

PLN Presents 2011 with John S. Pistole



Thursday, April 14

NEW LOCATION THIS YEAR

Jim Thorpe Event Center

4040 North Lincoln, Oklahoma City, OK

11:00 a.m. to 1:00 p.m.

ABOUT THE SPEAKER:

John S. Pistole was sworn in as the Transportation Security Administration's (TSA) fifth Administrator in July 2010. As TSA Administrator, he oversees management of a 60,000-strong workforce, the security operations of more than 450 federalized airports throughout the U.S., the Federal Air Marshal Service (FAMS), and the security for highways, railroads, ports, mass transit systems and pipelines. Under his leadership, TSA will continue to grow as a risk-based, intelligence-driven counterterrorism agency dedicated to protecting our transportation systems.

Pistole came to TSA as a 26-year veteran of the FBI with extensive national security and counterterrorism experience. After the tragic events of September 11, 2001, he was put in charge of the FBI's greatly expanded counterterrorism program, eventually becoming

the FBI's Executive Assistant Director for Counterterrorism and Counterintelligence. In 2004, Pistole was named Deputy Director for the FBI.

Pistole has led or been involved in several high profile investigations, including the attempted car bombing in Times Square on May 1, 2010; the December 25, 2009, attempted attack on Northwest Flight 253; the plot against New York City subways in 2009; the 2006 UK liquid explosives plot; and the May 2003 suicide bombings of three housing compounds in Riyadh, Saudi Arabia, in which 35 people died, including nine Americans.

Pistole began his career as a Special Agent with the FBI in 1983, serving in the Minneapolis and New York divisions before his promotion to Supervisor in the Organized Crime Section at FBI headquarters in Washington, D.C. In 1999, as Assistant Special Agent in Charge, Boston, he helped lead investigation and recovery efforts for the Egypt Air Flight 990 crash off the coast of Rhode Island.

In 2007, Pistole received the Edward H. Levy Award for Outstanding Professionalism and Exemplary Integrity. He is a recipient of the 2005 Presidential Rank Award for Distinguished Executive.

Pistole practiced law for two years prior to joining the FBI. He is a graduate of Anderson University (Indiana) and Indiana University School of Law – Indianapolis.



ALL ASP MEMBERS riding the bus to the event, please meet to load from the Sawyer Center parking lot at 10:15 a.m.

on the morning of the event.

If you have yet to purchase your tickets for the event, you can contact Eunice Trent at 491-6311.



Your President's Point of View by Irwin Harris

God's Pure Love

“Rejoiceth not in iniquity, but rejoiceth in the truth” (I Corinthians 13:6)

God created man in love to love and for love. From love came a mighty source of gladness and truth. We are creatures for love. We are made in the image of the Creator and are made to be a receiver of God's Divine Love. God did not make us to hate, carry bitterness and strife, but to have love. The great cycle of love includes a vast sweep of God's great creation.

The first 18 years of my life were spent growing up on a farm. Here, I was taught by my father and mother to love God's great creation of nature. Truth was taught as the law in our home. Just as Paul has written in this verse, “rejoice in the truth”, you can't have love without truth.

Love has a vast expanse of objects: the love of trees, birds, animals, flowers, music (my greatest love), the love of humanity, the love of God and truth. Love is the power of man's expressions. The soul of man is built to enjoy this great expanse of love.

The greatness of Paul's love is so vital that God has so made each of us, so that love can make our lives complete. His desire for our life is that we will be saturated and complete in order that true joy can be realized.

