

MARILYN R. OLSON, CHRISTIAN BUSINESS AND PROFESSIONAL WOMAN, WILL BE THE FIRST ASP LUNCHEON SPEAKER IN 1999

By James R. (Bob) Emmel



Marilyn R. Olson

Mention the name of Marilyn Olson in the greater Bethany business and professional circles, and the positive comments that emerge are amazing. The most noteworthy comments relate to her unusual integrity, mental capabilities, and genuine Christian enthusiasm. Marilyn is a graduate of Southern Nazarene University and has attended numerous sales and success seminars. She has been the recipient of honors locally, nationally, and internationally.

Her professional life for the past twenty years has revolved mainly around health care sales, administration, management, market leadership development, and teaching. She also has served as a consultant to homecare services, hospitals, nursing homes, banks, and as a physician clinic administrator. Some of these positions were held concurrently. Marilyn is in demand as a speaker by civic, church, and professional groups.

Not only is Marilyn active professionally, she is also involved in serving her church, Bethany First Church of the Nazarene. Her family is her pride and joy, and from all reports, she is adored by her husband, Jim, three daughters, and a son-in-law.

Part of her outlook on life is, "Leave the world a better place. Take advantage of every opportunity; it may not come again."

We are honored to have Marilyn R. Olson as our first featured speaker of the New Year on Monday, January 14, 1999, 11:30 a.m. to 1:00 p.m., in the Heritage Room of the SNU Webster Commons. The title of the speech will be, "Hope and Options for Seniors."

SNU Celebrates With Homecoming and Centennial Activities

By Forrest Ladd

KICK-OFF CEREMONY

Dr. L. Paul Gresham, co-author of the forthcoming book on the development of Southern Nazarene University, presented an overview of the history of SNU at the opening ceremony of the Centennial Celebration on Friday, November 13, 1998, in Herrick Auditorium. His account included his "sharp memory" of sand burrs in his bare feet on the occasion of his first visit to Bethany when he was eight. Other little-known facts presented
(Continued page 5--See KICKOFF)

FOUNDER'S CHAPEL FEATURES REMINISCENCES FROM FOUNDING FAMILIES

Reflections on some of the early leaders of schools, who were a part of the founding of SNU, were presented by family members at the Founders Chapel on Friday, November 13, 1998. The chapel service was held in Cantrell Hall, a historic campus building, still known to some as the Fine Arts Building.

President James B. Chapman first came to Bethany with his
(Continued page 6--See CHAPEL)

FOUNDER'S LUNCH HONORS ONE HUNDRED YEARS FOR SOUTHERN NAZARENE UNIVERSITY

Josiah Moore could not have imagined the tradition started by his move to Vilonia to enroll in Arkansas Holiness College in 1908. Since then, four generations of the Moore family have attended Southern Nazarene University. The Moores were honored at the Founders Lunch on November 13 by the selection of Brad Moore as SNU's Man of the Century. The
(Continued page 6--See LUNCH)

Editorial

Revival in 1999

By Jack David Arnold



"The remedy for dirt is soap and water.
The remedy for **dying is living.**" -- Chinese Proverb
Between our first inhaling of **life's** breath and the last exhaling **death** are little **deaths** and **revivals**. Some part of us is always **dying**.

We **die** each night, buried under the cover of darkness, only to **revive**--waking to a new **life** and another day again--at dawn.

For many of us, the New Year--that season of new beginnings--does not begin on January 1. New Year's Day is a name of a calendar marking the end of the Christmas season.

Most of us go to bed early on New Year's Eve and stay in bed late the next morning because there really isn't much we're supposed to do. "Do Nothing Day" is a better name for it. And we can use a "Do Nothing Day", that's for sure. It's a break, not a beginning.

For some, December 21 marks the New Year--the day on which the longest night is past, and the earth turns toward light again. For Jews, the New Year begins in the fall, at harvest time, marking the completion of the cycle of **life**--birth, growth, and **death**.

Yet for everyone of us, there is an annual cycle of personal seasons.

A productive time and a fallow time.

A time to generate new ideas and a time to make them work.

A time to volunteer and a time to serve.

A time to get organized and a time to let go.

A time to get in shape and a time to be lazy.

The paradoxical swing of the rhythmic pendulum of **life** is not to be ignored or disallowed. It is the swing of the pendulum that drives the clock.

There is, a time--a time for all things under heaven.

And for all the rites of passage:

A time for anniversaries and reunions;

For sunrise and sundown, for moon and rain, for stars.

A time for the first breath of **life**--"ah!"--and the last breath at **death**--"oh...."

