



# Perspective

Vol. 22 — No. 1

October 2012



## Your President's Perspective *Footprints* by Renda Brumeloe,

On behalf of our hard working administrative council, I welcome you to a new season of fellowship, activities and opportunities of the Academy of Senior Professionals. Our council has made footprints this summer and we have a great year planned.

Sometimes when I see a friend approaching, I will say to them, "I hear footprints." Now I understand we do not hear footprints. We hear footsteps and we leave footprints everywhere we go, sometimes invisible, but more often, we leave a trail. 

Last spring we began to talk about how we can enlarge the "ASP Footprint", both in membership and influence during this new season. New members, new blood, new ideas drive all organizations in fulfilling their mission. I suspect we have a minimum of twenty to thirty-five prospective friends who need the benefits of the Academy and we need them in fulfilling our mission. While we enjoy great fellowship, we are more than a club; our purposes go far beyond mere personal interests.

Therefore, the ASP Council is announcing here and at our October luncheon how you can bring great prospective new members to be our luncheon guests of the Academy on November 12. Guests will receive a free lunch as we review and highlight ASP opportunities for fellowship and service.

I urge you to begin now to think of friends who share mutual interest in the benefits of ASP. New member informational folders and applications have been prepared to aid you in recruitment and are available now. Begin now. Call me or any council member. Get the new member information folders. Introduce your prospects to the possibilities of ASP. Remember, we are all making "Footprints". And we probably are leaving a trail as well.

ASP has a fine history of supporting benevolent scholarship, social and cultural organizations. We don't have to invent the wheel but we make footprints to help the wheels to turn. I would like to briefly mention two of these organizations:

- \* *The RSVP of Central Oklahoma*, who help meet daily needs of senior adults and two,
- \* We support the patron fund of our own *SNU Music Department Concert Series*.

Some of you are annual contributing patrons. Others may wish to make your donation through ASP. We are leaving footprints. 

I also urge you to do three things.

- \* Welcome and get acquainted with our new members this year.
- \* Digest the "Perspective" newsletter (TAP) each month for the information from our ASP Director, Eunice Trent and your elected and selected Council leaders.
- \* Take advantage of our field trips and travel activities and enjoy the great seminars and book reviews each month.

**LUNCHEON SPONSOR**

**LEGEND AT COUNCIL ROAD**



## From The Director's Corner

by Eunice Trent, Director of ASP

### Footprint Opportunities

As we begin another year with the Academy of Senior Professionals, we might take some time to recall memories of those who have left footprints in our lives.

We look forward to inviting new guests to become a part of the Academy for Senior Professionals in 2012-2013. Southern Nazarene University shares the mission of The Academy in encouraging lifelong learning and we welcome ASP members to take part in all of the benefits that SNU has to offer.



The Academy of Senior Professional members can enjoy many benefits on the SNU campus. In addition to enjoying the fellowship of the monthly luncheons and the guest speakers, Southern Nazarene University offers ASP members the opportunity to attend the SNU home athletic events free of charge (excludes play-off games).

Members have the right to use to the R.T. Williams Library and a discount at the SNU Bookstore. ASP members have access to the walking track at the SNU Sawyer Center and free admission or special prices for The School of Music performances.



November 9-10

Make plans to join us as we honor and welcome home all Alumni Military Veterans, Active Duty members and their families. *Along with our veterans, we'll honor the following reunion classes:* Class of 1947, 1952, 1957, 1962, 1967, 1972, 1977, 1982, 1987, 1992, 1997, 2002, 2007 and a very

special 180 day reunion for our newest alumni, the class of 2012!

### SNU School of Music - Upcoming Events

Please call the music office at 491-6345 to confirm events and/or to purchase tickets.

