

"THE AWESOME" MARK REIGHARD WILL PRESENT CHRISTMAS MUSICAL PROGRAM AT ASP LUNCHEON DECEMBER 14

by James R. (Bob) Emmel



Mark Reighard

Recently while visiting in the reception lounge of the SNU College of Music, I queried a student if he knew Professor Reighard and the reply was, "I sure do; that guy is awesome." Certainly my few experiences of hearing Professor Reighard perform--in programs of light, humorous entertainment, or sacred sanctuary music, or as a guest pianist with a symphonic orchestra--this writer's reaction is, "Professor Reighard is an awesome performer."

Dr. Reighard has been a Professor of Piano and Fine Arts at SNU since 1969. He earned a Bachelor of Music degree at SNU and a Master and Doctorate of Musical Arts degrees at OU. He has been given the SNU Student Award for Excellence in Teaching and honored with the SNU Outstanding Alumni Award.

His tenure for the past twenty-five years as church pianist and organist has been with several of Oklahoma City's largest churches and he currently serves as organist at OKC First Church of the Nazarene.

Through the years Reighard has performed hundreds of concerts at banquets, conferences, retreats, church, and school functions throughout the U.S. He is noted for his comedic style, his compositions, and arrangements of contemporary and traditional church music. It is a singular delight and privilege for the Academy of Senior Professionals (ASP) to be honored at this Christmas season by Dr. Reighard's musical program on Monday, December 14, 11:30 a.m. - 1:00 p.m., at the ASP luncheon meeting in the Commons Heritage Room.

ASP MEMBERS ELECT SECRETARY AND APPROVE MEMBERSHIP IN THE SNU CENTENNIAL SOCIETY

At the October 12 luncheon meeting, the ASP members voted unanimously to elect Darlene Overholt as Secretary for the 1998-99 academic year following the resignation of Syble George, who was duly elected in the spring 1998 elections.

At the same meeting, George Cargill, ASP Treasurer, made a successful motion to fund a \$2,000 membership in the SNU Centennial Society as the 1998-99 ASP annual project. Society gifts will support the following activities and projects this fall: Founder's Chapel, Time Capsule, Homecoming, Centennial History Book, and Centennial Praise.

PLEASE MAKE A NOTE OF THESE ACADEMY OF SENIOR PROFESSIONALS (ASP) CALENDAR DATES

Dec. 14	Research Interest Group	9:30-10:45 a.m.	Royce Brown 135
	Shuttle Service	11:00-11:30 a.m.	BFC West Lot to Commons
	ASP Luncheon Meeting*	11:30 a.m.-1:00 p.m.	Commons Heritage Room
	Shuttle Service	1:00-1:30 p.m.	Commons to BFC West Lot
	Administrative Council	1:30-2:30 p.m.	Royce Brown 135
Jan. 11	Research Interest Group	9:30-10:45 a.m.	Royce Brown 135
	Shuttle Service	11:00-11:30 a.m.	BFC West Lot to Commons
	ASP Luncheon Meeting*	11:30 a.m.-1:00 p.m.	Commons Heritage Room
	Shuttle Service	1:00-1:30 p.m.	Commons to BFC West Lot



*For reservations, please call 405/789-2036 or 405/942/5305

Editorial

When You Give of Yourself, You Truly Give

By Jack David Arnold



Anthony de Mello in *The Song of the Bird* reveals how your *nothing* can be your most valued possession in a dialogue between the master and his disciple:

Disciple: I have come to you with nothing in my hands.

Master: Then drop it at once!

Disciple: But how can I drop it? It is nothing.

Master: Then carry it around with you!

Your *nothing* can be your most valued possession.

When you give of your possessions you give little. Possessions are only things you keep and guard for fear that you may need them tomorrow.

When you give little of what you have, and you give for recognition, your hidden motivation makes your gift unloving.

When you have little, and you give almost everything you have, you give with joy, and your joy is your only reward. Through your hands, God speaks, and through your joyful eyes, He smiles.

When you give of yourself, you truly give.

Give of yourself now, so that this season of giving will be yours and not your inheritors'. All that you have will some day be given.

As Peter said to the beggar in Acts 3:6, "Silver and gold have I none, but such as I have give I thee; in the name of Jesus Christ of Nazareth, rise up and walk." The beggar jumped to his feet and began to walk. Peter's *nothing* was his most valued possession.

