

The Academy Perspective

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JANUARY 1992

Vada Lee Barkley, Editor

TENTATIVE SPRING SCHEDULE

January 27
February 24
March 23
April 20 --Annual Meeting
May 11
June 22

January-May, Luncheon in the Heritage Room, Student Commons Building, at 12 noon, unless you are notified otherwise. RSVP 3 or 4 days in advance. COST: \$5.00.

55 ALIVE

If you are interested in attending a Training Seminar in Driver Education for Senior Citizens--maybe in June--see Milton Sonnevik.

COPING WITH STRESS

Rule No.1. Don't sweat the small stuff.
Rule No. 2. Everything is small stuff--Cardiologist Robert Elliot

QUESTION FOR THE NEW YEAR

"Where will you be when you get where you're going?"--Dr. Bruce Larson.



Sharing a continuous flight

JANUARY PROGRAM

"The Cult Invasion," by Art Barkley.

FORGETFULNESS AS A FRIEND

Two former classmates met after 50 years. When questions like "How are you?" "How's your family?" "What have you been doing all these years?" came to a halt, one finally admitted her frustration: "I'm sorry," she said, "But what is your name?"

"How soon do you need to know?" the friend asked.

No doubt we're all amazed and even alarmed at times because of what we can't remember.

If you forget where you parked your car, that's normal. If you forget you drove a car, you're in trouble.

In our hectic society, forgetfulness is inevitable. All circuits become jammed. Our computers are overloaded. We delete what we should file; we file what we should delete. We tend to delete the positive and file the negative.

"Forget mistakes. Forget failures. Forget everything except what you are doing now and do it. Today is your lucky day"--William Durant, founder of General Motors.

"Forgetting those things which are behind, and reaching forth . . . press toward the mark for the prize. . . ." (Phil. 3:13-14).

Forgetfulness can make '92 a better year for all of us.

Vada Lee Barkley

HOT OFF THE PRESS

NOT WITHOUT SURPRISE AND LAUGHTER, by our own Ethel Dickerman. Knowing the author as we do, we're sure to get our money's worth of "the best medicine," laughter. Ethel has her books for sale at \$5.00 per copy.

LOOKING AHEAD

A BRAINSTORMING SESSION on Senior Housing, with Dr. Loren Gresham, is scheduled for the February 24th meeting.

A VIEW FROM THE WRITER'S LOFT
"A Fresh Beginning-1992"

By
Margaret C. Tulp

Think about a new year approaching, and symbols of freshness of untrampled ground, of sparkling opportunity, and unrepressed optimism spring to mind--at least they spring to the mind of this "cock-eyed optimist."

I'm far from unusual. I think the world at large--and senior professionals as a group--view a new year as a blank page against which individuals have the power to imprint an improved version of their life experiences, a version better, richer, more satisfying, more enduring than last year's batch. Or at least we know we can try to make better use of the time and choices that life, in its wisdom, deals out to us without our advance approval.

I'm convinced that opportunities abound where we fail to see them. As veterans of the years, we've established comfortable ruts that allow us to avoid decisions. Daily routines of work and household chores take on a ritualized pattern that we resist interrupting--but maybe we should force ourselves to inject variety into our behavior and outlook. Who knows what interesting richness we'll discover? True, we may merely confirm that our original path is superior, but that revelation would yield a certain satisfaction too.

So, please join me in looking forward to filling the blank pages of the new year, 1992, with something new, something different, something exciting, something sublimely optimistic. Let's "grab the moment" while we have it and "Do It Now" in 1992.

"If you want to fill a place
And be useful to the race,
Just get up and take a brace--
Do it now!
Don't linger by the way,
Do it now!
You'll lose if you delay,
Do it now!

--Author Unknown

NEW YEAR 1992

By
Rev. Lucille M. Law

"But the land, whither ye go to possess it, is a land of hills and valleys. . . the eyes of the Lord are always upon it, from the beginning of the year even unto the end of the year" (Deut.11:11-12).

David Livingston wrote to the London Missionary Society that he was "at their disposal to go ANYWHERE providing it be forward."

We are embarking on a journey into unfamiliar territory this New Year. We must go forward. Forgetting our failures, problems and perplexities of the past year, our eyes must be focused on the future and our energies directed toward progress. We will face valleys. But as God was with Moses, so He will be with us.

There will be hills and mountains. Obedience brings blessing. When Israel kept the commandments, God blessed the land. With an obedient, sanctified heart, intercessory prayer accompanied by fasting, in the power of His Spirit, we can ascend to the mountain tops. We are wholly dependent upon Him. As we hold His hand, we can rest assured His eyes are ever beholding us and our goals "from the beginning of the year even unto the end of the year." Praise His Name!

THE CHALLENGE OF '92

By
Arthur E. Barkley

A young woman was taken from the wreckage of a terrible train crash. Upon examination by a doctor, she seemed to sense the seriousness of her condition.

"Doctor, tell me that I will recover," she begged. "I can't afford to die; I've not begun to live yet!"

A new year lies before us. We have barely begun to live in 1992. No matter what comes our way, however, we can live wisely and well. We can thank God that we have been spared to do our part in making the new year a truly good and profitable one.