun does not need to include yelling things at the players. The cheerleaders are there to help us get excited about the game. Let's support our Crusader basketball teams in a positive manner.

Sonya Wold

NOW and THEN Second in a series Visions of America from Boise Art Museum 1827-1999

**NW Perspectives:
After Lewis and Clark:
Explorer Artists in the American West
December 2, 2000 - March 11, 2001**



Tony Foster, *The Missouri Looking Upriver -240 Degrees WSW From Bell Ridge- Five Days Alone in the Badlands*, 1999, watercolor

After Lewis and Clark is composed of the journals and paintings of four artists—George Catlin, Nicolas Point, S.J., Thomas Moran and Tony Foster—who explored the Rocky Mountains in the years since Lewis and Clark made their original journey in 1804.

Boise Art Museum is located downtown in Julia Davis Park. Hours are Tue. through Sat., 10 a.m. - 5 p.m. and Sunday, noon - 5 p.m. Admission is \$4 for adults; \$2 for seniors and students; \$1 for children grades 1-12. Admission is free for Museum members and children under 6. Extended hours (10 a.m. - 9 p.m.) are offered on *Free First Thursday*, which offers free admission to all on the first Thursday of each month.

Crusader Reviews

OUR RATING SYSTEM

- ✓✓✓✓ DYNAMITE!
- ✓✓✓ WORTH LOOKING INTO
- ✓✓ IT HAS ITS MOMENTS
- ✓ TAKE IT OR LEAVE IT
- ☛ STAY AWAY!

Reviews printed in *The Crusader's* Opinions pages reflect solely the view of the reviewer and are not necessarily the views of anyone else including the General Church of the Nazarene or NNU.

All reviews are PAID for their work. Contact the Opinions Editor, David Kadel at 8516 if you would like to contribute to these pages. Reviews are needed for movies, books, CDs, live performances, etc.

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CAN GOD USE ROCK MUSIC?

This is the second part of an article written by Keith Green. The first part was printed in last week's edition of *The Crusader*.

WHAT IS EVIL MUSIC?

"I know and am convinced in the Lord Jesus, that nothing is unclean in itself; but to him who thinks anything is unclean, to him it is unclean."

I do not believe that any kind of music is "evil" in itself. I mean, that there are no such things as rhythms or chord structures or melody lines that were born in hell. The idea that the devil has invented certain styles of music so that he could capture the innocent young souls of today's youth is not only without foundation, but is the same kind of ridiculous tale that was told to young people by the church as recently as a generation ago—that "masturbation could cause blindness." Why try to scare the poor little guys into doing what's right? Why not deal with the real problem—selfishness!

The suggestion that there is such a thing as intrinsically "good music" or "evil music" seems preposterous to me. I have been involved with almost every aspect of music my whole life, and I have witnessed the various effects it has had on me and other people—and I have to say that I have never once seen a case where music was the direct cause of sin or wickedness in a person's life.

On the other hand, I have seen music be used as a tool for selfishness and egotism in people's lives (as well as my own). I have also seen it be used to create sensual moods by people with lust and manipulation on their minds. I have seen rock groups that were admittedly worshippers of Satan, and were open practitioners of black witchcraft, who employed music as a tool to mesmerize their audiences. Yes, I must admit that it would appear to the casual observer that

anyone involved with rock music could at least be charged with "guilt by association."

But all the examples I mentioned above have to do with the motive of the heart, not the music itself! That is why I believe that music, in itself, is a neutral force. Let me give you a better example.

Take a knife for instance. With it, you can cut bread, carve a roast, loose someone who's been bound by ropes, or you can do harm and even kill somebody. In other words, you can be creative and productive,

or you can be destructive and murderous. The knife itself, when put in an atmosphere of hoodlums, becomes a weapon. But put it in a kitchen, and it becomes a tool that's useful, even necessary, for the preparation of nourishment for your family.

As another example, let's look at "David's dancing." The Bible says that King David was "dancing before the Lord with all his might!" But today, people dance in bars and discos, and then afterwards, many indulge in alcohol, drugs, and illicit sex.

Does that mean that dancing produces a desire for drugs, sex, and alcohol? You and I both know that yes, movement of the body can excite someone. But someone has to have wicked desires to start with to have any outer stimulation increase those desires. I have seen Christians "dancing in the Spirit." I have also seen Christians dancing in the flesh. The dancing wasn't evil, or the music they danced to, but the attitude and motive of their heart.

SHOULD MEXICANS LEARN ENGLISH?

Now, we don't make the people of Mexico learn English before we preach the Gospel to them, do we?

The only reason that I have ever used contemporary music at all in my ministry is because I believe it is the "language" of the young people. After I have received piles of letters saying things like, "I never would have listened to what you had to say, unless I had first been attracted to the music!"—I am convinced that the only way to reach those who love music is in their own language!