Science tells us that each instant new life cells are being built into our physical beings, replacing dead cells which are cast off. Each new cell that comes into the body is stamped by the soul life of our personality. If we are filled with the love and peace, quietness and power, then each cell is so stamped. On the other hand, if a person's life is full of hate, revenge, bitterness and worry, each cell is so stamped. Let's let God fill our life with His Holy Spirit, stamped with His peace, power, and divine love. Then the whole physical life is saturated and surcharged with love and truth. So God's plan is that love shall not only characterize our thought life in fine affection, but it is His plan that our physical

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“Sharing a Continuous Flight”

The Academy Perspective

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We value messages from our readers.
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Annual subscription cost for *The Academy Perspective*:
Non-members—\$10.00 per year
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---Contributions---

To make tax deductible contributions to the Academy of Senior Professionals:

Mail to: Gary Lance, Treasurer
5904 N. College, Bethany, OK, 73008

LUNCHEON SPONSORS 2010—2011

October 11 – Miltonette Brasher
November 8 – Darlene Overholt
December 13 – Southern Plaza, John Stoddart
January 17 – Irwin/Arlita Harris
**February 14 – Mercer-Adams Funeral Services,
Marla Cole**
**March 7 – Concordia Life Care Community,
Lisa Vellekamp**
April PLN – Southern Nazarene University
May 9 – Legend at Council Road, Connie Daniels

Senior Adult Conference 2011

*Advancing the Quality of Life
A Lifelong Learning Conference*

Presented by: The Academy of Senior Professionals at Southern Nazarene University



Objectives

- * To assist senior adults in personal growth and development
- * To use time and space more effectively and creatively
- * To raise individual and community cultural levels
- * To develop and increase lifelong learning
- * To learn to adjust to life's crises
- * To cooperate with local groups, individuals, and agencies to gain insight into the aging process
- * To cooperate with SNU in bringing about a positive image and service to the local and extended communities

Plenary Speaker: Kim Holland



First woman elected to be Insurance Commissioner of Oklahoma. Commissioner Holland was the recipient of the statewide 2007 Public Service Champion of Health, which recognizes her contributions to reducing uninsured in our state.

Holland continues to set an example of integrity, responsibility and accountability in an advisory capacity with Blue Cross Blue Shield of America.

Elective Seminars

Topics Include: Grief Recovery, Protecting your health through vaccination, Time Management, Computer Access for the Vision Impaired, Demystifying Technology, Rethink possible with AT@T, Social Networking, Power strides of walking poles, Six ways to boost your energy and six benefits of consistent exercise, Home Sweet Home . . . Where do I go? How do I choose? How do I pay?, Slip Trips and Broken Hips, Fraud Prevention

SAC2011

Date: ► June 10, 2011

Time: ► 8 AM to 3 PM

Place: ► Bethany First
Church of the Nazarene
6789 NW 39th Expr.
Bethany, OK 73008

SAVE THE DATE!

- * Vendors
- * Silent Auction
- * Seminars
- * Attendance Certificate
- * Gourmet Luncheon
- * Free Parking
- * Handicapped Access
- * Registration before June 1 is \$10.00
- * Registration on or after June 1 is \$20.00

Visit www.snu.edu/senior-adult-conference-2011 to register online. Call Eunice Trent, 491-6311 to register by phone. Businesses interested in booth space for the event may contact Tracy Cain at 443-5552



CURING WOUNDS AIDED BY LEECHES, MAGGOTS AND INK-JET PRINTERS

By Paul Scheie

Leech therapy has returned – with approval from the U.S. Food and Drug Administration. Germ-free leeches can be prescribed to help cure surface wounds, such as burns or skin flaps used in reconstructive surgery. If the thin veins involved become kinked or clotted, arriving blood has no way to return and the cells may turn blue and die. However, the saliva of leeches contains chemicals that help keep blood from clotting. By temporarily attaching leeches, their sucking can keep fresh blood flowing into the wound area, bringing nutrients to the area and giving small veins a chance to make new connections to healthy tissue. Even when the leech is engorged and falls off, the bite continues to bleed for some time.

When involved cells in or near a wound already are dead or dying, germ-free maggots (also FDA approved) can be applied. The maggots eat and digest dead cells while leaving healthy cells alone. Moreover, they seem to secrete a chemical that kills bacteria, even the MRSA strain that is resistant to most antibiotics. Often the maggots are applied underneath an opaque bandage to minimize the yuk factor.