Guest Artist Series: Burchfield Brothers, Cantrell  
Thu, September 27, 2012



Jazz Band Concert, Cantrell  
Thu, November 1, 2012

Fall Musical: Into the Woods, Herrick  
Wed, November 7, 2012

Fall Musical: Into the Woods, Herrick  
Thu, November 8, 2012

Fall Musical: Into the Woods, Herrick  
Fri, November 9, 2012

Fall Musical: Into the Woods, Herrick  
Sat, November 10, 2012

Symphonic Band Concert, Herrick  
Tue, November 13, 2012

Choral Ensembles Concert, Cantrell  
Thu, November 15, 2012

Guitar Ensemble Concert, Cantrell  
Mon, November 19, 2012

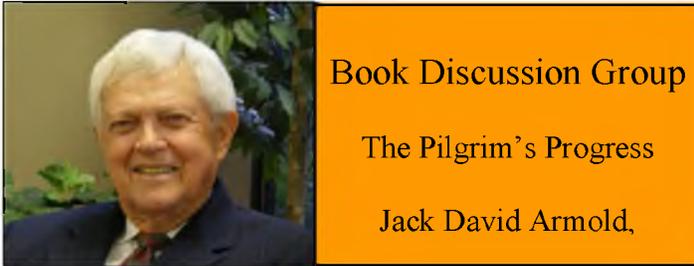
Chamber Ensembles Concert, Cantrell  
Tue, November 27, 2012

Amahl and the Night Visitors, Cantrell  
Fri, November 30, 2012

Amahl and the Night Visitors, Cantrell  
Sat, December 1, 2012

Sounds of Christmas, BFC Atrium  
Mon, December 3, 2012

Sounds of Christmas, BFC Atrium  
Tue, December 4, 2012



Two of the “must-read” books in English literature are two classics which appeared originally within seven years of each other in the 17<sup>th</sup> century: The Pilgrim’s Progress by John Bunyan and Paradise Lost by John Milton.

On the one hand, John Bunyan’s book might be called “The Plain Man’s Pathway to Heaven” because it was practical, colloquial, and down-to-earth. On the other hand, John Milton’s classic might be called “The Epic of the Human Race” because it was intellectual, artistic, and sublime.

In 1950, when I was senior at Bethany-Peniel College (now Southern Nazarene University), my advisor, Dr. James Robert Emmel, loaned me his grandmother’s copy of The Pilgrim’s Progress, and said, “Jack, read this, and see if you might want to present it for your speech recital.” I shall be eternally grateful to the late Dr. Emmel for giving me the opportunity to read, love, and present this classic with several revisions over the past 60 years to various audiences in the United States and Africa.

Mr. Bunyan (1628-1688), a nonconformist who was called a Dissenter, wrote The Pilgrim’s Progress (1678, 1684), which has three parts, while he was in prison.



According to W. Mason, “In 1660, he was indicted for maintaining unlawful assemblies and not conforming to the Church of England. The justice took Bunyan’s open and plain dealing as a confession of the indictment, and sentenced him to perpetual banishment because he refused to conform, in pursuance of an act of the Parliament. He was put in prison for twelve years, bearing that tedious imprisonment, in an uncomfortable and

close prison, and sometimes under cruel and oppressive gaolers [sic] with that Christian patience and presence of mind as becomes a minister of Jesus Christ... His library consisted of the Holy Bible and the Book of Martyrs” (W. Mason et al., The Pilgrim’s Progress, With Explanatory Notes, London and Paris: Fisher, Son, & Co., n.d.)

Mr. Bunyan’s book has been translated into over 100 languages and is read throughout the world. In a religious allegory in which people represent various vices and virtues, Christian, the hero or protagonist, sets out from the City of Destruction to go to the Celestial City (heaven). On the way he meets with people who try to harm him, such as Apollyon and Giant Despair; others, such as Faithful and Hopeful, help him. After many adventures, Christian finally crosses the River of Death and reaches the Celestial City.