Giving of yourself is a choice--a willing choice, and an active choice. It is the choice to open the door when opportunity knocks and say, "Welcome! Come on in!" There are plenty of opportunities for you to give of yourself.

You give of yourself in the ASP when you volunteer to participate in interest groups, drive the shuttle, lead as an officer, serve on committees, do research on senior issues, write articles for *The Academy Perspective*, complete questionnaires, serve as telephone callers, and make commitments involving your time, talents, and energies.

You give of yourself in the community when you visit nursing homes, repair homes, and help your senior neighbors with daily activities and chores of life to enable them to live independently and with dignity. You can involve yourself in your own neighborhood and perform the "people magic" you have within you and be fulfilled.

So, I ask you to give of yourself. There is something very big in it for you. Your life will be changed for the better when you perform that "people magic" which leads to genuine improvements in the ASP and the community.

Disciple: I have come to offer you my service.

Master: If you would drop the "I," service would automatically follow.



The Academy Perspective

--Editors--

Executive	Jack David Arnold, Ph.D.
Production	Don Beaver, Ph.D.
Copy	Anna Belle Laughbaum, Ph.D.
Managing	Elbert Overholt, Ed.D.

--Columnists--

Obituaries	Glendena and Gene Adams
Book Reviews	Wini Howard, M.T.

--Reporters--

Programs	J. Robert (Bob) Emmel, Ph.D.
Research	Beatrice E. Flinger, M.L.Sc.

--Communications Policy--

We value messages from our readers.

By mail:

The Academy Perspective (TAP)

Southern Nazarene University

6729 N.W. 39th Expressway

Bethany, OK 73008

By fax: (405)491-6381 By telephone: (405)789-6400

By computer: www.snu.edu >For the Public >Academy of Senior Professionals>*The Academy Perspective* (TAP)

---ISSUE CONTRIBUTORS---

VADA LEE BARKLEY, M.A., emeritus associate professor of English, retired song evangelist, and senior leader.

ANNA BELLE LAUGHBAUM, Ph.D., emeritus professor of English, writer, editor, and leader.

SHIRLEY PELLEY, M.L.S., emeritus associate professor of library science, researcher, and volunteer.

CLAUDE E. PITTENGER, B.D., retired pastor, church official, and volunteer.

"To serve, and not be served." -- Ethel Percy Andrus (AARP Founder)

ASP VOLUNTEERS GIVE OF THEMSELVES AS THEY JOYFULLY SERVE OTHERS

In the last issue, we gave recognition to those ASP leaders who are serving, and not being served.

In this issue, we are recognizing some ASP volunteers who serve by giving of themselves to others, and not taking from others.

The following information is taken from completed Questionnaires: ASP Service Opportunities which reflect the service interests and activities of twenty-eight (28) ASP members:

- **Assisted-living residences visitation:** Margaret Dawson, Leon Jennings, Harold Knippers, and Juanita Knippers
- **Carpentry and home repairs:** Vernon Dawson, Cantley George, and Bill Marsh
- **Calling (ASP Telephone Brigade):** Juanita Knippers, Bobbie Neighbors, June Phillips, Claude Pittenger, and Kathleen Sodowsky
- **Children's Center (child care):** Syble George
- **Clerical (ASP mailings):** Margaret Dawson, Syble George, Dorothy Griffin, Wesley Harmon, and Kathleen Sodowsky
- **Committees (Standing): Membership:** Margaret Dawson, Kathleen Sodowsky, B. Kaye Stearman, and Sam Stearman; **Bylaws:** Jack David Arnold and Vada Lee Barkley
- **Crisis Pregnancy (Birth Choice):** Helen Silvey
- **Decorating (luncheon tables):** Dorothy Griffin
- **Hospitals (visitation):** Edna Davis and Dale McClafin
- **Meals-On-Wheels:** Sam R. Davis, Edna Davis, Margaret Dawson, Vernon Dawson, Dorothy Griffin, Syble George, Edith Sonnevik Payne, Claude Pittenger, and Helen Silvey
- **Leadership (positions of service activities):** Jack David Arnold, Wini Howard, and Anna Belle Laughbaum
- **Nursing (consultations):** Edith Sonnevik Payne
- **Nursing Homes (visitation):** Leon Jennings and Dale McClafin
- **Reading (for blind seniors):** Margaret Dawson
- **SNU Registration:** Syble George, Wesley Harmon, Neta Brummett Jones, Harold Knippers, Bill Marsh, Bobbie Neighbors, Helen Silvey, Kathleen Sodowsky, and B. Kaye Stearman
- **The Academy Perspective:** Jack David Arnold and Anna Belle Laughbaum
- **Transportation (driving seniors to appointments):** Margaret Dawson, Vernon Dawson, Nita Brummett Jones, Edith Sonnevik Payne, and Claude Pittenger
- **Tutoring: Mathematics:** Margaret Dawson. **Reading:** Vivian Chambers, Dorothy Griffin, and Neta Brummett Jones
- **Tours:** Wesley Harmon, B. Kaye Stearman, Sam Stearman, and Lyle Tullis
- **Visiting (shut-ins and elderly friends):** Wini Howard, Edith Sonnevik Payne, and Kathleen Sodowsky
- **Widows Group:** Kathleen Sodowsky
- **Writing (articles and books):** Vada Lee Barkley, Cantley George, Wini Howard, Anna Belle Laughbaum, and Helen Silvey