But in the **meantime**, there is the **infinite moment**--

A time to visit the sick

A time to pay bills

A time to do the dishes

A time to walk the dog.



The Academy Perspective

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ASP AUDIOTAPES OF LUNCHEON PRESENTERS ARE NOW AVAILABLE

ASP members can now have an oral record of the following 1998-99 luncheon presenters: James Posey, "Legal Matters Involving the Senior Adult"; Mark Reighard, "An Awesome Christmas Musical Performance"; and Marilyn Olson, "Hope and Options for Seniors."

Last October ASP member Bill Porter volunteered to record the ASP luncheon presenters, and interested persons can purchase them for \$2.00 at the luncheons; persons who wish to have the tapes mailed to them should add \$2.00 for mailing expenses.

OVER ONE-HUNDRED ASP MEMBERS AND GUESTS ENJOY LUNCHEON SPEAKER JAMES POSEY AND THE GRESHAM OPEN HOUSE ON NOVEMBER 9

In the early morning hours of Monday, November 9, strong, sharp winds mixed with a cold, rainy mist presented a foggy picture to those looking forward to the ASP activities of the day.

About mid-morning the winds slowly began to diminish, the rainy mist cleared, and a bright sun broke through the fog. It was a perfect day for over one-hundred ASP members and guests to travel to the luncheon at Webster Commons to hear a most informative lecture by Attorney James N. Posey on the topic, "Legal Matters Involving the Senior Adult." It was followed by an enjoyable Open House hosted by SNU President and Mrs. Loren Gresham at 5000 Northwest 59th Street in Oklahoma City.



Bob Emmel introduces the featured speaker-of-the-day, James N. Posey. Seated at the head table, from left to right: Naomi Emmel, Shirley Posey, James Posey, Jack Arnold, and Shirley Pelley.



Attorney Posey speaks to ASP members and guests on legal matters involving senior adults. Seated at the head table, from left to right: Naomi Emmel, Shirley Posey, Bob Emmel, Jack Arnold, and Shirley Pelley.



ASP Director Elbert Overholt, (forefront), gives a tribute to SNU President and Mrs. Loren Gresham at the Open House. Left to right: Jack Arnold, Trudy Cargill, George Cargill, and Overholt.



Trudy Cargill, ASP Membership Committee Member, presents a gift of appreciation from the ASP members to SNU President and Mrs. Gresham for their hospitality. Standing left to right: Linda Gresham, Loren Gresham, and Trudy Cargill.



ASP President Jack Arnold reads a selection entitled "Houses" from Kahlil Gibran's classic work, *The Prophet*, during the gift presentation to the Greshams. Left to right: Linda Gresham, Loren Gresham, Jack Arnold, Trudy Cargill, and George Cargill.



Linda Gresham holds up the ASP gift, a signed Waterford crystal sauce boat with a silver ladle. Left to right: Linda Gresham, Loren Gresham, and Jack Arnold.

GRESHAM OPEN HOUSE -- PICTORIAL REVIEW (Continued from page 3)



Linda Gresham opens the ASP gift. Left to right: Linda Gresham, Loren Gresham, Jack Arnold, Trudy Cargill, George Cargill, and Elbert Overholt.



The main table at the Gresham Open House was beautifully arranged with flowers, lace table cloth, and a silver punch bowl, serving trays, and coffee/tea set. Standing near the table, left to right are: Don Beaver and R.T. Bolerjack



Seated at a table in a conversational circle at the Gresham Open House, left to right are: Sam Stearman and George Cargill.



Linda and Loren Gresham show their appreciation to the ASP members and guests for their gift of the signed Waterford crystal sauce boat with a silver ladle.

CONSULT KNOWLEDGEABLE PROFESSIONALS ON THE USE OF HERBAL FOOD SUPPLEMENTS

By Naomi Tidwell

Medical doctors are bombarded with demands for safer, more effective natural cures for illness. They were taught the composition of the human body and how to administer prescription drugs, to perform surgery, and to determine the basic rules of nutrition; however, they received little or no instruction about the use of herbal cures.

Dr. Marcus Laux writes in his book, *Is Modern Medicine killing You?*, "Unfortunately, as well-meaning dedicated and professional as many doctors are, most have little, if any, formal education in preventive medicine."

The body is a very precise mechanism. If it malfunctions, there is a reason. Clinical tests have shown that patients with almost any disease or ailment have deficiencies of one or more vitamins and/or minerals. Eating vegetables, fruits, fiber, proteins, and dairy products may not be the perfect answer for these deficiencies.