But hi-tech also offers new ideas for treating surface wounds. A scientist in North Carolina has designed a printer that first uses a laser scanner to determine the size and shape of the surface lesion. Then a solution containing appropriate living cells is sprayed over the lesion using ink-jet technology, with the cell solution in the ink reservoir. So far, this technique has been used to print skin patches as large as 10 cm by 10 cm on a pig. This technique also has been extended by an engineer in New York to print 3-D structures. At a recent scientific meeting he printed a 3-D ear out of silicon in about 20 minutes. Will they be making organs this way next?



LIBRARY NEWS

HAPPY EASTER! HE IS RISEN!

By Arlita Harris

Easter is “the first Sunday after the full moon on or following the vernal equinox” (Religious Holidays & Calendars). We’ve all heard the definition of Easter and the method that its moving date is set, but the equinox is not what Easter means to us.

We greet each other with “He is Risen!” and respond with “He is Risen Indeed!” because Easter celebrates the resurrection of Jesus Christ from the dead. The Easter season begins with seven weeks of Lent (Ash Wednesday following Mardi Gras in many cultures) and ends with Pentecost, fifty days after Easter. Easter is more than just a day on the calendar; it is a season of reflection, introspection, sacrifice, prayer, fasting, self-denial, celebration, and new life. We celebrate Palm Sunday, the week before Easter, when Jesus rode into Jerusalem in triumph, greeted with “Hosanna! Blessed is He that comes in the name of the Lord” (Matthew 21:9) On Thursday, we remember and often partake in the Last Supper. On Good Friday, we remember the death of Christ and anticipate His resurrection.

But what about all of the other stuff that we think about at Easter? What do hunting Easter eggs, Easter parades, bunnies, lilies, chickens, ham, and new clothes have to do with the resurrection of Christ? Because the word “Easter” is associated with “Eostre”, the old world goddess of spring, some Christian churches refer to the holiday as “Resurrection Day” or “Resurrection Sunday”. Many of the traditional symbols of spring have been given spiritual significance as we celebrate Easter. Eggs have long symbolized the beginning of life and the coming of spring. In Christian traditions, the egg symbolizes Christ’s breaking forth from the tomb to bring new life to a believer. Dyed eggs were given in ancient Egypt, Persia, Greece, and Rome to celebrate spring. We now color and hide eggs as part of Easter. The Easter bunny is a symbol of fertility (new life). In the Eostre legend, her bunny is really a large bird which she changed into a hare. Because he is still really a bird at heart,



From The Director's Corner

by Eunice Trent, Director of ASP

.During the **May 9, 2011 Academy Luncheon**, ASP members will elect officers for the 2011-2012 year. If you are interested in serving as an ASP officer, please contact Eunice Trent at 491-6311.

May 2011 will be our last luncheon before ASP takes a summer break. We would welcome any comments, suggestions or ideas from our ASP members for the ASP officers to consider for the upcoming 2011-2012 year. You can send those via e-mail to etrent@snu.edu.

Spring Concerts at SNU

SNU School of Music has several spring concerts on the calendar. ASP members enjoy the concerts and like supporting the SNU School of Music.

Thursday, April 7th – SNU Chorale presents *Bluegrass in Spring*, Cantrell, 7:30 p.m.

Tuesday, April 12th - Jazz Band Concert, Cantrell, 7:30 p.m.

Saturday, April 16th - ***Benefit Concert featuring Robert Hale, bass-baritone, Julie Davis, soprano and Ovid Young, piano – Cantrell, 7:30 p.m.

Monday, April 18th - Vocal Jazz Festival featuring renowned New York jazz artist, Darron Meader, Herrick, Clinic ~ 8:00 a.m. to 5:00 p.m. Festival Concert ~ 7:30 p.m.

Thursday, April 28th – Symphonic Band

Concert, Herrick, 7:30 p.m.

Tuesday, May 3rd – Percussion Ensemble Concert, Cantrell, 7:30 p.m.