More reports on volunteer service activities will be printed in future TAP issues as the outstanding members turn in their gold QUESTIONNAIRES: ASP SERVICE at the luncheon meetings or send them to: P.O. Box 814612, Dallas, TX 75381.

*A Letter to the ASP Membership From
Past-President Vada Lee Barkley*

October 12, 1998
Forest Glade Retirement Center
2500 North Glade Avenue
Bethany, Oklahoma 73008

Dear Family and Friends:

You'll never know how much your cards, letters, and flowers have meant to me these past months. My church, Southern Nazarene University contacts across these many years, and Christian friends came to my rescue.

I don't know what in this world Art and I would have done without Juanita Knippers. She took us over like a daughter. I have many friends and family praying for me.

I'm eating like a horse, but I have lost one-third of my weight. My urologist kidded me and said, "Don't eat too much; I don't want to have to do liposuction!"

When you consider that they gave me a one-percent chance to live, and I had "every doctor stumped," I am extremely thankful to be alive.

I'm so happy to be at home in the Forest Glade Retirement Center. We enjoy the food and get three meals a day in a nice setting. I've been playing the piano and my electrochord some.

I'm learning to be "laid back." My respiratory therapist said, "Now that the fluid is off your lungs, you can control your breathing." I cannot afford to get frustrated or anxious.

I hope to be back to the ASP in November.



OBITUARY

By Glendena and Gene Adams



CHANT EMMITT BECK, 81, Charter Member of the Academy of Senior Professionals at Southern Nazarene University, passed away on October 12, 1998. He was a veteran of World War II and a retired United States Civil Service employee at Tinker Air Force Base, where he worked as an aircraft engine technician.

He belonged to the Bethany First Church of the Nazarene, Disabled American Veterans, and American Legion.

Memorials may be given to the Bethany Christian Counseling Center Endowment Fund, Bethany First Church of the Nazarene, 6789 N. W. 39th Expressway, Bethany, OK 73008.

The Library Connection

By Shirley Pelley



Southern Nazarene University Library privileges are available with current membership cards of the Academy of Senior Professionals. Those privileges include checking out books and the use of interlibrary loan.

It is understood that SNU students and faculty will have priority in all services offered. In-library use of **Athena Library Catalog**, **Search Bank**, **EBSCOHost**, **First Search**, **Internet Public Library Bookshelves**, **Christian Classics Ethereal Library** and reference sites on the Internet are available. Access to the R.T. William's Learning Resources Center (LRC) from your home computer can be arranged by purchase of lonet access through Susan Baker for \$15.95 per month. (Present lonet users do not have the SNU IP for access.)

The **Athena Library Catalog** is a multimedia link to the holdings of the LRC including a directory of serials. **EBSCOHost** is a full-text periodical data base. **Search Bank (IAC)** includes full-text periodical databases made available to SNU through the Oklahoma Department of Libraries and Onenet. **First Search** consists of periodical indexes purchased through OCLC and includes a World Catalog of materials available through interlibrary loan. The **Internet Public Library Bookshelves** are thousands of on-line full-text books, serials and newspapers, **Christian Classics Ethereal Library** are classic Christian books in electronic format selected for your edification.