Commercial fertilizers contain nitrogen, potassium, and phosphate. When farmers used manure as a fertilizer, there were more essential minerals in the soil to feed edible plants and grains. We have been robbed of important minerals normally extracted from the soil by plants, such as zinc, magnesium, selenium, chromium, and copper.

Unknowingly, we fail to embrace important nutrients that would work to heal our ailments. Our ecosystem contains wonderful plants, minerals, fungi, and other elements, but we lack knowledge regarding the use of these available resources.

Early native Americans were familiar with natural medicines; however, much of their expertise was lost through the lack of written formulas and failure to keep their knowledge and practice alive through generations.

Modern technology is beginning to probe into the secrets of our environment that contain essential healing particles. We now find many food supplement stores in our cities. Most of us face the important question of which supplements are right for us.

It is very unwise to yield to the hype of fast-talking sales people to guide us to good nutrition; it is wise to consult the most knowledgeable person we know for instruction on how to use herbal food supplements.

Better still, as noted in *The Antioxidant Revolution*, Dr. Kenneth Cooper writes, "Food supplements should be used in consultation with a professional nutritionist."

A LOOK AT A BOOK

By Wini Howard



DREAMERS by Angela Hunt.

This is an interesting Biblical novel. Joseph, in the Old Testament, is an admirable character in many ways. There are quite a few details about his life and times in the Bible, but have you wondered about even more of the circumstances that filled his life? The author has imagined some interesting possibilities. How did he become a slave of Potiphar? Why did he become so trusted that he supervised the whole household? What could have led to the attempted seduction of Joseph by Potiphar's wife?

The scene changes and Joseph is in prison. Again, how did he move from probably being in a dungeon to being "top management" in the prison? This certainly is not a small step! His dream interpretations are detailed in the Bible, but just how did those around him react?

Angela Hunt has told a story with imaginative grace. It could and should add to the reality of a favorite Bible character who is generally much loved and appreciated. When he was quite young, Joseph seems to have brought down the wrath of his older brothers by telling them his dreams, but the wisdom and maturity of his later years surely more than compensates for his youthful conceit.

This book should be available in any Christian bookstore.

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**KICK-OFF** (Continued from Page 1)

In the course of his address were the significance of the name of Bresee Hall (for Bresee College of Hutchinson, Kansas, not founder Phineas Bresee), the impact of World War II on the climate and social culture of the college, and the fact that Peniel College at one time offered the B.O. degree, (Bachelor of Oratory).

Proclamations for the Centennial were presented by Mayor Don Willis for the City of Bethany and by Senator Owen Laughlin for the State of Oklahoma. The President of the Student Government Association, Ryan Womack, presented the significance of basic values underlying the Centennial Celebration for today's students.

The SNU Brass Choir opened the activities with a prelude, and the Bethany High School Band furnished the postlude.

**THE RESEARCH INTEREST GROUP WEB PAGE HAS UNDERGONE A REVISION**

By Bea Flinger



On December 14, the members of the Research Interest Group (RIG) met in the Conference room of Royce Brown for a short meeting. Reports brought the members up-to-date on various activities, such as the purchase of recommended books to be added to the SNU library. The contents deal with topics of importance to mature adults.

The group then went to the Academic Computing Department on campus for assistance in updating the RIG web page. Susan Baker and Chichi Frelander gave valuable input to the process of changes, including the addition of new links and deletion of obsolete links, correcting misspellings, and dealing with the status of membership applications on line.

RIG welcomes new members. As the name implies, we are interested and involved in conducting research that will be of benefit to ASP members. From time to time members of RIG will be presenting helpful information at the ASP meetings, either from our group, or from special speakers who will make presentations of value to those in attendance. One such occasion will take place at the ASP luncheon on February 8, 1999, when the topics of NUTRITION and ANTIOXIDANTS will be presented. Dr. Wanda Rhodes will be the main speaker and Dr. Jack Arnold will serve as a RIG resource speaker.

**The Library Connection**

By Shirley Pelley

**Reference Sites on the Internet**

When visiting the LRC try some of the reference sites available for use from the computer stations in the Reference Area. **Britannica Internet Guide** is a selective reference to trusted web sites. **WWW Virtual Library** is an authoritative collection of subject weblinks. **R.T. Williams LRC Subject Web Pages** are selective librarian-evaluated academic referrals for majors. **Voice of the Shuttle** is a web page for humanities research. **Research Engines for the Social Sciences** is a web page for social sciences research. **Yahoo: Science** has multiple links to science web pages. **Full-Text/Reference Resources** are ready reference resources. **Web Docs (Marcive)** are links to full-text government documents.