Have you ever heard the stories of how John and Charles Wesley took many of the popular "drinking songs" of their day and put Christian lyrics to them? And it didn't matter how much success they had in reaching sinners using these tunes—most of the people in the church absolutely deplored their methods!

And then the Salvation Army came along, and had the nerve to put hymns to marching music—and then proceeded to play and sing these "lewd songs" (as the traditional church of their day called them) out in the streets on Sundays! They even followed in the Wesley brothers' footsteps, taking tunes from the drunk-filled taverns, and "converting" them into worshipful choruses, or ringing appeals for people to surrender their lives to Christ! And never have there been so many "common people" converted in England than through the unorthodox efforts of those early "Salvation Soldiers."

Oh, how harmless those melodies would sound now to our grandparent's ears. But their grandparents thought that the devil himself was on the loose with music-demons!

There are those today who still believe that we should use only nice, "wholesome" music to reach young people. Otherwise, (they say) we are only appealing to their sinful rebellion, and we will later find that any conversions resulting from the use of rock music were not really authentic after all. One well-known evangelist recently went so far as to say that, "No one has ever gotten a blessing from "contemporary Christian music!"

This kind of reasoning is as narrow as that of the early missionaries to China. They thought that the best way to "Christianize" the people would be to teach them their European standards of dress and living, and thus "civilize" the heathen—as well as convert them.

But a young and zealous missionary by the name of Hudson Taylor changed all that—he knew that the only way to reach people

was with the truth of the Gospel. And he knew that it was wrong to add any cultural or "outward" conformity to the precepts of truth he so earnestly believed. And so he discarded his European clothing, and began to identify with the people he was trying to reach by dressing like them and adopting their customs. Although he was initially ridiculed and shunned by his fellow missionaries, his ultimate success proved that God was indeed leading him.

PLACING PEOPLE UNDER THE "LAW"

It seems that Paul had these same "cultural" problems in the early Church, with those Jewish believers who wanted new converts to first embrace the Jewish law and customs before they could be considered Christians. I believe that trying to change

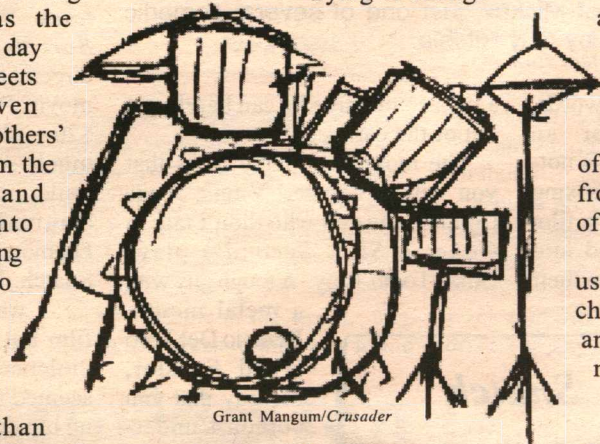
continue to hold, people's attention. I truly believe that Christians who are completely sold out to God, using these tools, can bring people to their knees in repentance and lead them into the waiting arms of the Saviour. But if their lives are not sold out—if their motives are mixed, and their hearts divided—then I only see ridicule and shame brought to the Gospel. And since this is the case so much of the time, it makes it hard and shines a bad light even on those whose hearts are clean, and whose motives are pure.

I also want to say in closing that yes, I do believe that the Holy Spirit is grieved by a lot of what is being passed today as "music ministry" and "gospel music"—not so much by the beat or content, but by the lack of commitment and anointing. But just because people with darkened hearts still use rock music as a medium for rebellion and self-exaltation, doesn't mean that the same style of music can't be used by people submitted to God to capture the attention of sinners, and lead them away from self—and to the throne of Christ!

After all, don't many cults use the same Bible that we cherish as God's Holy Word, and yet distort and twist the meaning "to their own destruction"? And didn't the devil himself quote Scripture to Jesus? As you can see, a wicked heart can pervert even the most holy and beautiful of things. And in the same way, God can take even the filthiest of vessels and use it for His glory. (Just look at you and me!) Believe me, if your heart is right, then your music will be right too. But if your heart is full of selfishness and pride, then even if you sing the sweetest hymn, your song will work death and not life.

"A good man, out of the treasure of his heart, brings forth what is good; and an evil man, out of the evil treasure, brings forth what is evil; for his mouth speaks from that which fills his heart."

