



# PERSPECTIVE

Vol. 8 No. 1

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## **FIRST FEAST OF FALL '98 SCHEDULED FOR SEPTEMBER 21**

The first Academy luncheon meeting of the 1998-99 year will be held Monday, September 21 at **11:30 a.m.** in the Heritage Room of the Southern Nazarene University Commons. Please note the change in starting time--11:30 a.m.--fifteen minutes earlier than last year.

The program will begin promptly at noon, beginning with the invocation.

Cost of the luncheon is still \$6.00 per person, payable at the door. Guests are always welcome; however, the caterers need to know in advance the number coming. **Kindly make reservations by 10:00 a.m. on Friday before the luncheon by calling:**

405/789-2036 (Elbert Overholt) or 405/942-5305 (Joyce/Lloyd Ellis)

The Membership Telephone Brigade (MTB) will make telephone calls each month to facilitate an accurate accounting. The nine MTB Team Captains are as follows: Geneva Delozier, Juanita Thomas, Claude Pittenger, Rita Foster, Juanita Knippers, Bobbie Neighbors, Edith Payne, Ruby Takemire, and Mary Smith.

## **DR. LLOYD GLENN MCARTHUR CHOSEN AS THE FIRST ASP 1998-99 SPEAKER**

By James R. (Bob) Emmel



**Dr. Glenn McArthur**

Few families have had their history more deeply and continuously woven into the fabric of Southern Nazarene University for the past fifty years than the McArthur family. Dr. Lloyd Glenn McArthur, his wife, Phyllis Jameson McArthur, and their children are all graduates of SNU.

A native Oklahoman, Dr. McArthur was an honor graduate of Bethany-Peniel College in chemistry. He selected the University of Oklahoma for graduate work and earned the M.Sc. and Ph.D. degrees in pharmacology; then, he continued on to distinguish himself by earning the M.D. degree. He served in the U.S. Army and did his internship at Ft. Benning, Georgia. A medical residency was served at the Wishard Hospital in Indianapolis, Indiana; this was followed by a fellowship in clinical therapeutics at Wishard. He later was associated with the research department of the Eli Lilly Company in Indianapolis.

Since 1964, Dr. McArthur has been in the active practice of rheumatology in Ardmore, Oklahoma. His professional peers have recognized him as a fellow of the American College of Rheumatology, a member of the American Rheumatism Association, the American Medical Association, the American Society of Internal Medicine, and the Oklahoma State Medical Association.

We are honored to have Dr. McArthur as our initial speaker for the 1998-99 ASP luncheon meeting, Arthritis is of significant interest to senior professionals, and the title of Dr. McArthur's presentation is "**Living with Arthritis.**"

## **PLEASE MAKE A NOTE OF THESE ACADEMY OF SENIOR PROFESSIONALS (ASP) CALENDAR DATES .....**

Sept. 21	Research Interest Group	9:45-11:00 a.m.	Royce Brown Business Building
	ASP Luncheon Meeting	11:30-1:00 p.m.	Commons Heritage Room
	ASP Administrative Council	1:30-3:00 p.m.	Royce Brown Business Building
Oct. 12	Research Interest Group	9:45-11:00 a.m.	Royce Brown Business Building
	ASP Luncheon Meeting	11:30 a.m.-1:00 p.m.	Commons Heritage Room



Editorial

**AN ANATOMY OF THE ACADEMY**

By Jack David Arnold, President

As I drove southward from Bethany down the interstate through the rolling hills of southern Oklahoma, crossed the bridge that spans the sprawling Red River, sped through the rich farmlands of northern Texas, I arrived at my home in Farmers Branch about sundown on May 13, 1998; then, "I laid me down to sleep in that place."

I thought about my new charge as the second President of the Academy of Senior Professionals (ASP) at Southern Nazarene University as I laid my head on a pillow; after that, being weary, I fell asleep, and like John Bunyan in *The Pilgrim's Progress*, "I dreamed a dream."

"I dreamed, and behold, I saw" Plato, the distinguished Athenian philosopher, walking in the blissful, delightful, and eternal Elysian fields, teaching his student, Aristotle, about the first Academy that he established in the Golden Age of Greece during the fifth and fourth century B.C. As they looked down on "the wilderness of this world," Plato began a dialogue with Aristotle with these words:

**PLATO:**

My teacher, Socrates, was "the most righteous man of that time." He had been accused by influential democrats of treason and put to death. I grieved for my beloved master and teacher, Socrates, and I cried out to the albatrosses who guarded the Aegean Sea: "The ills of the human race will never disappear until by God's gift those who are sincere and true lovers of wisdom attain political power, or the rulers of our cities learn true philosophy!" Soon after reaching this conclusion, I founded the Academy, since called the first European university, on a *private* estate outside the city walls of Athens. Not if I could, would I have started a violent revolution against the so-called democratic government; however, after the manner of Socrates, I would serve my city-state by teaching others the love of wisdom, truth, and justice, until reform came peacefully by education and persuasion. Before long the Academy was drawing students from all over the Greek world, like you, Aristotle, from Macedonia.