(Continued on page 6--See LIBRARY)

**LIBRARY** (Continued from page 5)

**Recommended Internet Search Tools**

**MetaCrawl** is helpful to use first to identify keywords. **HotBot** is the largest Internet search engine. **Infoseek (Ultra)** has a precision search feature. **Lycos (Power Panel)** has extremely accurate searching. **Clearinghouse** is Internet's premier research library. **Study Web** reviews academic research sites. **Deja News** allows the researcher to search UseNet newsgroups. **Internet Search Services & Tools** is a recommended search strategy.

**Source:** These descriptions are taken from the **Southern Nazarene University R.T. Williams Learning Resources Center Homepage** designed and written by Dr. Jon Sparks, Director.



**CHAPEL** (Continued from Page 1)

family not to serve the College but to pastor the Bethany Nazarene Church. His granddaughter, Mrs. Carolyn Chapman Waterman, told of attending kindergarten on Prebble Beaver's back porch, along with other reflections on the life of the Chapman family.

Alumnus Vic Diffie told of his grandmother's conversion and move from Caddo Gap, Arkansas, to Vilonia, where she could worship with her new church family, the Nazarenes. He spoke of his heritage from not only his grandmother, but from others who meant a great deal to him while he was a student at SNU.

Charlene Jernigan Baker, granddaughter of C. B. Jernigan, told of the early struggles in Bethany of her grandmother, who supervised the orphan's home for a time and helped fight the white slave traffic. She talked also about her grandfather, one of the founders of the City of Bethany, as well as an early district superintendent of the Church of the Nazarene in central Oklahoma. Charlene's memories include services in the old stone church located on what is now the campus, as well as attending cultural activities in the Fine Arts Building.

Hosted by Professor Pam Broyles, the chapel included congregational singing led by Emeritus Professor Lester Dunn and a solo by his granddaughter, Shannon Woodruff, as well as a presentation on the history of SNU by the officers of the Student Government Association. Special organ music was presented by Eleanor Whitsett, and the benediction was given by former President Ponder Gilliland.

**LUNCH** (Continued from page 1)

award to Brad recognized both him as an individual and the contributions of his family to SNU for nearly a century. Brad's father, Mark Moore, was a student in the 1930's and a faculty member in the 1940's.

Students from seven decades were interviewed by Steve Stearman on such topics as: What major national or world event happened while you were a student? What major event occurred in your life while a student? and, What time was curfew when you were a student?

Three presidents presented brief perspectives on the one-hundred years of SNU. Ponder Gilliland noted the continuation of a commitment to holiness through the school's history to the present. SNU Student Body President Ryan Womack expressed appreciation for the tradition provided for today's students. President Gresham commented on the excellent condition of SNU, as well as noting the upcoming opening of Sawyer Center in about sixty days and Southern Plaza retirement center in July of 1999.

Other featured events included presentation of the Centennial Time Capsule by Don Beaver, special poetry written for the occasion by Anna Belle Laughbaum, and a new song of SNU memories sung to the tune of Bob Hope's theme song, "Thanks for the Memories."

Served in the atrium of Bethany First Church, the lunch was attended by about three-hundred persons. The cost of the meal was subsidized by the Covenant Group, the management firm for Southern Plaza.

**PLEASE MAKE A NOTE OF THESE 1999 ACADEMY OF SENIOR PROFESSIONAL (ASP) CALENDAR DATES\***



**Jan. 11**

|                 |                            |                       |
|-----------------|----------------------------|-----------------------|
| 9:30-10:45 a.m. | By-Laws Committee          | Royce Brown 135       |
| 11:00 a.m.      | Shuttle to Commons         | BFC Parking Lot       |
| 11:30 a.m.      | ASP Luncheon Meeting       | Commons Heritage Room |
| 1:00 p.m.       | Shuttle to BFC Parking Lot | Commons               |
| 2:00 p.m.       | Administrative Council     | Royce Brown 135       |

**Feb. 8**

|                 |                            |                       |
|-----------------|----------------------------|-----------------------|
| 9:30-10:45 a.m. | Research Interest Groups   | Royce Brown 135       |
| 11:00 a.m.      | Shuttle to Commons         | BFC Parking Lot       |
| 11:30 a.m.      | ASP Luncheon Meeting       | Commons Heritage Room |
| 1:00 p.m.       | Shuttle to BFC Parking Lot | Commons               |
| 2:00 p.m.       | Administrative Council     | Royce Brown 135       |

\*For reservations, please call 405/789-2036 or 405/942-5305