George Bernard Shaw (1856-1950), a British (Irish-born) author who was an agnostic, wrote that The Pilgrim’s Progress was the greatest allegory ever written in the English language.” Other works written by Mr. Bunyan are as follows: Grace Abounding (1666), The Life and Death of Mr. Badman (1680), and The Holy War (1682).

On October 8, I shall review The Pilgrim’s Progress and provide participants with handouts that I hope will prove to be informative and inspirational to them. Members and guests are encouraged to read and/or review this classic before the meeting. Bring your copies of it to the meeting to share with others, and/or go online and learn more about the worldwide interest in Mr. Bunyan’s allegory. It would be helpful if persons interested in this review would let me know in advance of the meeting so that I can have sufficient handouts for everyone. Call 405.350.0405 or email [JackAr-mold@aol.com](mailto:JackAr-mold@aol.com).



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**Exciting News for our Academy Morning Seminars.**

Beginning October 4, 9:30 a.m. we will meet in the beautiful spacious President's Dining Room. This room is on the floor immediately above our lunch and program area. Morning coffee will be available for your convenience as you enter. Dr. Jack David Arnold and our beautiful and talented Helen Southerland are coordinating their expertise in providing helpful and current subjects and book reviews for this new season. Thanks to Cheri Pack, SNU Commons and Convention Facilitator, for this wonderful facility improvement to our Morning Seminars Program.

**ASP Calendar****Monday October 8, 2012**

9:00-11:00 a.m. Shuttle Service from the Sawyer Center lot  
 (41st and Donald) to the Webster Commons  
 9:30-10:30 a.m. Morning Seminar in the President's Dining  
 Room.  
 (Webster Commons 3rd Floor)  
 11:00-a.m. to 1:00 p.m. Luncheon Meeting in the Heritage  
 Room

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 ASP

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To make tax deductible contributions to the Academy  
 of Senior Professionals:  
 Mail to: Gary Lance, Treasurer  
 5904 N. College, Bethany, OK, 73008

**Mrs. Helen F. Southerland, hospice care leader in Oklahoma County, will speak on "The Power of Palliative Care" at the October 8 ASP luncheon meeting**

By  
Jack David Arnold, Ph.D.

When the Academy of Senior Professionals (ASP) Administrative Council met at the Spanish Cove Retirement Village this summer for their planning retreat, I learned more about Mrs. Southerland's professional background and her leadership in providing hospice services in Oklahoma County, Inc., and at the INTEGRIS Hospice House. I decided then that she would be an excellent speaker to kickoff our 2012-13 academic year at Southern Nazarene University (SNU).

The objectives of Mrs. Southerland's *PowerPoint* presentation are as follows:



1. To describe the history of the hospice movement, informing the attendees about the current status of hospice care in the State of Oklahoma and at the national level;
2. To review the scope of services that hospice provides to the terminally ill and their families; and,
3. To identify the key components of utilizing an inpatient hospice facility such at the INTEGRIS Hospice House.

Mrs. Southerland received her Bachelor of Science degree in education at Oklahoma State University (1974-78). She has been with the INTEGRIS Health Hospice of Oklahoma County since 1998 (14 years) as the Manager of Business Development, serving portions of nine counties in the State of Oklahoma. As a hospice representative, she was instrumentally involved in lobbying the Oklahoma State Legislature to pass a bill to allow inpatient hospice facilities in the State of Oklahoma.

ASP President Renda Brumeloe has invited Mrs. Southerland to serve as the new ASP Morning

Seminar Chairperson for the 2012-13 academic year. She will have her first Morning Seminar on Monday, November 12, 9:30-10:30 a.m. in the President's Dining Room of the Webster Commons.