I looked then and saw Aristotle ask his teacher:

**ARISTOTLE:**

**How can a person's mind be made keen enough to penetrate beyond "the wilderness of this world" and perceive the unchangeable principles of truth?**

**PLATO:**

By studying mathematics, astronomy, music and logic as well as politics and ethics. You see, virtue is a form of knowledge, which can be taught.

**ARISTOTLE:**

**Then, what was the anatomy of the first Academy?**

I ask this question because other organizations are being formed today on planet Earth and calling themselves "Academies" in the so-called Information Age.

**PLATO:**

The anatomy, or structure, of my first Academy was built upon the foundational truth that it should be a place to learn, a community of scholars, a collection of thinkers and men of good will, and a forum for sharing ideas, beliefs, and hopes.

**ARISTOTLE:**

**Could an Academy be formed for mature citizens?**

I raise this question because the Academy of Senior Professionals was founded in 1990 on the campus of the Southern Nazarene University in a town called Bethany in the State of Oklahoma. The ASP is a community of professionals, who no longer facing the demands of full-time employment, have joined other professionals in sharing goals and plans entailing intellectual, cultural, and spiritual activities. All ASP members are guided by a spirit of service.

**PLATO:**

Bravo! Although my Academy was founded for young men who loved wisdom, I see no reason why an Academy cannot be structured to include mature persons in a society composed of individuals of all races, religions, and nationalities in the extended community, who have matured in their professions and would like to interact with others of common interests.

**ARISTOTLE:**

I know that you saw your share of blood, slaughter, and exile in ancient Greece because of political strife.

**Should the ASP consider itself a political action group?**

**PLATO:**

No! Experience taught me that nothing could destroy a heritage, mission, and society, such as an Academy, as permanently as futile disputes over property, money, and authority. In no circumstances should the ASP give endorsements, or support projects involving property, money, or authority, or make political alliances, or enter into public controversies; however, ASP individual members may enter the arena of public debate, give personal endorsements, support controversial projects, and take political sides. When they do, they speak for themselves, not the ASP!

**ARISTOTLE:**

**What should be the public relations policy of an Academy?** The ASP public relations should be guided by the principle of attraction rather than promotion.

There is no need for the ASP leaders and members to praise themselves through sensational advertising. They should feel it better to let their friends recommend them.

"At the break of day," I smiled as two brave images from antiquity filtered out of my sleep-fogged brain; "then, I awoke, and behold, it was a dream."

**ASP WEB PAGE PROGRESS**  
By Chichi Freeland

How exciting to be able to share in the process of developing a Web Page for the Academy of Senior Professionals! We believe the Web Page is evolving into a work of art in which we can all take pride.

Susan Baker and Chichi Freeland met with the Research Interest Group to lay the groundwork for the page. The results of that meeting can be viewed on the Internet by going to the SNU homepage at [www.snu.edu](http://www.snu.edu). Once there, click on *Programs for the Public* and then click on *Academy of Senior Professionals*.

The first page contains the index to all the pages, which are:

- Mission & Purpose
- Officers & Committees
- Membership--Directory Qualifications, Benefits
- Activities--Schedules, Meetings, Programs, Committees, Interest Groups

Helpful links--Places to visit on the Internet

- Research Interest Group (RIG)--Mission, Officers, Surveys
- The Academy Perspective Photos

Each page contains information that should be helpful to members and to those who are "just visiting" the site.

The page invoking the most interest at the moment is the Membership Directory, which contains a list of members along with profiles, photos and e-mail addresses. To view the profile information, click on the member name which is underlined in blue. Be sure to submit your personal information and photos to the address below. Even if you don't have an e-mail address, you can still include your profile.

(Continued next column--see WEBPAGE)

**RESEARCH INTEREST GROUP ELECTS NEW OFFICERS**



Bea Flinner

At the May 11, 1998, meeting, RIG members elected Mrs. **Bea Flinner** as Chairperson, Dr. Bob Emmel, Vice-Chairperson, and Mrs. Naomi Tidwell, Recorder, for the

1998-99 year.

Now in its third year of operation, the RIG's purpose is to provide opportunity, and encouragement, for members of the Academy at SNU to continue education and productive contributions through research.

The mission of the RIG is to promote, perform and disseminate the results of research that is germane to the interests of the ASP membership, the alumni, faculty, and SNU students, and the citizens of the extended community. President Flinner served as Chairperson of the ASP/RIG Interest Survey on Senior Issues and Opinions last year; the results of that survey will guide the research projects of RIG members in the 1998-99 academic year on the following topics: long-term health care and insurance; the effects of exercise, antioxidants and nutrition on senior fitness; recreational and educational aspects of Elderhostels; and alternative medicines and products.

**WEB PAGE-----**

Future plans include a profile form and a membership form "online" which can easily be filled out and submitted. You may (1) send your ideas, suggestions and information to [Cfreelan@snu.edu](mailto:Cfreelan@snu.edu) or Chichi Freeland, SNU Helpdesk coordinator, 6729 NW 39<sup>th</sup> Expwy, Bethany, OK 73008, or (2) call Mrs. Freeland at (405)-491-6396.