(c) 1982, Last Days Ministries

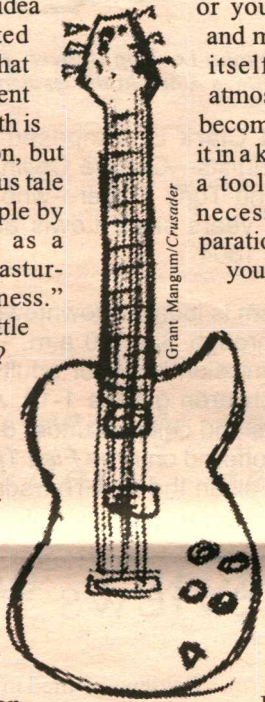


Grant Mangum/Crusader

people's musical tastes, before we allow them to hear the truth, is just as wrong as it was for the Jews to try to push circumcision on the Gentiles as a necessary prerequisite for eternal life. The Bible is clear that we should put no stumbling blocks in the way of people receiving God's precious gift of salvation!

CONCLUSION: IT'S ALL IN THE MOTIVES!

I am convinced that the potential of reaching people for Jesus through the media—whether it be records, radio, movies, or television—is monumental, simply because these are the things that have, and



Grant Mangum/Crusader

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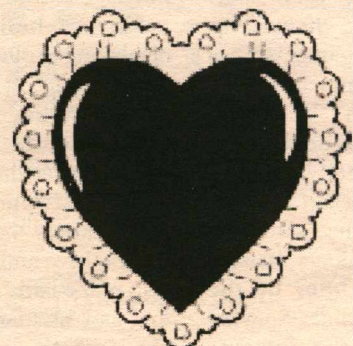
Publication Information

The Crusader is printed at Owyhee Publishing in Homedale, ID and is distributed free on the campus of Northwest Nazarene University every Wednesday during the school year. The publishing authority of *The Crusader* is the SGA Publications Board.

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Valentine's Pictures

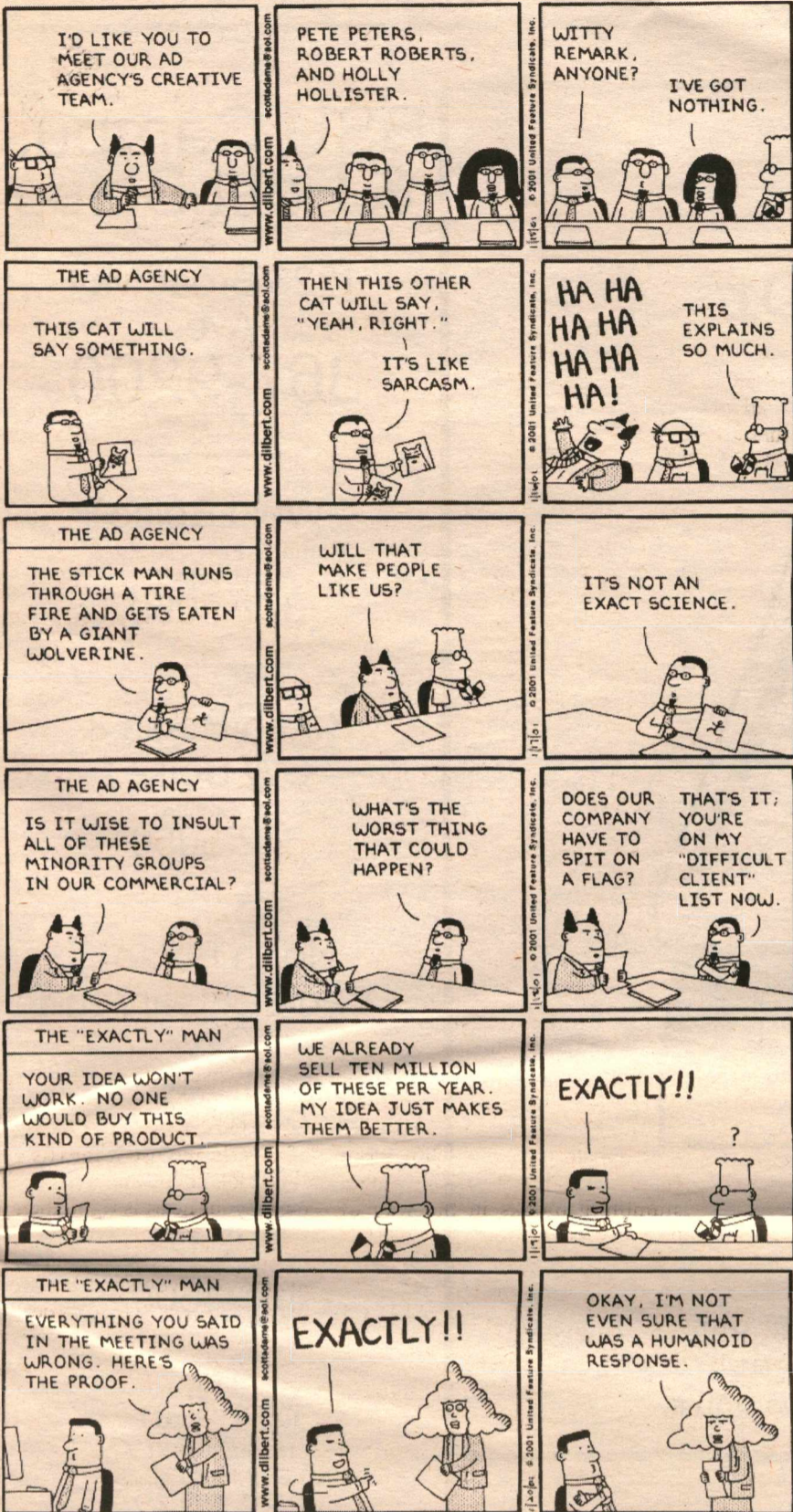
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10. Cru-Keys was more entertaining.
9. Bad penmanship (guys).
8. It wasn't funny the first three times it was submitted.
7. Severe plagiarism.
6. We're saving it for next year's staff to print.
5. It was something like, "Top Ten Reasons to Date My Roommate."
4. It made fun of a specific person. (We accidentally let one of those slip through our censors.)
3. It was too crude for Jerry Springer.
2. It contained any of the following terms: panties, puss, or cockfight.
1. Because we have the microphone, and you don't, so you will listen to every word we have to say!