**Important luncheon reservation information:**

**Members:** If you have not been contacted by one of our telephone callers by Thursday, October 4, then contact Mrs. Linda Carley, Telephone Committee Chairperson, at **405.728.0515** or [donlincarley@prodigy.net](mailto:donlincarley@prodigy.net)

**Guests:** Please contact Mrs. Eunice Trent, ASP Director, at **405.491.6311** or [etrent@snu.edu](mailto:etrent@snu.edu)

**All:** The cost of the luncheon is \$6.00. Kindly make your reservation (s) **by Thursday, October 4.**



**Improvement in our ASP Luncheon Procedures**

You asked for it and we listened.

- Lunch will remain at \$6.00.
- Our luncheon caterer will label all entrees to aid in your selection.
- The lunch line now will be outside the hall to provide needed room at the tables. Enter at the north door.
- Lunch time will be enhanced. by adding a third lunch line.
- The coffee and desserts will move to the south wall and will be aided by table hosting.



**LUNCHEON SPONSORS**

- October 8—Legend of Council Road**
- November 12—United Pharmacy in Yukon**
- December 12 – Southern Plaza**
- January 14– Spanish Cove Retirement Village**
- February 13 – Mercer-Adams Funeral Service**
- March 12 – Concordia Life Care Community**
- April 19 – Southern Nazarene University- PLN**
- May 14 – Hospice of Oklahoma County**



*Obituaries*  
Madalyn Long

Henry Allen “Hank” Lahmeyer, 72, died Sept. 5, 2012. He was born Oct. 10, 1939 in Fort Wayne, IN. He was a proud veteran of the US Navy, retiring after 21 years as Chief Petty Officer. He also retired after 20 years in facility services for General Atomics, San Diego, CA. A very involved member of Bethany



First Church of the Nazarene, he recently completed one year as president of the Reach Out Sunday School class. He enjoyed golfing with ROGA – “Reach Out Golf Association” and ROMEO – “Real Old Men Eat Out.” He was also an avid reader. Hank was preceded in death by his parents, C.C. White and Jeanetta Lahmeyer, and wife, Dorothy Lahmeyer. He is survived by his wife, Helen; daughters, Kathie Brodie, San Diego, CA, Laurie Sokach and husband Nick, Captain Cook, HI; stepchildren, Stephen Bradley, Irving, TX, Carol Swanson and husband Randy, Yukon, OK, Mark Bradley, Chicago, IL; brother, John Lahmeyer, Fort Wayne, IN; 8 grandchildren, Nicholas, Jr., Samuel, Dorothy “Angel”, Vicki, David, Joel, Luke and Johnathan; and 1 great-grandchild, Nicholas III. Memorial services will be Saturday, September 15, 10:00am at Bethany First Church of the Nazarene, Chapel in the Round.



- 8—Columbus Day
- 15—National Poetry Day
- 16—World Food Day
- 20—Sweetest Day
- 27—Navy Day
- 31—Halloween

ASP “Trek” Time  
By Pat Perry



Welcome Back ASP Members,

Hope all of you had a wonderful summer, and are ready for an exciting challenging new year under the leadership of our President Renda Brumbeloe. Following Renda’s theme for this year, we are looking forward to expanding our “Footprint” with some fun trips with ASP.



Our first trip will be to the **Yellow Rose Dinner Theatre** on **Friday, October 19<sup>th</sup>** at 6:15 in Moore, Oklahoma, for a great dinner and show which includes Frank Sinatra, Dean Martin, and Sammy Davis Jr. singing all our favorite oldies. We will meet at SNU to carpool to the theater at 5:00pm. The cost at senior prices is **\$36.05**. A limited number of seats are available. Please call me for additional information.



Our next ASP trip will be to have lunch at Toby Keith’s restaurant and then take the Canal cruise thru the Christmas decorated city with our own ASP Tour Guide, Dale German. The cost is \$7.75 for seniors for an all day pass. We will meet at SNU and carpool about 1:3 pm and carpool downtown. Please call me if you would like to join us.

I will have flyers for a Panama Canal trip, a five day Caribbean getaway, and brochures on Ireland available at the October meeting. See you soon.

Pat Perry  
373-4157