**WORK - AND - WITNESS TEAM MINISTERS IN HAITI**

By Syble George

Someone recently said that unless we can get out of our comfort zones to minister to others, we are not really serving our Lord. As I lay on an air mattress, covered only by a sheet, on the concrete floor hoping for just a meager breath of air. I thought of how much Christ suffered for me to give me eternal life. Surely my love for Him could endure this temporary discomfort in a hot, humid village in Haiti as I thought of our king-sized bed with a cool air vent above.

These conditions prompted our team of fifteen people to complete the memorial church in Fauche, Haiti, in memory of Rev. Jim Bell in half the time we had allotted. This allowed us to drive the forty-one miles three hour trip in the mission truck back to the work-and-witness house in Port au Prince where there would be running water, warm showers, and electricity, including ceiling fans.

Then as we sat in the three-hour Sunday morning service of dedication of the church and understood none of the French words, we caught the spirit of love and dedication to our same God as the Haitians testified, sang, and spoke words of praise dressed in suits, pretty dresses and hats, endured the midday heat with us. They had no air-conditioned homes with tables of abundant food awaiting them.

The ceremony of the unlocking of the front door of the church and the marching Salvation Army Band in their snow-white uniforms witnessed to the pride that the Haitians had, and the praise they gave for their beautiful, sparkling white, cement-block church with a corrugated roof, blue trim, and black wrought-iron windows with central white crosses sending out rays, reaching people for Jesus Christ.



**DOUGHARTY, WILBURN T. "BO", 69,** died June 1, 1998 in Birmingham, Alabama; born November 18, 1928 in Beaumont, Texas; Church of the Nazarene pastor, district superintendent, college and church administrator, and member of the Academy of Senior Professionals. A memorial fund has been established in Dr. Dougharty's name at Southern Nazarene University, his alma mater.

**STEELE, LEE W., 67,** died July 9, 1998; born March 3, 1931 in Neodesha, Kansas; Church of the Nazarene pastor for 43 years; most recent pastorate, the Lake Overholser Church of the Nazarene in Bethany, Oklahoma. Memorials should be sent to his alma mater, Southern Nazarene University, in Rev. Steele's name.

**TAP EDITORIAL STAFF CALLS FOR PROSE AND POETRY MANUSCRIPTS**

The TAP editorial staff has an on-going need for written material from ASP members; therefore, this is the annual call for articles, essays, poetry, quotations, maxims, proverbs, travelogues, abstracts, how-to-do instructions, helpful hints, senior resources contacts, committee reports, short stories, seasonal material, current senior issues, critiques, reviews, and letters to the editor. We value letters from readers; if we receive far more than we can print, we shall publish a representative sample.

Photographs often enhance the printed material. Black-and-white 4x6 inch glosses are preferred for publication.

The staff requests that all manuscripts be double spaced and not exceed 300 words in length; using a 10 or 12 point font on computer word processing which translates into about 1.5 pages of

text for each article. Copy should be submitted one month before publication.

All copy should be forwarded to:

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**RIG HAS A PAST, PRESENT, AND FUTURE**  
By Bea Flinner

Summer has brought about new activities, interests, travels, and perhaps the unexpected. These are all exciting phases of our lives, but they also tend to blot out, temporarily, some of the past. It is with this first article of 1998-99 that my hope of renewing a deeper interest in RIG will come to fruition.

The Research Internet Group was organized on October 14, 1996, chaired by Dr. Jack Arnold, whose deep concern for the needs and interests of mature citizens has been obvious and appreciated. He has placed within our hearts the same kind of desire to do what we can to answer numerous questions that may arise in the minds and lives of retired persons, in particular.

Last year a survey was conducted among the ASP members to determine the kinds of concerns, interests, and needs that may possibly be answered by research. RIG members gave close attention to those areas that headed the list, and agreed to utilize their efforts to search for helpful answers.

The literature today abounds with information on almost, if not all, topics. With the advent of Internet, there seems to be no limit to what can be accessed. What a privilege to be able to search the world over for answers--some satisfactory, and yes, some not helpful. However, the researcher does have the opportunity to be selective.

To those who have the capability of Internet, searching is

exciting! However, it is also possible to carry out extensive research via the use of printed materials--books, periodicals, and brochures. Radio and television may also be helpful. It is my prayer, hope, and plan to have RIG succeed in its efforts to find needed answers.



**The Academy Perspective**

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**Beatrice E. Flinner, M.S.Sc.,** emeritus associate professor, active adjunct professor.

**Chichi Frelander,** help desk coordinator, develops, maintains, and updates the ASP Web Pages.

**Syble George, M.Ed.,** retired public school teacher, volunteers with work-and-witness teams.

**LIVE AND LEARN AND PASS IT ON**

"I've learned that young people need old people's love, respect, and knowledge of life, and that old people need the love, respect, and strength of young people."

"I've learned that age is important only if you are a cheese."

Source: H. Jackson Brown, Jr. *Live and Learn and Pass It On*. Nashville, Tennessee: Rutledge Hill Press, 1992.