Thursday, May 5th – Guitar Ensemble concert, Cantrell, 7:30 p.m.

Ticketed Events are marked with * (asterisks)**

Please call the music office at 491-6345 for ticket information.

he builds nests and puts eggs in them. Our Easter bunny brings eggs as he comes hopping down the bunny trail. The lily symbolizes purity and the radiance of the Lord's risen life. Lilies bloom in early spring, making them a good symbol for Easter.

Hot-cross buns, eaten on Good Friday (and frequently on Easter) are in remembrance of Christ's dying on the cross.

The wearing of white clothes for baptism and as a symbol of new birth has transitioned into the wearing of new clothes for Easter. Easter bonnets top off those new outfits, and for centuries, people have walked in their finery following their Easter church services, creating an Easter parade.

Sunrise services were begun by the Moravians in Bethlehem, Pennsylvania in 1941 to celebrate the Easter morning resurrection of our Lord.

The annual White House Easter Egg Roll, held the Monday after Easter, was begun by Dolley Madison in 1814 on the Capitol grounds. Because it took such a toll on the landscaping, President Rutherford B. Hayes moved the egg rolling event to the White House. The event is free and open to the public (although online tickets are required). 20,000-30,000 people are expected each year. So why do we eat ham on Easter? The pig is a symbol of good luck and wealth (i.e. piggy banks). So we eat ham for good luck and wealth in this new season.

As you celebrate Easter this year, think about the spiritual and traditional meanings of these rituals that have been part of our lives since childhood.

Sources:

EASTER by Cass R. Sandak, Franklin Watts, 1980.

EASTER TRENDS, TRADITIONS, AND FAST FACTS (2007), Souvenirs, Gifts, & Novelties, 46 (8), 130-133, retrieved from EBSCOhost.

RELIGIOUS HOLIDAYS & CALENDARS, retrieved from Credo Reference

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lives shall be literally radiant with the light of a pure precious love. For this to be a reality, God will have complete control of our lives.

ASP "Trek" Time

By Pat Perry



Dear ASP Members,

Our ASP season is winding down too soon. Let's keep our fellowship going by enjoying a trip to the National Weather Center in Norman, OK on Wednesday, April 27th, just in time to see how our Spring storms are detected. We will meet at the Sawyer center parking lot at 8:45 am and carpool down to Norman for the 10:00 am tour. There is no charge for the tour, and we plan to have lunch, on our own, right there at The Flying Cow restaurant. For security reasons, I do have to provide them with a list of who will be attending several days before we go so please sign up ASAP. If you are a Foreign National, I have a form for you to fill out.

For those of you, who would like to join me on the following cruises, give me a call: New England & Canada, September, 2011, and Hawaii, December for a round trip out of San Diego. Jack David is talking about a trip to Ireland in 2012, let me know if you might be interested.

Pat Perry
373-4157



ASP Calendar

Thursday: April 14, 2011

10:15-a.m. Shuttle Service from the Sawyer Center lot (41st and Donald) to Jim Thorp Center
1:15-p.m. Load Shuttle Service from Jim Thorp Center to the Sawyer Center lot.

Wednesday: April 27, 2011

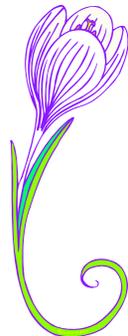
8:45-a.m. Meet at the Sawyer center parking lot for National Weather Center tour by car pool.



By C. Dale German



L-R Lisa Vellekamp and Heather Porch represented Concordia as our sponsors for March, Thank you for coming and for helping to sponsor our lunch.



Elizabeth Fairchild favored us with beautiful violin music to start the luncheon program. Thank you to Elizabeth and her accompanist, Steve Betts.



Ruth De Long and Marion Snowbarger being inducted as new members of the Academy of Senior Professionals at Southern Nazarene University. We are very happy they joined. L-R are Emmalyn German, President Elect/Publications, Ruth De Long, Bobbie Loper, Membership Chair, Marion Snowbarger, and Eunice Trent, Director.