Submitted by: Insane members of *The Crusader* Staff at 3:00 in the morning

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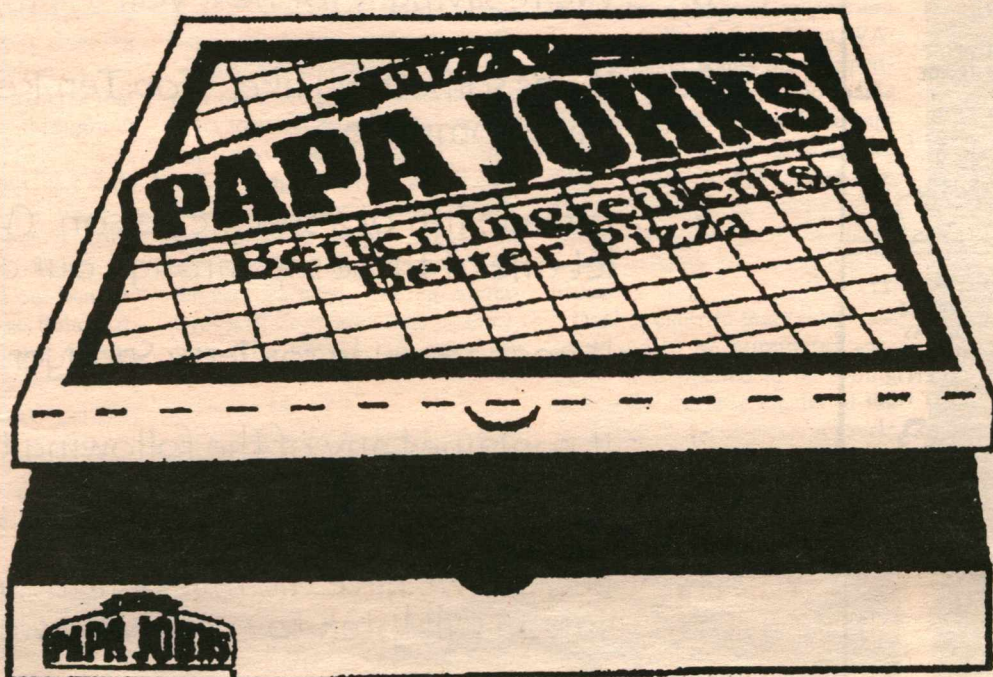
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The Emperor's New Groove: G - 1 hr 19 mins 2:30pm, 4:30, 6:30, 8:30	What Women Want: PG-13 - 2 hrs 6 mins 4:05pm, 7:10, 9:55	Head Over Heels: PG-13 - 1 hr 40 mins 2:30pm, 4:45, 7:00, 9:15
Cast Away: PG-13 - 2 hrs 23 mins 4:30pm, 8:00	Valentine: R - 1 hr 40 mins 2:45pm, 5:15, 7:45, 10:15	Finding Forrester: PG-13 - 2 hrs 13 mins 2:30pm, 5:30, 8:15
The Wedding Planner: PG-13 - 1 hr 40 mins 2:30pm, 5:00, 7:30, 10:00	Thirteen Days: PG-13 - 2 hrs 25 mins 4:45pm, 8:00	Save the Last Dance: PG-13 - 1 hr 40 mins 4:30pm, 7:15, 9:55
	Miss Congeniality: PG-13 - 1 hr 51 mins 2:35pm, 5:05, 7:35, 10:05	Sugar & Spice: PG-13 - 1 hr 40 mins 2:30pm, 4:45, 7:00, 9:15

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