

## PRAYER: TALKING WITH GOD

1. Jesus enjoyed talking with his Heavenly Father. Jesus had spent the whole day teaching the people, healing the sick and casting out demons. By the end of the day Jesus was tired (**Mark 1:21-22, 32-34**).
2. **Mark 1:35**. Prayer was very important in the life of Jesus. Even after a very busy day he rose early the next morning and went to a lonely place to pray. Jesus talked with his heavenly Father and received strength and guidance for a new day of teaching and ministering to others. Jesus knew that he could not do the work he was sent to do by himself. He knew that he needed strength and help from God.
3. Christians must give time to prayer and be alone with their Lord. "You hear my voice in the morning, at sunrise I offer my prayer and wait for your answer" **Psalms 5:3**. In our prayers, we praise and thank God and we ask him for his help. When we come close to God in prayer, his presence and guidance stays with us all day long. If Jesus, the Son of God, needed God's help each day, how much more we need God's help in our lives.
4. Read **Psalms 99:1-3, 5**. In our prayers we must lift up God's name with praise, adoration and thanksgiving. God is great and holy. He is above everything, our heart rejoices in him and we thank him for who he is. In our times of thanksgiving, we must also praise and thank God for all the blessings he has given to us. Family, friends, home, food, health, strength, and many other things. We should say a big, "thank you," to God.
5. "Don't worry about anything, but in all your prayers ask God for what you need; always asking him with a thankful heart" **Philippians 4:6**.
  - Pray for your family and all of their needs, wife, husband, children, parents, etc. Ask God to protect your children at school and high school. Ask God to speak to their hearts, so that they will follow Jesus.
  - Ask God for strength to work in whatever work he has given you to do.
  - We can ask God to bless our gardens and trees and make them fruitful. Ask God to send the sunshine and the rain to make food grow.
  - We can ask God's blessing upon our animals, that they may produce more baby animals. If they are sick or lost, ask for God's help in this-
  - Always pray for God's blessing upon your pastor and his family. Pray that God will help and inspire him for preaching God's Word and that he may have the anointing of the Holy Spirit upon his preaching-
  - Pray for the church services, Sunday school teachers, and Bible study leaders. Pray that they may teach clearly, and encourage and help the people in their classes.
  - Pray for sick people-our neighbors and friends. God cares about everything in our lives and wants his children to come to him in prayer about anything (**Ephesians 6:18**).
6. **Matthew 9:35-36**. Jesus went through towns and villages preaching the Good News of the Kingdom of God and healing the sick. When Jesus saw the crowds he felt so concerned about them. Jesus saw the people helpless and lost, like sheep without a shepherd. They were in spiritual darkness, but hungry to hear about God.
7. Jesus felt so sorry for all these lost people he said to his disciples, "The harvest is plentiful but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field" **Matthew 9:37-38** (NIV). We must pray and ask God to call more people to teach children and young people about Jesus. Call pastors and missionaries to take the Good News of Jesus to those who have never heard of his wonderful salvation.
8. Christians must pray to God by themselves every day but we must also join with other Christians so that we can pray together. Jesus hears and answers the prayers of those united in prayer (**Matthew 18:19-20**).

1

MK 1.21-22, 32-24

2

MK 1.35

3

PS 5.3

4

PS 99 1-3,5.

5

PHIL 4.6  
EPH 6.18

6

MT 9.35-36

7

MT 9.37-38

8

MT 18.19-20