Ring Once

By Wini Howard

"Has the phone rung?"

"No, but it's after 11:00...I'll ring her."

She doesn't forget very often. But she's slipped up tonight. She calls herself a nighthawk. That's why she rings us between 10:30 and 11:00. Since she lives alone and has no family in the area, we have worked out a signal. She dials our number and lets the phone ring just once. This means: "I'm okay. All is well. Good night."

If I ever have to live alone. I surely hope someone does this for me. One night a few months ago our friend did not ring in, and we spent quite awhile trying to find out why we were not getting an answer. It turned out that she was in the hospital. Other friends had rescued her, and we were not aware of what had happened. We are back to waiting for her ring.

I would encourage any person living alone to work out such an arrangement. Even more, I would suggest to you who do not live alone to check with a single friend. This little effort doesn't take more than thirty seconds a night. It could be one of the kindest things you could do for someone you care about.

**RIG Continues Research and Will Update
the ASP Web Page on December 14**

By Bea Flinger



The members of the Research Interest Group (RIG) continue their research on topics related to the survey completed by the members of the Academy of Senior Professionals (ASP). This is in keeping with our purpose, which is to locate helpful information for mature adults, and then to disperse it to the ASP members.

Periodically, RIG will provide an ASP program with special speakers, and/or members of the RIG committee. Since the efforts of RIG comprise an ongoing project, the presentations to ASP will be given at selected meetings.

As part of RIG's October 12 meeting, the group went to the R. T. Williams Learning Resources Center (LRC) on campus. Dr. John Sparks, LRC Director, gave an introductory presentation on the possibilities of computer research.

The next RIG meeting will be on December 14, 9:30 a.m., in the Royce Brown Building Conference Room 135. At 9:50 a.m., RIG members and guests will go to the SNU Academic Computing Department, Herrick 229, where Susan Baker and Chichi Freelander will work with us on updating the ASP web page.

Ten Top Songs For My Age
By Claude Pittenger

- (10) "It Is Well With My Soul" (But My Back Aches A Lot)
- (9) "Nobody Knows the Trouble I Have Seeing"
- (8) "Amazing Grace" (Considering My Age)
- (7) "Just A Slower Walk With Thee"
- (6) "Count Your Many Birthdays, Name Them One By One"
- (5) "Go Tell It On The Mountain" (And Speak Up)
- (4) "Give Me That Old Timer's Religion"
- (3) "Blessed Insurance"
- (2) "Guide Me, O Thou, Great Jehovah" (I've forgotten where I parked)
- (1) "Nearer, My God, To Thee" (For People Of My Age)



**NEW ASP SHUTTLE SERVICE HAS MADE
GETTING TO AND FROM THE LUNCHEON
MEETINGS EASY AND PLEASANT FOR
MEMBERS**



(Left to right) Frances Schwenke, Vivian Chambers, Gene Chambers, Phyllis McArthur, Gene Adams, Glendena Adams, Mildred Humble, Naomi Emmel, Bob Emmel, Wesley Harmon, and Jack Arnold stand in front of the SNU van which was used on October 12, 1998, to bring ASP members from Bethany First Church (BFC) west parking lot to the Webster Commons for the monthly luncheon meeting; passengers rode the van back to the BFC parking lot after the meeting.

"We should have had a shuttle service a long time ago," said one ASP member who used the new convenient shuttle service before and after the October 12 ASP luncheon meeting.

Words of appreciation go to SNU President Loren Gresham and SNU Alumni Director Marilyn Bergman. They responded with a "can-do attitude" when ASP President Jack Arnold sent an e-mail message to President Gresham about the dire need for a shuttle service because of the lack of convenient parking. Upon very short notice, Director Bergman reserved a SNU van and made all the arrangements for the shuttle service to begin on October 12.

ASP volunteers are needed each month to: (1) pick up the van at the SNU Alumni Center at 10:45 a.m. on the days of our monthly luncheon meetings, (2) drive the van to the grove of trees in the middle of the west BFC parking lot; (3) pick up passengers beginning at 11:00 a.m. and continue picking up passengers until all have been taken to Webster Commons; and (4) at 1:00 p.m., begin taking passengers back to the BFC parking lot and continue doing so until all passengers have been returned to the BFC parking lot where their cars are parked; and (5) return the van to the Alumni Center.

Shural Knippers, an ASP charter member, will coordinate the shuttle service volunteers for the rest of the 1998-99 academic year. Wesley Harmon, a new ASP member, became the first ASP shuttle van driver in the month of November. Male and female shuttle volunteers should call Coordinator Shural Knippers at 405/751-3069.

A Look at a Book*

By Wini Howard



Two From Galilee by Marjorie Holmes could be the right book to be reading as you approach the Christmas season. The "Two" are, of course Mary and Joseph. Marjorie Holmes has written a story based on the account in the *Bible* of Jesus' birth and the days leading up to it.

The story is told in both beauty and sensitivity. The author has tried to imagine just what could possibly have happened to the members of Mary's family, as well as in her relationship with Joseph, when Mary revealed to them that she was to become the mother of the Messiah. How do you think Mary's parents felt and what did they say when she first told them she was pregnant? Perhaps even more importantly, how do you think Joseph felt, and what did he do when he was told his betrothed was "with child"?

In reading the Scripture, you can realize that there must have been some very traumatic circumstances to face. Marjorie Holmes has presented a beautiful and very interesting version of a story that is both amazing and fascinating. Reading this book could help you to have an even greater understanding of what the coming of Jesus Christ as a babe means to you.

*The Christmas musical at the First Church of the Nazarene, Bethany, Oklahoma, is based upon this book.

KALEIDOSCOPIC CHRISTMASTIME

By Jack David Arnold

*Kaleidoscopic colors crisply
Accentuate the green tips of pines.
Lavender vines sleep in their arbors.
Ecclesiastical stained-glass windows incline
Innocent orphans toward shining thresholds.
Decorations brighten widows' fading memories.
Orchids stand regally in vases of gold.
Scarlet streams ribbon through estuaries.
Crystal prisms reflect patterns, old and new.
Omni shades and hues filter through forests.
Purple mountains appear velvet, then blue.
Indigo skies frame white snows and high crests.
Christmastime creates kaleidoscopes.*

Christmas Sayings:*

*To have good health throughout the next year, eat an apple on Christmas Eve.
Eat plum pudding on Christmas and avoid losing a friend before next Christmas.
A clear, star-filled sky on Christmas Eve will bring good crops in the summer.*

*Source: Lankford, Mary D. *Christmas Around the World*. New York: Morrow Junior Books, 1995.

Glimpses of a Russian Tour

By Anna Belle Laughbaum

On the Volga

Learning Russian phrases to help us become acquainted with Russian tourists on the ship. "*Doubray ootra*," we would say to them and "*kak deelah?*" ("Good morning," "How are you?") Our language classes also included idioms; for example, "You're pulling my leg" becomes in Russian, "You're hanging a noodle on my ear."

Reeling to our cabins during a storm on the reservoir between the Moscow Canal and the Volga. We looked more like revelers coming from a vodka spree than those from a classical music concert.

Parking in the locks, eleven of them waiting for our turn to enter higher waters. The experience of being in the bottom of a lock with towering walls above us superseded our breakfast down there of cheese, salami, and pasta.

In Moscow

Climbing up steep steps in St. Basil's Cathedral dominating Red Square. Steep steps in Russia's churches, our guide told us, were constructed to rid church-goers of pride. I also got rid of my dignity as I scrambled up the steps on all fours -- and rubles amounting to five dollars to enter the Cathedral. With red, blue, and brown turrets, some diagonally-striped, some resembling pineapples, this colorful, Peter-the-Great-ordered Cathedral symbolizes Russia. I had to enter it.

Sprinting in and out of subway trains. Moscow's Metro system, acclaimed to be the most beautiful in the world, has terminals with marble columns and floors, paintings and mosaics, and statuary. Nadya, our Russian guide, helped us accomplish seven rides. After each one, she counted us. Before the last ride she said, "I have only one more chance to lose you." During rush hours trains leave every fifty seconds to accommodate eight million passengers. Hence, the sprinting.

In St. Petersburg

Thrilling over being in the "window of the West" as Peter the Great called this beautiful city he designed. The Winter Palace of the czars, the Hermitage -- said to be the largest art museum in the world -- St. Isaac's Cathedral, equal in splendor to St. Paul's and St. Peter's, Tchaikovsky's "Swan Lake" ballet, and much more . . .

